

5 Mile PBs

(Updated to Sticker 2018)

The PBs are for races in a Hayle Shirt. Please email Nick Masters on chester_dover@yahoo.co.uk if you find any mistakes. Races/times are highlighted bright green if run in the current year, light green if run in the previous two years.

Overall Position	Gender	Gender Position	Name	Time	Race	Year	2018 Progress
1	M	1	Ellis, Peter	00:26:38	Cubert	2009	
2	M	2	Morant, Jordan	00:27:05	Cubert	2016	
3	M	3	Turner, Russell	00:27:20	Cubert	2013	
4	M	4	Humphrey, Thomas	00:27:37	Cubert	2014	
5	M	5	Ratcliffe, Floyd	00:27:42	Cubert	2017	
6	M	6	Costello, Daniel	00:27:50	Cubert	2016	
7	M	7	Knowles, Simon	00:27:52	Cubert	2013	
8	M	8	Hill, Lewis	00:28:06	Cubert	2015	
9	M	9	Watts, Robert	00:28:38	Cubert	2016	
10	M	10	Abraham, Scott	00:28:39	Cubert	2016	
11	M	11	Wherry, Steve	00:28:55	Cubert	2017	
12	M	12	Savage, Rich	00:28:58	Cubert	2015	
13	M	13	Stone, Matthew	00:29:05	Cubert	2009	
14	M	14	Horswell, Richard	00:29:12	Cubert	2012	
15	M	15	Fuller, Stephen	00:29:23	Cubert	2018	00:01:31
16	M	16	Cookson, Neill	00:29:26	Mob Match	2017	
17	M	17	Peel, Andrew	00:29:27	Cubert	2011	
18	F	1	Paull, Emma	00:29:35	Cubert	2015	
19	F	2	Khan, Jane	00:29:41	Sticker	2013	
20	M	18	Mayes, Richard	00:29:43	Cubert	2011	
21	M	19	Dowrick, Mike	00:29:48	Penwith Radio	2013	
22	M	20	Rosenfeld, Thomas	00:29:51	Cubert	2017	
23	M	21	Warmington, Paul	00:29:55	Cubert	2018	00:03:16
24	M	22	Murrant, Kieran	00:30:07	Cubert	2013	
25	M	23	Reid, Alan	00:30:11	Cubert	2008	
26	M	24	Lucas, Ben	00:30:15	Sticker	2010	
27	M	25	Manning, James	00:30:15	Cubert	2016	
28	M	26	Hicks, Sam	00:30:19	Cubert	2009	
29	M	27	Richards, Robert	00:30:23	Cubert	2008	
30	M	28	Stephens, Jeremy	00:30:28	Cubert	2008	
31	M	29	Purvis, Lloyd	00:30:35	Mob Match	2008	
32	M	30	Roberts, Jordon	00:30:35	Cubert	2009	
33	M	31	Wyatt, Steve	00:30:43	Cubert	2009	
34	M	30	Costello, Nick	00:30:43	Cubert	2018	
35	M	33	Goodreid, Ian	00:31:00	Cubert	2009	
36	M	34	Tullett, Adam	00:31:28	Cubert	2006	
37	M	34	Luckhurst, Will	00:31:31	Cubert	2018	
38	M	36	Grose, Simon	00:31:33	Tree Tops	2000	
39	M	37	Jukes, Andy	00:31:38	Tree Tops	2005	
40	M	38	Curtis, Matt	00:31:38	Cubert	2013	
41	M	39	Timms, Simon	00:31:50	Cubert	2013	
42	M	40	Webb, Sean	00:31:54	Mob Match	2006	
43	M	41	Corrigan, Steve	00:32:01	Mob Match	2011	
44	M	42	Lowdon, John	00:32:06	Cubert	2012	
45	M	43	Connon, Eli	00:32:09	Cubert	2015	
46	M	44	Trembath, Robert	00:32:14	Cubert	2015	
47	F	3	Ruetsch, Fiona	00:32:19	Cubert	2008	
48	F	4	Kenworthy, Sarah	00:32:22	Cubert	2011	
49	M	45	Smith, Derek	00:32:22	Cubert	2010	
50	F	5	Telford, Paula	00:32:24	Mob Match	2010	
51	F	6	Goldsworthy, Rachel	00:32:30	Cubert	2011	
52	M	46	Tonkin, Craig	00:32:30	Cubert	2010	
53	M	47	Smith, Andrew	00:32:38	Cubert	2012	
54	F	7	Webb, Debbie	00:32:45	Cubert	2010	
55	M	48	Orchard, Mike	00:32:45	Cubert	2006	
