

STORMFORCE 10 – 21ST JANUARY 2018

Position	Time	Name	Team	Category	Pace	No
1	0:53:36	BAHELBI, Robel	Highgate Harriers	Male under 35	05:21.5	542
2	0:54:30	POCHEE, Brahma	Hayle Runners	Male under 35	05:26.9	376
3	0:54:42	CLAY, Jordan	Cornwall AC	Male under 35	05:28.1	495
4	0:56:14	MORANT, Jordan	Hayle Runners	Male under 35	05:37.3	399
5	0:56:42	THOMAS, Justin	Cornwall AC	Male Vet 40-44	05:40.1	514
6	0:56:43	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:40.2	510
7	0:56:52	POCHEE, Ben	Cornwall AC	Male Vet 45-49	05:41.1	529
8	0:56:56	BENNEY, Aaron	Mile High	Male Vet 35-39	05:41.5	275
9	0:57:00	WRIGHT, Tony	Cornwall AC	Male Vet 50-54	05:41.9	520
10	0:57:57	ARGALL, Joe	Cornwall AC	Male under 35	05:47.6	490
11	0:58:01	STEPHENSON, Jamie	Mile High	Male under 35	05:48.0	512
12	0:58:12	GOODWAY, Dan	Truro Running Club	Male under 35	05:49.1	86
13	0:58:37	DANIELS, Alex	Newquay Road Runners	Male Vet 45-49	05:51.6	421
14	0:58:38	WHEAR, Paul	Cornwall AC	Male Vet 50-54	05:51.7	519
15	0:58:41	YATES, Matt	Cornwall AC	Male under 35	05:52.0	522
16	0:59:32	MARTIN, Andrew	Mile High	Male Vet 35-39	05:57.1	477
17	0:59:40	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	05:57.9	459
18	0:59:53	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:59.2	484
19	1:00:19	PEYTON-JONES, Alex	Plymouth Harriers	Male Vet 35-39	06:01.8	68
20	1:00:45	DALTON, Richard	Falmouth Road Runners	Male under 35	06:04.4	292
21	1:01:18	PREWETT, George	Tamar Trotters	Male under 35	06:07.7	225
22	1:01:30	MASTERS, Jamie	St Austell Running Club	Male under 35	06:08.9	146
23	1:01:40	KIRTON, James	Truro Running Club	Male under 35	06:09.9	89
24	1:01:51	ANDREWARTHA, David	Mounts Bay Harriers	Male under 35	06:11.0	202
25	1:01:54	MURRANT, Kieran	Falmouth Road Runners	Male under 35	06:11.3	313
26	1:01:55	WHERRY, Steve	Hayle Runners	Male Vet 50-54	06:11.4	415
27	1:01:59	SOLE, Paul	Cornwall AC	Male Vet 35-39	06:11.8	530
28	1:02:08	CUTLAN, James	St Austell Running Club	Male under 35	06:12.7	118
29	1:02:10	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	06:12.9	158
30	1:02:14	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:13.3	104
31	1:02:35	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39	06:15.4	407
32	1:02:46	TRERISE, Connor	Cornwall AC	Male under 35	06:16.5	516
33	1:02:59	HARRIS, Ben		Male under 35	06:17.8	297
34	1:03:19	COOKSON, Neill	Hayle Runners	Male Vet 50-54	06:19.8	368
35	1:03:33	ALSOP, Dan	St Austell Running Club	Male Vet 35-39	06:21.2	548
36	1:03:36	SLEE, Ollie	Looe Pioneers	Male under 35	06:21.5	346

37	1:03:37	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:21.6	391
38	1:03:37	BARNET, James	Falmouth Road Runners	Male under 35	06:21.6	282
39	1:03:45	KNUCKEY, Craig	Cornwall AC	Male Vet 45-49	06:22.4	502
40	1:04:06	STANDING, Rob	Truro Running Club	Male Vet 45-49	06:24.5	97
41	1:04:06	DITTY, Graham	Mile High	Male Vet 35-39	06:24.5	276
42	1:04:09	WIDDERSHOVEN, Tim	Carn Runners	Male Vet 35-39	06:24.8	583
43	1:04:14	EZRA, Rebecca	Tamar Trotters	Female under 35	06:25.3	249
44	1:04:17	ORCHARD, Ruby	Cornwall AC	Female Vet 35-39	06:25.6	534
45	1:04:22	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	06:26.1	362
46	1:04:23	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39	06:26.2	413
47	1:04:56	O'DWYER, Shaun	Truro Running Club	Male Vet 40-44	06:29.5	81
48	1:05:30	WOOLAS, James		Male under 35	06:32.9	430
49	1:05:33	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49	06:33.2	317
50	1:05:39	TREGENZA, Heidi	Cornwall AC	Female under 35	06:33.8	533
51	1:05:39	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	06:33.8	45
52	1:05:40	WRIGHT, Kallum	Cornwall AC	Male under 35	06:33.9	521
53	1:05:46	BAKER, Steve	Tamar Trotters	Male Vet 60-64	06:34.5	227
54	1:05:47	WEBSTER, Mark	Cornwall AC	Male under 35	06:34.6	518
55	1:05:49	DEACON, Mark	Looe Pioneers	Male under 35	06:34.8	347
56	1:05:54	KEY, Andrew	Carn Runners	Male under 35	06:35.3	598
57	1:05:59	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:35.8	410
58	1:06:04	WILLIAMS, Dan	Cornwall AC	Male Vet 40-44	06:36.3	531
59	1:06:07	DAVIS, Martin	Newquay Road Runners	Male Vet 55-59	06:36.6	426
60	1:06:19	FULLER, Stephen	Hayle Runners	Male Vet 50-54	06:37.8	378
61	1:06:22	CLARKE, Peter	Tamar Trotters	Male Vet 40-44	06:38.1	222
62	1:06:29	WOLF, Jan	Mounts Bay Harriers	Male Vet 40-44	06:38.8	189
63	1:06:37	NEWMAN, Tom	Cornwall AC	Male under 35	06:39.6	507
64	1:06:41	STRACHAN, Steven	Falmouth Road Runners	Male Vet 40-44	06:40.0	326
65	1:06:50	VINNICOMBE, Jason	Carn Runners	Male Vet 40-44	06:40.9	597
66	1:06:55	SOLE, Amy	Cornwall AC	Female under 35	06:41.4	532
67	1:06:57	WARREN, Derrick		Male under 35	06:41.6	351
68	1:07:02	DEVENEY, Callum	Falmouth Road Runners	Male Vet 50-54	06:42.1	293
69	1:07:07	BOON, Julian	Forest of Dean AC	Male Vet 45-49	06:42.6	179
70	1:07:14	GILES, Alan	St Austell Running Club	Male under 35	06:43.3	129
71	1:07:16	RENDLE, Steve	Newquay Road Runners	Male Vet 45-49	06:43.5	434
72	1:07:18	FARRER, Ben	Tamar Trotters	Male under 35	06:43.7	234
73	1:07:31	ATTWOOD, James	Cornwall AC	Male Vet 45-49	06:45.0	491
74	1:07:33	HALL, Lee	Newquay Road Runners	Male Vet 40-44	06:45.2	557
75	1:07:39	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	06:45.8	90
76	1:07:44	TREMBATH, Robert	Hayle Runners	Male Vet 40-44	06:46.3	383

77	1:07:53	PETERS, Joseph	Cornwall AC	Male under 35	06:47.2	508
78	1:07:57	RONNGARD, Mattias	Newquay Road Runners	Male Vet 50-54	06:47.6	172
79	1:07:57	ABEL, Noel	Mile High	Male Vet 35-39	06:47.6	134
80	1:07:59	HOSKIN, Charlie		Male Vet 35-39	06:47.8	525
81	1:08:06	SOLE, John	Cornwall AC	Male Vet 35-39	06:48.5	511
82	1:08:17	MOORE, David	Cornwall AC	Male Vet 45-49	06:49.6	505
83	1:08:23	THOMSON, Stuart	Mounts Bay Harriers	Male Vet 40-44	06:50.2	209
84	1:08:33	LUCKHURST, Will	Hayle Runners	Male Vet 50-54	06:51.2	367
85	1:08:38	SWIFT, Nigel	Newquay Road Runners	Male Vet 40-44	06:51.7	546
86	1:08:48	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 50-54	06:52.7	185
87	1:09:02	SAVAGE, Tobias	Bodmin Road Runners	Male Vet 35-39	06:54.1	640
88	1:09:03	ROUNSEVELL, Alan	Truro Running Club	Male Vet 45-49	06:54.2	637
89	1:09:05	EASTERBROOK, Joe	Mounts Bay Harriers	Male under 35	06:54.4	544
90	1:09:12	FOX, Matthew	Mile High	Male Vet 40-44	06:55.1	628
91	1:09:48	JEPSON, Aidan	Truro Running Club	Male Vet 35-39	06:58.7	75
92	1:09:49	POOLEY, Robert	Carn Runners	Male Vet 35-39	06:58.8	604
93	1:10:09	BROWN, Steven	Falmouth Road Runners	Male Vet 50-54	07:00.8	286
94	1:10:09	HAYDEN, Nick	Falmouth Road Runners	Male Vet 35-39	07:00.8	318
95	1:10:11	BERRY, Adrian	Tamar Trotters	Male Vet 40-44	07:01.0	228
96	1:10:13	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	07:01.2	412
97	1:10:20	SUTTON, Nicky	Freedom Racing	Female Vet 40-44	07:01.9	271
98	1:10:35	HOSKIN, Sarah	Mile High	Female Vet 35-39	07:03.4	354
99	1:10:40	MASTERS, Nick	Hayle Runners	Male Vet 50-54	07:03.9	396
100	1:10:40	LOWE, Toby	Newquay Road Runners	Male Vet 45-49	07:03.9	169
101	1:10:47	MARSHALL, Kevin	Launceston Road Runners	Male Vet 50-54	07:04.6	52
102	1:10:53	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	07:05.2	46
103	1:10:56	PROSSER, Thomas	Mounts Bay Harriers	Male under 35	07:05.5	206
104	1:11:00	WHERRY, Alan	St Austell Running Club	Male Vet 50-54	07:05.9	115
105	1:11:05	DAVIS, Megan	Newquay Road Runners	Female under 35	07:06.4	427
106	1:11:07	JOSE, Amy	Hayle Runners	Female under 35	07:06.6	386
107	1:11:12	GREER, Mike	St Austell Running Club	Male under 35	07:07.1	549
108	1:11:13	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	07:07.2	36
109	1:11:14	DOYLE, John	Mounts Bay Harriers	Male Vet 60-64	07:07.3	207
110	1:11:17	GLANVILLE, Wayne	Newquay Road Runners	Male Vet 35-39	07:07.6	556
111	1:11:19	REID, Steve	St Austell Running Club	Male Vet 40-44	07:07.8	441
112	1:11:20	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	07:07.9	18
113	1:11:30	WILLIAMS, Ryan	Falmouth Road Runners	Male under 35	07:08.9	333
114	1:11:31	ROBERTS, Malcolm	St Austell Running Club	Male Vet 60-64	07:09.0	102
115	1:11:43	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	07:10.2	331
116	1:11:50	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	07:10.9	42