56	F	8	Bennett, Charlotte	00:32:49	Cubert	2015	
57	M	49	Grainger, Christopher	00:32:55	Cubert	2009	
58	M	50	Cooling, Steve	00:32:59	Cubert	2015	
59	M	51	Jordan, Peter	00:33:01	Cubert	2011	
60	M	52	Twiggs, Tim	00:33:07	Cubert	2018	00:01:22
61	M	53	Edwards, John	00:33:23	Cubert	2009	
62	M	54	Philpotts, Bob	00:33:26	Mob Match	2006	
63	M	55	Pickering, Stuart	00:33:28	Sticker	2017	
64	F	9	Savage, Faye	00:33:29	Cubert	2011	
65	M	56	Lyons, Richard	00:33:30	Sticker	2016	
66	M	57	Savage, Jon	00:33:33	Sticker	2017	
67	M	58	Masters, Nick	00:33:35	Cubert	2014	
68	M	59	Attwood, James	00:33:38	Cubert	2013	
69	M	60	Wilding, David	00:33:42	Cubert	2018	00:01:26

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2018 Progress
70	M	61	Lewis, Jules	00:33:50	Mob Match	2009	
71	M	62	Morris, Paul	00:33:55	Mob Match	2011	
72	M	63	Blight, Andrew	00:33:58	Sticker	2012	
73	M	64	Hill, Terry	00:33:59	Cubert	2008	
74	F	10	Jose, Amy	00:34:00	Cubert	2016	
75	M	65	Young, Curtis	00:34:10	Cubert	2017	
76	M	66	Wall, Alex	00:34:12	Cubert	2013	
77	M	67	Floyd, Rob	00:34:21	Cubert	2013	
78	F	11	Gillespie, Rebecca	00:34:27	Mob Match	2006	
79	F	12	Kirby, Alysia	00:34:27	Cubert	2008	
80	M	68	Yendell, Michael	00:34:29	Cubert	2010	
81	M	69	King, Kevin	00:34:30	Mob Match	2014	
82	M	70	Lee, Steven	00:34:33	Cubert	2008	
83	M	71	Pulley, Sean	00:34:33	Cubert	2018	00:00:37
84	M	72	Kennett-Parsons, Joe	00:34:35	Sticker	2013	
85	M	73	Newcombe, Giles	00:34:36	Cubert	2015	
86	M	74	Burford, Lee	00:34:44	Sticker	2017	
87	M	75	Penberthy, Michael	00:34:51	Cubert	2008	
88	M	76	Sneyd, Paul	00:34:57	Cubert	2011	
89	M	77	Curtis, Oisin	00:34:59	Mob Match	2017	
90	M	78	Regan, Nic	00:35:00	Cubert	2010	
91	M	79	Townend, Stewart	00:35:01	Cubert	2007	
92	F	13	Angilley, Jayne	00:35:02	Cubert	2009	
93	M	80	Holman, Tony	00:35:02	Cubert	2007	
94	M	81	Batchelor, David	00:35:09	Cubert	2018	00:00:35
95	F	14	Patterson, Sarah	00:35:10	Penwith Radio	2012	
96	M	82	Lewis, Martyn	00:35:11	Cubert	2012	
97	F	15	Medlock, Kirsty	00:35:16	Cubert	2017	
98	M	83	Nancarrow, David	00:35:18	Mob Match	2015	
99	F	16	Maskell, Lisa	00:35:38	Cubert	2013	
100	M	84	Francis, Desmond	00:35:41	Cubert	2009	
101	M	85	Burnell, Frank	00:35:43	Cubert	2009	
102	M	86	Hynard, Mark	00:35:44	Cubert	2008	
103	F	17	Paull, Lucy	00:35:46	Cubert	2014	
104	M	87	Baldwin, Mike	00:35:49	Mob Match	2011	
105	M	88	Humphrey, Irwin	00:35:51	Cubert	2014	
106	M	89	Weare, Michael	00:35:54	Cubert	2014	
107	M	90	Ellis, Andrew	00:36:02	Cubert	2018	00:00:43
108	M	91	Curtis, Martin	00:36:12	Cubert	2009	
109	M	92	Clark, Piran	00:36:13	Cubert	2011	
110	M	93	Moore, Andy	00:36:13	Tree Tops	2005	
111	F	18	Rudd, Nikki	00:36:19	Cubert	2014	
112	M	94	Kershaw, David	00:36:19	Sticker	2014	
113	M	95	Fraser, Glen	00:36:22	Tree Tops	2005	
114	F	19	Shorland, Narina	00:36:22	Cubert	2015	
115	M	96	Campbell, Colin	00:36:24	Mob Match	2010	
116	F	20	Quick, Louise	00:36:30	Cubert	2008	
117	M	97	Starkie, Andrew	00:36:30	Cubert	2015	
118	M	98	Trenchard, Ben	00:36:31	Cubert	2013	
119	M	99	Leo, Cas	00:36:34	Cubert	2012	
120	M	100	Goulbourn, Mark	00:36:37	Cubert	2012	
121	F	21	Knowles, Helen	00:36:37	Cubert	2014	
122	F	22	Ollivier, Louise	00:36:38	Cubert	2015	
123	F	23	Burns, Julia	00:36:50	Cubert	2017	
124	M	101	Silver, Kevin	00:36:52	Cubert	2013	
125	F	24	Bastiani, Ellen	00:36:52	Mob Match	2015	
126	F	25	Chesterfield, Caroline	00:36:56	Cubert	2017	
127	M	102	Hall, Josh	00:36:58	Cubert	2010	
128	M	103	Rowe, Martyn	00:36:59	Cubert	2011	
129	M	104	Climer, Phil	00:37:01	Cubert	2008	
130	M	105	James, Darren	00:37:03	Cubert	2006	
131	F	26	Gerrard, Corrine	00:37:09	Cubert	2018	00:01:54
132	M	106	Waring, Chris	00:37:13	Cubert	2014	
133	M	107	Barrett, Chris	00:30:44	Sticker	2018	
134	M	108	Eatock, John-Paul	00:37:14	Cubert	2009	
135	M	109	Jose, Charlie	00:37:17	Cubert	2014	
136	F	27	Moore, Kelly	00:37:18	Cubert	2016	
137	M	110	Smith, Brian	00:37:19	Cubert	2010	
138	M	111	Elgar, Simon	00:37:21	Penwith Radio	2015	

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139	F	28	Newing, Sarah	00:37:34	Cubert	2012	
140	M	112	McIvor, Terry	00:37:37	Penwith Radio	2012	
141	M	113	Murrish, Darren	00:37:52	Cubert	2012	
142	F	29	Williams, Maria	00:37:53	Cubert	2011	
143	F	30	Bowker, Rachel	00:38:03	Cubert	2015	
144	M	114	Rowe, Phil	00:38:04	Cubert	2008	
145	F	31	Garvey Jessica	00:38:04	Remembrance	2015	
146	F	32	Riggall, Kimberley	00:38:07	Cubert	2014	
147	F	33	Spencer-Smith, Andrea	00:38:08	Cubert	2006	
148	M	115	Scott, David	00:38:08	Cubert	2008	
149	F	34	Lawrenson-Reid, June	00:38:09	Cubert	2006	
150	F	35	Foreman, Michelle	00:38:13	Cubert	2008	
151	M	116	Parker, Keith	00:38:15	Cubert	2007	
152	M	117	Bastian, Adrian	00:38:15	Cubert	2013	
153	M	118	Shepherd, Alan	00:38:18	Tree Tops	2005	
154	F	35	Tossell, Rebecca	00:38:22	Cubert	2018	
155	F	37	Clare, Helen	00:38:23	Cubert	2012	
156	M	119	Wigram, Tim	00:38:28	Cubert	2011	
157	F	37	Astill, Naomi	00:38:37	Cubert	2018	
158	F	39	Thomas, Alison	00:38:40	Cubert	2017	
159	F	40	Aspden, Gail	00:38:53	Mob Match	2017	
160	M	120	Round, Matthew	00:38:54	Cubert	2013	
161	M	121	Haynes, Howard	00:38:59	Cubert	2008	
162	M	122	Charmichael, David	00:39:02	Cubert	2008	
163	F	41	Bennett, Emily	00:39:06	Cubert	2017	
164	F	42	Holland, Jo	00:39:15	Cubert	2016	
165	M	123	George, Andrew	00:39:17	Cubert	2016	
166	M	124	Thomas, Andrew	00:39:19	Sticker	2007	
167	M	125	Wright, Crispin	00:39:21	Mob Match	2009	
168	M	126	Wright, David	00:39:21	Cubert	2013	
169	F	43	Gibson, Alice	00:39:27	Mob Match	2017	
170	F	44	Cliff, Naomi	00:39:31	Cubert	2009	
171	M	127	Merrett, Graham	00:39:31	Cubert	2016	
172	F	45	Campbell, Rebecca	00:39:35	Mob Match	2010	
173	F	46	Fitzmaurice, Kate	00:39:36	Cubert	2009	