117	1:11:53	STEVENS, Dan	Falmouth Road Runners	Male Vet 45-49	07:11.2	325
118	1:12:01	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	07:12.0	442
119	1:12:02	CROWLE, Revis	East Cornwall Harriers	Femal Vet 55-59	07:12.1	39
120	1:12:05	COOPER, Timothy		Male Vet 35-39	07:12.4	353
121	1:12:14	POPPERWELL, Beth	Mile High	Female Vet 45-49	07:13.3	274
122	1:12:16	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:13.5	581
123	1:12:21	TOWERS, Anthony		Male Vet 55-59	07:14.0	643
124	1:12:21	HUGHES, Alan	Bodmin Road Runners	Male under 35	07:14.0	33
125	1:12:30	HEAD, Matthew	Cornwall AC	Male under 35	07:14.9	498
126	1:12:30	BURFORD, Lee	Hayle Runners	Male Vet 35-39	07:14.9	631
127	1:12:33	WILDING, David	Hayle Runners	Male Vet 40-44	07:15.2	416
128	1:12:36	PEARCE, Julia	Cornwall AC	Female Vet 40-44	07:15.5	482
129	1:12:41	ALLEN, Marc		Male under 35	07:16.0	469
130	1:12:47	WALLBANK, Rob	St Austell Running Club	Male Vet 35-39	07:16.6	112
131	1:12:51	SAVAGE, Christian	Truro Goats Tri	Male Vet 35-39	07:17.0	6
132	1:13:00	JONES, Stephen	Truro Running Club	Male Vet 35-39	07:17.9	87
133	1:13:07	SKEA, Katie	Bodmin Road Runners	Female Vet 35-39	07:18.6	340
134	1:13:11	HILL, Jeremy	St Austell Running Club	Male Vet 35-39	07:19.0	133
135	1:13:13	THOMAS, Mark	Truro Running Club	Male Vet 40-44	07:19.2	99
136	1:13:16	SPENCE, Rob		Male Vet 45-49	07:19.5	623
137	1:13:20	WOOD, Bill	Falmouth Road Runners	Male Vet 50-54	07:19.9	336
138	1:13:20	JOHNSON, Paul	St Austell Running Club	Male under 35	07:19.9	136
139	1:13:21	WILLIAMS, Gary	Looe Pioneers	Male under 35	07:20.0	344
140	1:13:24	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	07:20.3	216
141	1:13:25	COCKINGS, Rob	Truro Running Club	Male Vet 55-59	07:20.4	82
142	1:13:27	WILSON, Chris		Male Vet 50-54	07:20.6	279
143	1:13:30	POLGLASE, Tom	Carn Runners	Male Vet 65-69	07:20.9	578
144	1:13:31	THOMAS, Justin Scott	Wells City Harriers	Male Vet 40-44	07:21.0	447
145	1:13:39	YETTON, Ami	Plymouth Harriers	Female Vet 35-39	07:21.8	67
146	1:13:41	MOSSOP, Emma	Falmouth Road Runners	Female Vet 40-44	07:22.0	312
147	1:13:50	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:22.9	409
148	1:13:52	HICKS, Nigel		Male Vet 50-54	07:23.1	451
149	1:13:59	BECKETT, Robert	Cornwall AC	Male Vet 55-59	07:23.8	494
150	1:14:02	TREVENA, Nigel	Cornwall AC	Male Vet 50-54	07:24.1	517
151	1:14:05	RICHARDS, Jamie	Carn Runners	Male under 35	07:24.4	608
152	1:14:12	FOSTER, Richard	Launceston Road Runners	Male Vet 40-44	07:25.1	61
153	1:14:16	WARREN, Emily	Mud Crew Trail Runners	Female under 35	07:25.5	350
154	1:14:16	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:25.5	194
155	1:14:17	DAVIES, Richard	Newquay Road Runners	Male Vet 50-54	07:25.6	423
156	1:14:31	MILLWARD, Andy	Carn Runners	Male Vet 55-59	07:27.0	580

157	1:14:34	BENNETT, Charlotte	Hayle Runners	Female Vet 40-44	07:27.3	633
158	1:14:37	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44	07:27.6	59
159	1:14:42	EDWARDS, Glynn	Truro Running Club	Male under 35	07:28.1	84
160	1:14:47	CORNISH, Dean	Tamar Trotters	Male Vet 45-49	07:28.6	231
161	1:14:53	TOY, Scott	Falmouth Road Runners	Male Vet 35-39	07:29.2	329
162	1:14:55	MORAN, Tim	Carn Runners	Male Vet 35-39	07:29.4	595
163	1:15:01	BUCKINGHAM, Edward	Tamar Trotters	Male Vet 45-49	07:30.0	218
164	1:15:08	ATKINSON-BEAUMONT, David	Mounts Bay Harriers	Male Vet 35-39	07:30.7	204
165	1:15:13	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	07:31.2	92
166	1:15:15	MORRIS, Tony	St Austell Running Club	Male Vet 50-54	07:31.4	148
167	1:15:20	TIMMS, Jake	Falmouth Road Runners	Male under 35	07:31.9	301
168	1:15:25	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	07:32.4	397
169	1:15:28	BREMNER, Jane	Tamar Trotters	Female Vet 60-64	07:32.7	238
170	1:15:32	KING, Kevin	Hayle Runners	Male Vet 55-59	07:33.1	387
171	1:15:33	WEBB, Elliot		Male under 35	07:33.2	492
172	1:15:45	MORGAN, Becky	Truro Running Club	Female Vet 35-39	07:34.4	468
173	1:15:48	ANGILLEY, Jayne	Cornwall AC	Femal Vet 55-59	07:34.7	471
174	1:15:52	KNIGHT, Mark	St Austell Running Club	Male Vet 45-49	07:35.1	139
175	1:15:57	PASCOE (HARRISON), Karen	Cornwall AC	Female Vet 50-54	07:35.6	481
176	1:16:06	TRUDGEON, Steve		Male Vet 35-39	07:36.5	638
177	1:16:08	WOOD, Glenn	East Cornwall Harriers	Male Vet 50-54	07:36.7	47
178	1:16:19	WILES, Brian	Launceston Road Runners	Male Vet 70-74	07:37.8	55
179	1:16:19	FOX, Hannah	Mile High	Female Vet 40-44	07:37.8	250
180	1:16:19	MAGUIRE, Natalie	Cornwall AC	Female Vet 40-44	07:37.8	479
181	1:16:21	SOLOMON, Pam	Bodmin Road Runners	Femal Vet 55-59	07:38.0	32
182	1:16:25	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	07:38.4	151
183	1:16:46	WALKER, Iain	St Austell Running Club	Male Vet 60-64	07:40.5	437
184	1:16:50	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	07:40.9	27
185	1:16:59	RIDLER, Sam	Newquay Road Runners	Male under 35	07:41.8	564
186	1:17:01	SYRETT, Paul	Falmouth Road Runners	Male Vet 45-49	07:42.0	327
187	1:17:06	SPENCER, Chris		Male Vet 50-54	07:42.5	541
188	1:17:06	PATTERSON, Kaye	East Cornwall Harriers	Female under 35	07:42.5	44
189	1:17:19	WOOD, Jules	Falmouth Road Runners	Female Vet 45-49	07:43.8	337
190	1:17:21	RICHARDS, Robert	Hayle Runners	Male Vet 65-69	07:44.0	401
191	1:17:26	BRAGG, Alastair		Male Vet 35-39	07:44.5	526
192	1:17:27	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49	07:44.6	565
193	1:17:34	PULLEY, Sean	Hayle Runners	Male Vet 55-59	07:45.3	406
194	1:17:38	SCOTT-ELLIS, Tom		Male Vet 50-54	07:45.7	524
195	1:17:42	BRAY, Vivian	Cornwall AC	Male Vet 50-54	07:46.1	528
196	1:17:46	ASPDEN, Gail	Hayle Runners	Female Vet 45-49	07:46.5	364