174	F	47	Lock, Zoe	00:39:40	Cubert	2018	
175	F	48	Nicoll, Ruth	00:39:45	Cubert	2008	
176	M	128	Maclaren, Steve	00:39:47	Sticker	2017	
177	M	129	Seymour, Rob	00:39:49	Cubert	2010	
178	F	49	Lamerton, Sharon	00:39:50	Mob Match	2015	
179	F	50	Burrows, Melissa	00:39:53	Cubert	2018	
180	F	51	Thomas, Louise	00:39:56	Cubert	2007	
181	F	52	Booth, Denise	00:40:05	Cubert	2008	
182	F	53	Mcphail, Mo	00:40:07	Cubert	2012	
183	F	54	Sanders, Iona	00:40:08	Cubert	2008	
184	F	55	Walker, Amy	00:40:10	Cubert	2009	
185	M	130	Thompson, David	00:40:12	Mob Match	2008	
186	F	56	Markey, Anne	00:40:14	Cubert	2010	
187	M	131	Angwin, Richard	00:40:16	Cubert	2011	
188	F	57	Lawry, Nikki	00:40:19	Cubert	2016	
189	M	132	Breakwell, Curt	00:40:19	Sticker	2016	
190	F	58	Ellen, Emily	00:40:23	Cubert	2018	00:01:53
191	F	59	Warren, Diane	00:40:25	Cubert	2018	00:00:03
192	M	133	Bonar, David	00:40:26	Cubert	2017	
193	F	60	Pierce, Ruth	00:40:26	Cubert	2017	
194	F	61	Walton, Nancy	00:40:27	Sticker	2010	
195	F	62	Wade, Faye	00:40:28	Cubert	2011	
196	F	63	Such, Louise	00:40:31	Cubert	2008	
197	F	64	Tredinnick, Emma	00:40:41	Cubert	2008	
198	F	65	Poultney, Melissa	00:40:41	Cubert	2015	
199	F	66	Smith, Hannah	00:40:42	Cubert	2013	
200	F	67	Spargo, Gail	00:40:45	Cubert	2009	
201	F	68	Lee, Becky	00:40:47	Cubert	2011	
202	F	69	Jones, Amanda	00:40:51	Penwith Radio	2012	
203	F	70	Burgess, Nicki	00:40:54	Mob Match	2006	
204	F	71	Roskilly, Michelle	00:41:01	Cubert	2015	
205	F	72	Chapman, Susan	00:41:03	Cubert	2011	
206	F	73	Connon, Naomi	00:41:05	Cubert	2015	
207	M	134	Thompson, Fergus	00:41:06	Mob Match	2008	

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208	F	74	Foreman, Leah	00:41:11	Penwith Radio	2012	
209	M	135	Evans, Alun	00:41:15	Cubert	2015	
210	F	75	Merrett, Trish	00:41:16	Mob Match	2010	
211	F	76	Stewart, Kelly	00:41:16	Cubert	2008	
212	M	136	Bristow, Don	00:41:16	Tree Tops	2003	
213	M	137	Sobey, David	00:41:17	Mob Match	2008	
214	F	77	Sullivan, Sharon	00:41:26	Cubert	2012	
215	M	138	Thomas, Colin	00:41:27	Cubert	2011	
216	F	78	Adams, Elaine	00:41:30	Cubert	2018	00:00:28
217	F	79	Litt, Casey	00:41:32	Sticker	2011	
218	F	80	Davis, Jady	00:41:37	Cubert	2013	
219	M	139	Jordan, Rob	00:41:40	Cubert	2016	
220	F	81	Senior, Anne	00:41:41	Cubert	2013	
221	M	140	Biss, Andrew	00:41:55	Sticker	2010	
222	M	141	Bennetts, Shaun	00:41:55	Cubert	2017	
223	F	82	Pegg, Rachel	00:41:56	Sticker	2010	
224	F	83	Lewis, Caroline	00:41:57	Cubert	2007	
225	F	83	Iivonen-Gray, Katri	00:41:57	Cubert	2018	
226	F	85	Lacekle, Liga	00:42:01	Mob Match	2013	
227	M	142	De Rozarieux, Nathan	00:42:04	Cubert	2017	
228	M	143	Thomas, Paul	00:42:08	Cubert	2014	
229	F	86	Osborn, Kathryn	00:42:12	Cubert	2011	
230	F	87	Jelf, Michelle	00:42:25	Cubert	2014	
231	F	88	Carrill, Rosie	00:42:25	Cubert	2017	
232	F	89	Billing, Kathryn	00:42:31	Cubert	2009	
233	F	90	Billington, Melanie	00:42:37	Cubert	2016	
234	F	91	Holly, Michaela	00:42:38	Sticker	2011	
235	F	92	Pellow, Julie	00:42:38	Cubert	2011	
236	M	144	Tredinnick, Terry	00:42:38	Cubert	2009	
237	F	93	Cardell, Timothea	00:42:40	Cubert	2010	
238	F	94	Holley, Michaela	00:42:41	Cubert	2012	
239	M	145	Roskruge, Martin	00:42:52	Cubert	2013	
240	M	146	Merrett, Sean	00:42:54	Cubert	2016	
241	F	95	Rowat, Sharon	00:43:01	Mob Match	2015	
242	M	147	Feber, Stephen	00:43:09	Mob Match	2008	
243	M	148	Rockett, Tim	00:43:13	Cubert	2007	
244	F	96	Ferguson, Ana	00:43:21	Cubert	2013	
245	F	97	Long, Fran	00:43:24	Cubert	2016	
246	F	98	Martin, Kelly	00:43:26	Cubert	2015	
247	F	99	Stone, Natasha	00:43:29	Cubert	2015	
248	F	100	Rouncefield, Carol	00:43:31	Cubert	2011	
249	F	101	Bowden, Jackie	00:43:34	Cubert	2011	
250	M	149	Flores, Pierre	00:43:39	Mob Match	2017	
251	F	102	Baldwin, Sarah	00:43:39	Mob Match	2009	
252	F	103	Haghani, Laura	00:43:54	Mob Match	2017	
253	F	104	Wills, Kerry	00:43:55	Mob Match	2011	
254	F	105	La Brash, Angela	00:43:55	Sticker	2013	
255	F	106	Laing, Stella	00:44:03	Cubert	2009	
256	F	107	Woolnough, Hannah	00:44:08	Cubert	2011	
257	F	108	Ray, Pamela	00:44:09	Mob Match	2017	
258	M	150	Matta, Chris	00:44:19	Sticker	2010	
259	F	109	Willcocks, Jayne	00:44:24	Tree Tops	2005	
260	F	110	Smith, Anita	00:44:28	Cubert	2010	
261	F	111	Gamble, Fiona	00:44:29	Cubert	2011	
262	F	112	Clifton, Faye	00:44:31	Cubert	2014	
263	F	113	Stone, Olivia	00:44:32	Cubert	2013	
264	F	114	Stephens, Gemma	00:44:36	Penwith Radio	2013	
265	F	115	Mitchell, Debbie	00:44:39	Sticker	2016	
266	F	116	Kitchen, Amelia	00:44:39	Cubert	2017	
267	F	117	Abraham, Amy	00:44:39	Cubert	2018	
268	F	118	Caddamy, Michele	00:44:41	Cubert	2011	
269	F	119	Burgess, Mel	00:44:44	Cubert	2017	
270	F	120	Pearce, Deborah	00:44:46	Mob Match	2015	
271	F	121	Wilding, Sarah	00:44:47	Cubert	2017	
272	F	122	Hanson, Julie	00:44:50	Mob Match	2006	
273	F	123	Pochee, Amanda	00:44:56	Cubert	2017	
274	F	124	Redfern, Jackie	00:45:03	Cubert	2010	
275	F	125	Knowles, Tamsin	00:45:03	Cubert	2018	
276	F	126	De Barros, Sara	00:45:05	Mob Match	2015	

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2018 Progress
277	M	151	Lagor, Stephen	00:45:07	Cubert	2014	
278	F	127	Wright, Pandora	00:45:13	Cubert	2007	
279	F	128	Beman, Lynn	00:45:14	Cubert	2009	
280	M	152	Bowden, Ian	00:45:17	Cubert	2010	
281	F	129	Stevens, Carol	00:45:18	Penwith Radio	2012	
282	F	130	Caroll, Rosie	00:45:27	Sticker	2017	
283	F	131	Carter, Nikki	00:45:28	Cubert	2014	
284	F	132	Tonkin, Jane	00:45:34	Tree Tops	2005	
285	F	133	Rogers, Zenna	00:45:34	Cubert	2017	
286	M	153	Reynolds, Andrew	00:45:36	Cubert	2008	
287	F	134	Cumbley, Kat	00:45:39	Mob Match	2017	
288	M	154	Swetnam, Jim	00:45:44	Mob Match	2015	
289	F	135	Davis, Ruth	00:45:45	Cubert	2015	