197	1:17:52	FINDLAY, James	Carn Runners	Male under 35	07:47.1	600
198	1:17:55	NEWCOMBE, Giles	Hayle Runners	Male Vet 60-64	07:47.4	126
199	1:17:56	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	07:47.5	49
200	1:18:00	KING, Russell	Falmouth Road Runners	Male Vet 35-39	07:47.9	302
201	1:18:02	WALE, Mathew	Newquay Road Runners	Male under 35	07:48.1	176
202	1:18:03	WALKER, Elliott	Newquay Road Runners	Male Vet 45-49	07:48.2	177
203	1:18:04	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	07:48.3	116
204	1:18:14	CIANO, Phillip	Newquay Road Runners	Male Vet 50-54	07:49.3	420
205	1:18:17	BLIZZARD, Andrew	Truro Running Club	Male under 35	07:49.6	93
206	1:18:20	CHAPMAN, Julian		Male Vet 50-54	07:49.9	180
207	1:18:24	BARBER, Craig		Male Vet 40-44	07:50.3	537
208	1:18:25	MITCHELL, Jon	Cornwall AC	Male Vet 45-49	07:50.4	504
209	1:18:29	SPENCER, Julian		Male Vet 50-54	07:50.8	626
210	1:18:31	JONES, Stephen CR	Carn Runners	Male Vet 45-49	07:51.0	606
211	1:18:34	STANFORD, Joseph	Bodmin Road Runners	Male Vet 40-44	07:51.3	342
212	1:18:35	WOOD, Susanne	Cornwall AC	Female Vet 40-44	07:51.4	489
213	1:18:38	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	07:51.7	380
214	1:18:41	GREGG, Louise	Tamar Trotters	Female Vet 45-49	07:52.0	219
215	1:18:42	GIBSON, Alice	Hayle Runners	Female under 35	07:52.1	381
216	1:18:45	BURNS, Julia	Hayle Runners	Female Vet 50-54	07:52.4	371
217	1:18:47	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 45-49	07:52.6	298
218	1:18:58	MCCLAY, Karen	Mounts Bay Harriers	Female Vet 50-54	07:53.7	184
219	1:19:03	BOSUSTOW, Suzy	Cornwall AC	Female Vet 40-44	07:54.2	472
220	1:19:11	ATKINSON-BEAUMONT, Ross	Mounts Bay Harriers	Male Vet 35-39	07:55.0	203
221	1:19:12	STOBART, Rebeca	Cornwall AC	Female under 35	07:55.1	485
222	1:19:20	SMITHERAM, Mark	Carn Runners	Male Vet 40-44	07:55.9	603
223	1:19:22	DALE, Steve	Newquay Road Runners	Male Vet 40-44	07:56.1	159
224	1:19:23	BRADBURY, Rosie	Falmouth Road Runners	Female under 35	07:56.2	284
225	1:19:27	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	07:56.6	515
226	1:19:31	PATEMAN, Scott	St Austell Running Club	Male Vet 45-49	07:57.0	150
227	1:19:32	RAMSEY, Chris	Truro Running Club	Male Vet 65-69	07:57.1	94
228	1:19:37	NUGENT, Debbie	Cornwall AC	Female Vet 50-54	07:57.6	480
229	1:19:47	CHASE, Andy	St Austell Running Club	Male under 35	07:58.6	114
230	1:19:53	MARSH, Danny	Cornwall AC	Male Vet 45-49	07:59.2	503
231	1:20:02	THOMAS, Rachael	Cornwall AC	Female Vet 45-49	08:00.1	486
232	1:20:04	HUNT, Jenna	Falmouth Road Runners	Female under 35	08:00.3	299
233	1:20:04	WILSON, Michael	Truro Running Club	Male Vet 55-59	08:00.3	467
234	1:20:16	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	08:01.5	372
235	1:20:18	CLITHEROW, Hana	Truro Running Club	Femal Vet 55-59	08:01.7	71
236	1:20:22	GEARING, Nicola	Tri Logic Cornwall	Female Vet 35-39	08:02.1	5

237	1:20:29	MORSE, Guy		Male Vet 35-39	08:02.8	319
238	1:20:38	ROBINS, Sara	Newquay Road Runners	Female under 35	08:03.7	171
239	1:20:43	WHITELY, Helen	Tamar Trotters	Female Vet 40-44	08:04.2	243
240	1:20:45	ROWE, Christopher	Carn Runners	Male Vet 50-54	08:04.4	590
241	1:20:51	DAVIS, Lydia	Newquay Road Runners	Female under 35	08:05.0	425
242	1:21:03	WILLIAMS, Ella	Newquay Road Runners	Female Vet 40-44	08:06.2	178
243	1:21:04	SMITH, Derek	Hayle Runners	Male Vet 55-59	08:06.3	629
244	1:21:04	MACLAREN, Steve	Hayle Runners	Male Vet 45-49	08:06.3	394
245	1:21:06	CRABB, Sally	Looe Pioneers	Female Vet 40-44	08:06.5	345
246	1:21:10	KESTLE, Mike	Newquay Road Runners	Male Vet 60-64	08:06.9	167
247	1:21:12	BERRYMAN, Fred		Male Vet 35-39	08:07.1	277
248	1:21:13	TALLING, Lisa	Newquay Road Runners	Female Vet 45-49	08:07.2	566
249	1:21:20	WILLIAMS, Trevor	Tamar Trotters	Male Vet 55-59	08:07.9	241
250	1:21:28	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:08.7	398
251	1:21:29	WILLIAMS, Martin		Male Vet 40-44	08:08.8	617
252	1:21:35	ROONEY, Michael	Mounts Bay Harriers	Male under 35	08:09.4	111
253	1:21:42	WRIGHT, Hannah		Female under 35	08:10.1	7
254	1:21:43	PICK, Robert	East Cornwall Harriers	Male Vet 60-64	08:10.2	43
255	1:21:44	WILLIAMS, Paul		Male Vet 50-54	08:10.3	616
256	1:21:53	HEWITT, Amanda	Cornwall AC	Female Vet 40-44	08:11.2	355
257	1:21:53	HILL, Nicholas		Male Vet 35-39	08:11.2	217
258	1:22:00	TREGENZA, Elizabeth	Cornwall AC	Femal Vet 55-59	08:11.9	474
259	1:22:10	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	08:12.9	15
260	1:22:13	VOSPER, Andy	Bodmin Road Runners	Male Vet 55-59	08:13.2	37
261	1:22:15	CARTER, Lee	Newquay Road Runners	Male under 35	08:13.4	157
262	1:22:17	JAY, Andrew	St Austell Running Club	Male Vet 40-44	08:13.6	100
263	1:22:24	TALLING, Sophie	Newquay Road Runners	Female under 35	08:14.3	567
264	1:22:25	DAVIES, Nikki	Newquay Road Runners	Female Vet 35-39	08:14.4	422
265	1:22:25	ASTILL, Naomi	Hayle Runners	Female under 35	08:14.4	365
266	1:22:32	BOUCHER, Richard	Mounts Bay Harriers	Male Vet 45-49	08:15.1	186
267	1:22:33	MARKS, Stacie	St Austell Running Club	Female under 35	08:15.2	142
268	1:22:34	RICHARDS, Philip		Male Vet 40-44	08:15.3	538
269	1:22:34	BAKER, Naomi		Female under 35	08:15.3	543
270	1:22:38	GAY, Jennifer	Truro Running Club	Female under 35	08:15.7	85
271	1:22:43	ALSOP, Doug	St Austell Running Club	Male Vet 65-69	08:16.2	547
272	1:22:44	HAYNES, Patrick	St Austell Running Club	Male Vet 50-54	08:16.3	132
273	1:23:00	GOULD, Marie	Cornwall AC	Female Vet 45-49	08:17.9	476
274	1:23:04	TURVEY, Louise		Female Vet 40-44	08:18.3	1
275	1:23:11	BLACKBURN, Simon	Mounts Bay Harriers	Male Vet 55-59	08:19.0	212
276	1:23:15	THOMAS, Helen	Carn Runners	Female Vet 45-49	08:19.4	609