290	F	136	Haley, Sherry	00:45:56	Cubert	2011	
291	F	137	Smith, Mo	00:46:02	Cubert	2011	
292	F	138	Charles, Kirsty	00:46:07	Cubert	2011	
293	F	139	Freebury, Pauline	00:46:07	Mob Match	2011	
294	F	140	Thompson, Tamsin	00:46:07	Mob Match	2013	
295	F	141	Wright, Natasha	00:46:16	Cubert	2018	
296	F	142	Hogan, Sandra	00:46:24	Cubert	2009	
297	F	143	Gibbard, Helen	00:46:26	Mob Match	2007	
298	F	144	Sycamore, Kathryn	00:46:28	Cubert	2008	
299	F	145	Stevens, Lynette	00:46:30	Cubert	2011	
300	F	146	Harvey-Hancock, Missie	00:46:30	Mob Match	2013	
301	F	147	Moore, Liz	00:46:45	Cubert	2009	
302	F	148	Dudding, Debi	00:46:50	Cubert	2015	
303	F	149	Greef, Jayne	00:46:53	Cubert	2010	
304	F	150	Green, Nikki	00:46:58	Cubert	2015	
305	M	155	Morley, Nick	00:46:59	Great Flat Lode	2011	
306	F	151	Marks, Victoria	00:46:59	Cubert	2017	
307	F	152	Baker, Cerys	00:47:04	Cubert	2011	
308	F	153	Elgar, Rebecca	00:47:08	Cubert	2015	
309	F	154	Rochford, Hayley	00:47:09	Cubert	2013	
310	F	155	Culley, Carol	00:47:11	Cubert	2015	
311	F	156	Crehan, Kate	00:47:11	Cubert	2018	00:01:31
312	F	157	King, Wendy	00:47:12	Cubert	2012	
313	F	158	Williams, Laura	00:47:13	Cubert	2018	00:08:59
314	F	159	Hill, Jo	00:47:16	Cubert	2012	
315	F	160	Stainsby, Elaine	00:47:30	Cubert	2009	
316	F	161	Wood, Sarah	00:47:30	Cubert	2011	
317	F	162	Mills, Helen	00:47:30	Cubert	2014	
318	F	163	Little, Catherine	00:47:33	Cubert	2008	
319	F	164	Williams, Tania	00:47:35	Cubert	2016	
320	M	156	Bennetts, William	00:47:36	Cubert	2008	
321	F	165	Reid, Michelle	00:47:45	Cubert	2008	
322	F	166	Livonen-Gray, Katri	00:47:47	Cubert	2017	
323	F	167	Green, Anna	00:47:49	Cubert	2011	
324	M	157	Cathcart, Saul	00:47:49	Cubert	2011	
325	M	158	Harling, Jack	00:47:50	Cubert	2012	
326	M	159	Bennett, Shaun	00:47:53	Cubert	2016	
327	F	168	Kirk, Debbie	00:48:09	Mob Match	2008	
328	F	169	Kirk, Jo	00:48:10	Cubert	2012	
329	F	170	James, Linda	00:48:31	Cubert	2009	
330	M	160	Saundry, Richard	00:48:32	Penwith Radio	2012	
331	F	171	Deere, Louise	00:48:33	Cubert	2018	00:00:08
332	F	169	Costello, Susan	00:48:34	Cubert	2018	
333	F	173	Scholes, Claire	00:48:41	Mob Match	2010	
334	F	174	Kenney, Charlotte	00:48:44	Cubert	2017	
335	F	175	Jelbert, Ruth	00:48:51	Cubert	2008	
336	F	176	Nimmo, Karen	00:48:53	Cubert	2011	
337	F	177	Shaw, Nicki	00:48:53	Cubert	2008	
338	F	177	Richards, Sara	00:48:53	Cubert	2018	
339	F	179	Brennan, Valerie	00:48:58	Cubert	2012	
340	F	180	Davies Kirsop, Florence	00:48:58	Mob Match	2015	
341	F	181	Brandreth, Jacky	00:49:05	Cubert	2011	
342	F	182	Neil, Jennifer	00:49:11	Cubert	2012	
343	F	183	Roberts, Dominique	00:49:13	Cubert	2008	
344	F	184	Wood, Penny	00:49:13	Cubert	2008	
345	F	185	Pascoe, Wendy	00:49:14	Cubert	2017	

5 Mile PBs

(Updated to Sticker 2018)

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2018 Progress
346	F	186	Harry, Becky	00:49:32	Cubert	2008	
347	F	187	Gunn, Ruth	00:49:41	Cubert	2013	
348	F	188	Hocking, Stacey	00:49:41	Cubert	2018	00:00:55
349	F	189	Potter, Claire	00:49:44	Cubert	2011	
350	M	161	Brennan, Tom	00:49:49	Mob Match	2008	
351	F	190	Sycamore, Grace	00:49:50	Cubert	2017	
352	M	162	Jones, Huw	00:49:50	Cubert	2018	
353	M	163	Woolley, David	00:49:51	Penwith Radio	2012	
354	F	191	Vaughan, Anna	00:49:52	Cubert	2011	
355	F	192	Wilson, Lucy	00:49:54	Penwith Radio	2015	
356	F	193	Parker, Deborah	00:49:54	Penwith Radio	2015	
357	F	194	Moore, Sue	00:49:59	Cubert	2017	
358	M	164	Hoskins, Matthew	00:50:00	Cubert	2009	
359	F	195	Middlemiss, Marilyn	00:50:08	Cubert	2008	
360	F	196	Allnutt, Pat	00:50:09	Cubert	2010	
361	F	197	Oxenham, Lynne	00:50:32	Mob Match	2006	
362	F	198	Galloway, Kathryn	00:50:34	Cubert	2008	
363	F	199	Challoner, Jady	00:50:36	Penwith Radio	2012	
364	F	200	James, Michaela	00:50:45	Penwith Radio	2012	
365	M	165	Marsh, Stuart	00:50:45	Cubert	2017	
366	F	201	Massey, Jennie	00:50:49	Cubert	2015	
367	F	202	McGuire, Jo	00:50:50	Cubert	2013	
368	F	203	Newcombe, Jo	00:50:59	Cubert	2017	
369	M	166	Jones, Dylan	00:51:02	Cubert	2010	
370	F	204	Simmons, Ruth	00:51:16	Cubert	2011	
371	F	205	Mackintosh, Susie	00:51:19	Cubert	2016	
372	F	206	Mates, Lauren	00:51:24	Cubert	2017	
373	F	207	Deaves, Liberty	00:51:29	Cubert	2013	
374	F	208	Whitefield, Mary	00:51:29	Cubert	2013	
375	F	208	Curnow, Margaret	00:51:31	Cubert	2018	
376	F	210	Belshaw, Sarah	00:51:32	Cubert	2012	
377	F	211	Turner, Glynnis	00:51:32	Mob Match	2015	
378	M	167	Hemingway-Wright, Stephen	00:51:40	Cubert	2009	
379	M	168	Wright, Mike	00:51:41	Cubert	2011	
380	F	212	O'Keefe, Jackie	00:51:46	Mob Match	2015	
381	F	213	Howorth, Anna	00:51:53	Cubert	2008	
382	F	214	Richards, Jackie	00:51:54	Cubert	2010	
383	F	215	Pollard, Jean	00:52:00	Cubert	2009	
384	F	215	Timms, Carolyn	00:52:01	Cubert	2018	
385	F	217	Henry, Naila	00:52:05	Mob Match	2011	
386	M	169	Webster, Piers	00:52:05	Cubert	2009	
387	M	170	Adams, Mark	00:52:13	Cubert	2016	
388	F	218	Savage, Suzy	00:52:13	Cubert	2017	
389	F	219	Painter, Sarah	00:52:16	Cubert	2014	
390	F	220	Warren, Rebecca	00:52:18	Cubert	2011	
391	M	171	Bumford, James	00:52:19	Mob Match	2011	
392	F	221	Nimmo, Donna	00:52:34	Penwith Radio	2012	
393	F	222	Alexander, Lesley	00:52:36	Cubert	2011	
394	F	223	Baldwin, Charlotte	00:52:36	Mob Match	2011	
395	F	224	Uren, Gina	00:52:38	Cubert	2015	
396	F	225	Atherton, Julie	00:52:44	Cubert	2016	
397	F	226	Hart, Caroline	00:52:46	Cubert	2009	
398	F	227	Good, Christine	00:52:58	Cubert	2011	
399	F	228	Nicholls, Derrika	00:52:58	Cubert	2011	
400	F	229	Rickard, Lucy	00:53:10	Cubert	2011	
401	F	230	Ezra, Mandy	00:53:15	Cubert	2010	
402	F	231	Rowe, Christina	00:53:21	Cubert	2014	
403	F	232	Jukes, Ashley	00:53:22	Cubert	2013	
404	F	233	Lewis, Deborah	00:53:22	Mob Match	2015	