277	1:23:17	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 40-44	08:19.6	432
278	1:23:21	DUNCAN, Jeanette	Newquay Road Runners	Femal Vet 55-59	08:20.0	160
279	1:23:28	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	08:20.7	140
280	1:23:28	JARRAM, Ben	Launceston Road Runners	Male under 35	08:20.7	550
281	1:23:29	HARP, Chantal		Female Vet 35-39	08:20.8	254
282	1:23:33	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49	08:21.2	156
283	1:23:37	STACKHOUSE, Helena	Cornwall AC	Female Vet 35-39	08:21.6	483
284	1:23:43	RUSSELL, Barry	St Austell Running Club	Male Vet 40-44	08:22.2	445
285	1:23:44	BEARD, Sharon	Bodmin Road Runners	Female Vet 45-49	08:22.3	35
286	1:23:47	GEORGE, Andrew	Hayle Runners	Male Vet 55-59	08:22.6	379
287	1:23:50	COX, Clive		Male Vet 55-59	08:22.9	10
288	1:23:51	GORTON, John	Mounts Bay Harriers	Male Vet 60-64	08:23.0	211
289	1:24:11	WILLIAMS, Tony		Male Vet 50-54	08:25.0	257
290	1:24:14	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59	08:25.3	201
291	1:24:16	WALSH, Ellie		Female under 35	08:25.5	630
292	1:24:21	SAVAGE, Emma	Newquay Road Runners	Female Vet 35-39	08:26.0	8
293	1:24:22	MILES, Becky	Newquay Road Runners	Female Vet 35-39	08:26.1	563
294	1:24:25	ROWE, Melissa	St Austell Running Club	Female Vet 40-44	08:26.4	443
295	1:24:28	OLLIVIER, Louise	Hayle Runners	Female Vet 50-54	08:26.7	400
296	1:24:32	DREW, Peter	Carn Runners	Male Vet 65-69	08:27.1	592
297	1:24:36	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:27.5	414
298	1:24:45	THOMAS, Owen		Male under 35	08:28.4	438
299	1:24:49	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	08:28.8	60
300	1:24:56	MITCHELL, Jason		Male Vet 40-44	08:29.5	540
301	1:24:57	GREGORY, Amy	Newquay Road Runners	Female under 35	08:29.6	163
302	1:24:58	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	08:29.7	164
303	1:25:01	ANDREWS, Mark	East Cornwall Harriers	Male Vet 60-64	08:30.0	48
304	1:25:03	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:30.2	154
305	1:25:03	KNOWLES (RULE), Helen	Hayle Runners	Female Vet 35-39	08:30.2	390
306	1:25:07	ADAMS, David	Bere Alston Trekkers	Male Vet 50-54	08:30.6	258
307	1:25:18	FLEET, Vicky	Falmouth Road Runners	Female Vet 40-44	08:31.7	295
308	1:25:18	TIPPETS, Hana	Falmouth Road Runners	Female under 35	08:31.7	328
309	1:25:43	JENKIN, Steve	Cornwall AC	Male Vet 45-49	08:34.2	500
310	1:25:56	MARTIN, Colin	Newquay Road Runners	Male Vet 65-69	08:35.5	431
311	1:26:01	PITMAN, Vinny	Tamar Trotters	Male Vet 50-54	08:36.0	220
312	1:26:04	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54	08:36.3	453
313	1:26:07	REED, Michael	Bodmin Road Runners	Male Vet 50-54	08:36.6	575
314	1:26:20	MARQUIS, Peter		Male Vet 60-64	08:37.9	352
315	1:26:25	MARRIOTT, Chris	St Austell Running Club	Male Vet 35-39	08:38.4	95
316	1:26:35	HILL, Charlie		Male Vet 35-39	08:39.4	278

317	1:26:40	CHALK, Dawn	Looe Pioneers	Female Vet 45-49	08:39.9	19
318	1:26:45	PITT, Neil		Male Vet 40-44	08:40.4	70
319	1:26:51	MILLWARD, Laura	Carn Runners	Femal Vet 55-59	08:41.0	579
320	1:26:51	FORBES, Jennifer	Carn Runners	Female under 35	08:41.0	625
321	1:26:53	EYRE, Janna	Carn Runners	Female Vet 35-39	08:41.2	587
322	1:27:01	BALES, Jo	Truro Running Club	Female Vet 35-39	08:42.0	77
323	1:27:05	BONAR, David	Hayle Runners	Male Vet 55-59	08:42.4	488
324	1:27:07	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 40-44	08:42.6	147
325	1:27:12	CATTERALL, Diane	Carn Runners	Female under 35	08:43.1	599
326	1:27:16	PIERCE, Ruth	Hayle Runners	Female Vet 50-54	08:43.5	360
327	1:27:19	SCALLAN, Mark		Male Vet 50-54	08:43.8	475
328	1:27:22	GRIFFITHS, Ira	St Austell Running Club	Male Vet 50-54	08:44.1	439
329	1:27:24	BURROWS, Mellisa	Hayle Runners	Female Vet 45-49	08:44.3	370
330	1:27:45	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	08:46.4	124
331	1:27:55	PHILIPS, Ashton		Male Vet 40-44	08:47.4	636
332	1:27:56	SENIOR, Ann	Hayle Runners	Female Vet 60-64	08:47.5	138
333	1:27:59	ARGALL, Rebecca		Female under 35	08:47.8	247
334	1:28:02	EMMETT, Lucy	Newquay Road Runners	Female Vet 40-44	08:48.1	555
335	1:28:08	CARTER, Anna	Newquay Road Runners	Female under 35	08:48.7	3
336	1:28:12	WILSHER, Rachael	Bodmin Road Runners	Female Vet 50-54	08:49.1	339
337	1:28:15	ALLEN, Gary		Male under 35	08:49.4	523
338	1:28:18	BAKER, Emma	Looe Pioneers	Female Vet 40-44	08:49.7	11
339	1:28:21	JACKSON, Jane	Okehampton RC	Female Vet 60-64	08:50.0	253
340	1:28:22	THOMAS, Alison	Hayle Runners	Female Vet 40-44	08:50.1	411
341	1:28:23	PHILLIPS, Matt	St Austell Running Club	Male Vet 50-54	08:50.2	149
342	1:28:31	PELLOWE, Olivia	Carn Runners	Female Vet 40-44	08:51.0	584
343	1:28:32	WEBB, Helen	Mounts Bay Harriers	Female Vet 40-44	08:51.1	622
344	1:28:32	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:51.1	408
345	1:28:34	MOORE, Jane	St Austell Running Club	Femal Vet 55-59	08:51.3	101
346	1:28:36	GILBERT, Fay	St Austell Running Club	Female under 35	08:51.5	128
347	1:28:37	FERRIS (BLACKBEARD), Marie	St Austell Running Club	Female Vet 50-54	08:51.6	123
348	1:28:39	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	08:51.8	307
349	1:28:42	LOCK, Zoe	JP Fitness Cornwall	Female Vet 35-39	08:52.1	264
350	1:28:42	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 35-39	08:52.1	269
351	1:28:46	DAVISON, Angeline		Female Vet 40-44	08:52.5	615
352	1:28:55	GARDINER, Steven	St Austell Running Club	Male under 35	08:53.4	125
353	1:29:01	DREW, Barry	Carn Runners	Male Vet 70-74	08:54.0	593
354	1:29:01	MASKELL, Melanie	St Austell Running Club	Female Vet 45-49	08:54.0	145
355	1:29:06	BALDWIN, Mike	Hayle Runners	Male Vet 50-54	08:54.5	366
356	1:29:10	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	08:54.9	88

357	1:29:14	LILLIS, John	Newquay Road Runners	Male Vet 70-74	08:55.3	168
358	1:29:24	MANSFIELD, Sue	Truro Running Club	Female Vet 50-54	08:56.3	72
359	1:29:26	BOYCE, Christian	Looe Pioneers	Male Vet 40-44	08:56.5	359
360	1:29:34	BENNETTS, Shaun	Hayle Runners	Male Vet 50-54	08:57.3	385
361	1:29:35	SMITH, Hannah	Hayle Runners	Female under 35	08:57.4	117
362	1:29:38	CLASSEY, Mark	Falmouth Road Runners	Male Vet 55-59	08:57.7	288
363	1:29:38	JARRETT, Louise		Female Vet 35-39	08:57.7	165
364	1:29:49	BUNTING, Maggie	Tamar Trotters	Female Vet 50-54	08:58.8	224
365	1:29:50	WHETTON, Grace	Mounts Bay Harriers	Female under 35	08:58.9	621
366	1:29:51	DE ROZARIEUX, Nathan	Hayle Runners	Male Vet 45-49	08:59.0	375
367	1:29:52	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	08:59.1	40
368	1:29:54	SKYBA, Joanna	St Austell Running Club	Female Vet 35-39	08:59.3	448
369	1:30:17	BUDGE, Claire	St Austell Running Club	Female Vet 40-44	09:01.6	105
370	1:30:19	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 70-74	09:01.8	208
371	1:30:20	ORCHARD, John	Cornwall AC	Male Vet 55-59	09:01.9	535
372	1:30:31	SEDDON, Andrew	Tamar Trotters	Male Vet 50-54	09:03.0	239
373	1:30:32	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	09:03.1	289
374	1:30:42	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	09:04.1	54
375	1:30:44	NICHOLLS, Tracey	Mounts Bay Harriers	Femal Vet 55-59	09:04.3	188
376	1:30:47	COLTON-TAYLOR, Mark	Truro Running Club	Male Vet 55-59	09:04.6	461
377	1:30:51	ENTWISTLE, Nick		Male Vet 35-39	09:05.0	174
378	1:30:53	NEEDHAM, Sara	Newquay Road Runners	Female Vet 35-39	09:05.2	433
379	1:31:00	MCKEE, Clare	Bodmin Road Runners	Female Vet 35-39	09:05.9	34
380	1:31:03	PICKARD, Linda	Launceston Road Runners	Femal Vet 55-59	09:06.2	635
381	1:31:05	JARVIS, Mags	Okehampton RC	Female Vet 60-64	09:06.4	252
382	1:31:06	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	09:06.5	22
383	1:31:17	JENKINS, Charlotte		Female under 35	09:07.6	513
384	1:31:21	KINSELLA, Sharon	JP Fitness Cornwall	Female Vet 40-44	09:08.0	263
385	1:31:22	LEGGO, Sarah	Mounts Bay Harriers	Female Vet 40-44	09:08.1	183
386	1:31:22	PICKARD, David	Launceston Road Runners	Male Vet 55-59	09:08.1	634
387	1:31:27	GOY, Lucy	JP Fitness Cornwall	Female Vet 40-44	09:08.6	260
388	1:31:29	ADAMS, Elaine	Hayle Runners	Female Vet 40-44	09:08.8	363
389	1:31:38	SHAW, Sian	Newquay Road Runners	Female Vet 40-44	09:09.7	175
390	1:31:38	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	09:09.7	470
391	1:31:40	SHAW, Stuart		Male Vet 40-44	09:09.9	642
392	1:31:40	JAYNE, Samantha	Newquay Road Runners	Female Vet 45-49	09:09.9	166
393	1:31:43	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44	09:10.2	452
394	1:31:45	LEADBETTER, Nicola		Female Vet 40-44	09:10.4	527
395	1:31:46	ENGLAND, Emma	Bodmin Womens RC	Female Vet 45-49	09:10.5	28
396	1:31:54	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	09:11.3	143