405	M	172	Kneale, Marcus	00:53:48	Cubert	2013	
406	F	234	Cheel, Amanda	00:53:49	Cubert	2012	
407	F	235	Thomason, Vicky	00:53:49	Cubert	2013	
408	F	236	Drew, Emily	00:53:50	Cubert	2014	
409	F	237	Pickersgill, Janet	00:53:53	Penwith Radio	2012	
410	F	238	Emery, Susanne	00:53:54	Penwith Radio	2013	
411	F	239	Miller, Amanda	00:54:02	Cubert	2016	
412	F	240	Billington, Laetitia	00:54:08	Sticker	2016	
413	M	173	Armitage, Mike	00:54:25	Mob Match	2006	
414	F	241	Pleasants, Sam	00:54:26	Penwith Radio	2012	

5 Mile PBs

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Overall Position	Gender	Gender Position	Name	Time	Race	Year	2018 Progress
415	F	242	Laetitia, Billington	00:54:29	Cubert	2016	
416	F	243	Mills, Michelle	00:54:35	Cubert	2011	
417	F	244	Hardy, Katie	00:54:55	Cubert	2013	
418	F	245	King, Suzi	00:55:33	Cubert	2012	
419	F	246	Atkinson, Anita	00:55:37	Cubert	2012	
420	F	247	Byrne, Deborah	00:55:49	Cubert	2008	
421	F	248	Jones, Mary	00:56:14	Cubert	2017	
422	F	249	Gray, Kelly	00:56:14	Cubert	2017	
423	F	250	Ninnes, Louise	00:56:17	Great Flat Lode	2011	
424	F	251	Correnti, Sarah	00:56:26	Cubert	2018	
425	F	252	Lay, Jo	00:56:29	Cubert	2017	
426	F	253	Butler, Lorraine	00:56:54	Cubert	2011	
427	F	254	Ormerod, Su	00:57:09	Cubert	2015	
428	F	255	Evans, Julie	00:57:16	Cubert	2012	
429	F	256	Page, Jo	00:57:24	Penwith Radio	2012	
430	F	257	Clough, Lucy	00:57:29	Cubert	2012	
431	F	258	Giffal, Verity	00:57:31	Cubert	2009	
432	F	259	Coldrick, Debra	00:57:32	Penwith Radio	2012	
433	F	260	Phillips, Caroline	00:57:35	Cubert	2010	
434	F	261	Farley, Jenna	00:57:35	Cubert	2014	
435	F	262	Pilling, Pauline	00:57:44	Mob Match	2006	
436	F	263	Kitchener, Megan	00:57:47	Cubert	2016	
437	F	264	Mungles, Clare	00:57:54	Cubert	2016	
438	F	265	Jeffery, Jan	00:58:09	Cubert	2008	
439	F	266	Johnson, Beth	00:58:10	Cubert	2013	
440	F	267	Wilkinson, Hannah	00:58:11	Cubert	2018	00:08:00
441	F	268	Douglas, Sue	00:58:13	Cubert	2008	
442	F	269	Berriman, Anne	00:58:24	Cubert	2009	
443	F	270	Sedgman, Linda	00:58:25	Penwith Radio	2012	
444	F	271	Hamshar, Helen	00:58:32	Penwith Radio	2012	
445	F	272	Jenkin, Lucy	00:58:32	Penwith Radio	2012	
446	F	273	McNaughton-James, Sarah	00:59:07	Cubert	2017	
447	F	274	Nancarrow, Karen	00:59:38	Sticker	2012	
448	F	275	Sills, Helen	00:59:59	Cubert	2012	
449	F	276	Hayes, Frances	01:00:28	Cubert	2011	
450	F	277	Rowe, Emma	01:00:35	Sticker	2007	
451	F	278	Walton, Marie	01:00:52	Cubert	2010	
452	F	279	Pamphilon, Lorna	01:01:14	Cubert	2011	
453	F	280	Murley, Louise	01:01:19	Sticker	2016	
454	F	281	Bonar, Karen	01:02:41	Cubert	2012	
455	F	282	Jopson, Louise	01:02:41	Cubert	2012	
456	F	282	Mills, Helen	01:04:16	Cubert	2018	
457	F	284	Trenchard, Lisa	01:04:49	Mob Match	2006	
458	F	285	Lilley, Della	01:10:44	Penwith Radio	2012	
459	F	286	Potter, Elaine	01:18:01	Cubert	2012	