397	1:32:00	ROWETT, Gareth	St Austell Running Club	Male under 35	09:11.9	444
398	1:32:04	WILDING, Rebecca	Mounts Bay Harriers	Female under 35	09:12.3	215
399	1:32:15	BOSUSTOW, John	JP Fitness Cornwall	Male Vet 40-44	09:13.4	261
400	1:32:21	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 40-44	09:14.0	304
401	1:32:40	RAYMENT, Claire	Truro Running Club	Female under 35	09:15.9	552
402	1:32:42	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	09:16.1	588
403	1:33:03	GALE, Keith		Male Vet 45-49	09:18.2	62
404	1:33:03	JONES, Simon		Male Vet 40-44	09:18.2	63
405	1:33:17	SAVIN, Nick	Newquay Road Runners	Male under 35	09:19.6	173
406	1:33:30	FOY, David	Falmouth Road Runners	Male Vet 45-49	09:20.9	296
407	1:33:31	BURTON, Deborah	St Austell Running Club	Female Vet 35-39	09:21.0	110
408	1:33:45	JONES, Jon	Looe Pioneers	Male Vet 45-49	09:22.4	348
409	1:33:45	VISICK, Michael	Looe Pioneers	Male Vet 45-49	09:22.4	12
410	1:34:05	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	09:24.3	29
411	1:34:10	PAYNE, Holly	St Austell Running Club	Female under 35	09:24.8	436
412	1:34:11	HIGGINS, Lucy	Newquay Road Runners	Female under 35	09:24.9	558
413	1:34:13	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	09:25.1	509
414	1:34:17	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	09:25.5	450
415	1:34:20	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	09:25.8	79
416	1:34:23	POCHEE, Amanda	Hayle Runners	Female Vet 40-44	09:26.1	405
417	1:34:27	HAMSHIRE, Cordelia		Female under 35	09:26.5	69
418	1:34:27	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	09:26.5	570
419	1:34:36	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	09:27.4	195
420	1:34:38	WILLIAMS, Maggie		Female Vet 50-54	09:27.6	256
421	1:34:53	PINNICK, Mark	Falmouth Road Runners	Male Vet 35-39	09:29.1	320
422	1:35:01	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74	09:29.9	31
423	1:35:08	EVANS, Alun	Hayle Runners	Male Vet 50-54	09:30.6	377
424	1:35:10	OLIVER, Adam	Mounts Bay Harriers	Male under 35	09:30.8	214
425	1:35:10	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	09:30.8	213
426	1:35:11	BREAKSPEAR, Hannah	Cornwall AC	Female under 35	09:30.9	473
427	1:35:18	TAYLOR, Sue	Mounts Bay Harriers	Female Vet 65-69	09:31.6	187
428	1:35:20	SCHOLES, Claire	Truro Running Club	Female Vet 35-39	09:31.8	96
429	1:35:36	LEE, Becky	Hayle Runners	Female Vet 50-54	09:33.4	392
430	1:35:41	WATERS, Rachel	St Austell Running Club	Female Vet 50-54	09:33.9	456
431	1:35:53	THOMSON, Rachel	Mounts Bay Harriers	Female Vet 50-54	09:35.1	210
432	1:36:00	THOMAS, Hannah	Truro Running Club	Female Vet 40-44	09:35.8	98
433	1:36:12	BAWDEN, Mike	Cornwall AC	Male Vet 55-59	09:37.0	493
434	1:36:19	TURTLE, John	Mounts Bay Harriers	Male Vet 55-59	09:37.7	200
435	1:36:22	WILDING, Sarah	Hayle Runners	Female Vet 40-44	09:38.0	417
436	1:36:26	MOIR, Andrew	Tamar Trotters	Male Vet 55-59	09:38.4	246

437	1:36:29	BURGESS, Mel	Hayle Runners	Female Vet 50-54	09:38.7	369
438	1:36:38	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	09:39.6	108
439	1:36:43	EVANS, Des	Newquay Road Runners	Male Vet 65-69	09:40.1	161
440	1:36:51	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	09:40.9	389
441	1:36:52	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	09:41.0	404
442	1:37:02	HOCKING, Deborah	Carn Runners	Female Vet 50-54	09:42.0	576
443	1:37:05	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	09:42.3	332
444	1:37:10	WILKINSON, Judith	Tamar Trotters	Female Vet 60-64	09:42.8	244
445	1:37:16	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	09:43.4	496
446	1:37:22	BIRCH, Lisa	Bere Alston Trekkers	Female Vet 50-54	09:44.0	611
447	1:37:22	GREAVES, Alison	Bere Alston Trekkers	Female Vet 35-39	09:44.0	612
448	1:37:38	MARSHALL, Keith	Falmouth Road Runners	Male Vet 70-74	09:45.6	308
449	1:37:53	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	09:47.1	106
450	1:38:08	TIPPETT, Kevin		Male under 35	09:48.6	639
451	1:38:09	PRYOR, Emma		Female under 35	09:48.7	619
452	1:38:25	HEWITT, Lucy	Newquay Road Runners	Female Vet 50-54	09:50.3	153
453	1:38:34	COURTNEY, Stacey	Newquay Road Runners	Female under 35	09:51.2	553
454	1:38:35	BIGGS, Matthew	Newquay Road Runners	Male Vet 50-54	09:51.3	170
455	1:38:40	BILLS, Kelly	Carn Runners	Female Vet 40-44	09:51.8	582
456	1:38:43	MARSH, Kathryn	Carn Runners	Female Vet 40-44	09:52.1	602
457	1:38:50	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:52.8	335
458	1:38:56	TONKIN, Alison		Femal Vet 55-59	09:53.4	66
459	1:39:04	CRYER, Jon		Male Vet 60-64	09:54.2	272
460	1:39:06	VENNING, Martin	Launceston Road Runners	Male Vet 65-69	09:54.4	51
461	1:39:06	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	09:54.4	141
462	1:39:45	WALKER, Karl	St Austell Running Club	Male Vet 55-59	09:58.3	455
463	1:39:45	WALKER, Daniella	St Austell Running Club	Female Vet 45-49	09:58.3	454
464	1:39:53	ADAMS, Pam	Bere Alston Trekkers	Female Vet 50-54	09:59.1	259
465	1:39:56	HAM, Neil	Cornwall AC	Male Vet 50-54	09:59.4	497
466	1:40:09	WATTS, Hannah	St Austell Running Club	Female under 35	10:00.7	457
467	1:40:11	HOLT, Claire	Newquay Road Runners	Female under 35	10:00.9	560
468	1:40:11	HOLT, Liane	Newquay Road Runners	Female under 35	10:00.9	429
469	1:40:23	PRYOR, Laura	Carn Runners	Female under 35	10:02.1	605
470	1:40:31	GREAVES, Melanie	Bere Alston Trekkers	Female Vet 45-49	10:02.9	613
471	1:40:36	TAMBLYN, Sharon	Bodmin Womens RC	Femal Vet 55-59	10:03.4	23
472	1:40:46	CARD, Christine	Tamar Trotters	Female Vet 60-64	10:04.4	240
473	1:40:49	CAWLEY, Anita	Tamar Trotters	Female Vet 45-49	10:04.7	232
474	1:40:54	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 65-69	10:05.2	53
475	1:41:03	CHELL, Nina	Falmouth Road Runners	Female Vet 40-44	10:06.1	287
476	1:41:03	MORGADO, Chloe	Cornwall AC	Female Vet 40-44	10:06.1	641

477	1:41:04	MITCHELL, John	Tri Logic Cornwall	Male Vet 55-59	10:06.2	356
478	1:41:14	EVANS, Mollie	Carn Runners	Female Vet 40-44	10:07.2	589
479	1:41:20	PHILLIPS, Ruth	Hayle Runners	Female Vet 40-44	10:07.8	632
480	1:41:27	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74	10:08.5	478
481	1:41:28	JENKIN, Richard	Cornwall AC	Male Vet 70-74	10:08.6	499
482	1:41:50	SOWERBY, Nicky	Truro Running Club	Female Vet 50-54	10:10.8	466
483	1:41:55	CUNDY-COOPER, Emma	Bodmin Womens RC	Female under 35	10:11.3	569
484	1:42:07	ADAMS, Hannah	St Austell Running Club	Female Vet 40-44	10:12.5	103
485	1:42:10	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	10:12.8	144
486	1:42:21	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54	10:13.9	121
487	1:42:27	HARTE-LATREMOILLE, Samantha	Bere Alston Trekkers	Female Vet 40-44	10:14.5	614
488	1:42:29	CATNACH, Peter	Looe Pioneers	Male Vet 55-59	10:14.7	16
489	1:42:29	RUTKOWSKA, Ola	Falmouth Road Runners	Female under 35	10:14.7	290
490	1:42:30	WOLSTENCROFT, Zoe	Carn Runners	Female Vet 40-44	10:14.8	601
491	1:42:40	WADE, Margaret	Carn Runners	Female Vet 65-69	10:15.8	577
492	1:42:41	GIBBS, Debbie	St Austell Running Club	Female Vet 50-54	10:15.9	127
493	1:42:57	KING, Gary	Mounts Bay Harriers	Male Vet 40-44	10:17.5	196
494	1:43:09	GILBERT, John	Carn Runners	Male Vet 50-54	10:18.7	591
495	1:43:20	CUTLAN, Jean	St Austell Running Club	Female Vet 50-54	10:19.8	119
496	1:43:39	HAMPTON, David	St Austell Running Club	Male Vet 40-44	10:21.7	131
497	1:43:44	CUFF, Linda	Looe Pioneers	Female Vet 50-54	10:22.2	572
498	1:44:02	CUTLAN, Tim	St Austell Running Club	Male Vet 50-54	10:24.0	120
499	1:44:37	TORRES, Mick	Looe Pioneers	Male Vet 55-59	10:27.5	571
500	1:45:03	HAMBLIN, Ruth	Tamar Trotters	Female Vet 50-54	10:30.1	233
501	1:45:35	LONG, Fran	Hayle Runners	Femal Vet 55-59	10:33.3	393
502	1:46:23	RESCORL, Susan	Bodmin Womens RC	Femal Vet 55-59	10:38.1	24
503	1:46:23	CROWE, Sharon	Bodmin Womens RC	Female Vet 45-49	10:38.1	30
504	1:46:25	COX, Alison	Bodmin Womens RC	Female Vet 50-54	10:38.3	21
505	1:46:34	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:39.2	586
506	1:46:36	KING (PASCOE), Wendy	Hayle Runners	Female Vet 50-54	10:39.4	388
507	1:46:47	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	10:40.5	283
508	1:46:59	NEWCOMBE, Jo	Hayle Runners	Female Vet 60-64	10:41.7	449
509	1:47:41	BOWDEN, Sally	Newquay Road Runners	Female Vet 50-54	10:45.9	152
510	1:47:55	DEERE, Louise	Hayle Runners	Female Vet 50-54	10:47.3	374
511	1:48:08	PITCHER, David	Tamar Trotters	Male Vet 55-59	10:48.6	236
512	1:48:12	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	10:49.0	199
513	1:48:17	HARVEY, Lynn	Newquay Road Runners	Female Vet 65-69	10:49.5	428
514	1:48:19	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	10:49.7	341
515	1:48:36	HOCKING, Stacey	Hayle Runners	Female under 35	10:51.4	384
516	1:48:57	WILLIAMS, Wendy	JP Fitness Cornwall	Femal Vet 55-59	10:53.5	270

517	1:48:57	MCKINLEY, Glennie	JP Fitness Cornwall	Female Vet 50-54	10:53.5	265
518	1:48:58	STAINSBY, Elaine	JP Fitness Cornwall	Female Vet 45-49	10:53.6	267
519	1:48:58	THURSTON, Katie	JP Fitness Cornwall	Female Vet 35-39	10:53.6	268
520	1:49:15	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	10:55.3	291
521	1:49:30	SMITH, Kate	St Austell Running Club	NDB	10:56.8	446
522	1:49:37	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 60-64	10:57.5	192
523	1:50:27	MARSHALL, Terry	Falmouth Road Runners	Female Vet 65-69	11:02.5	309
524	1:50:47	GREY, Elenor	Falmouth Road Runners	Female Vet 40-44	11:04.5	294
525	1:50:49	WELLS, Wes	Tamar Trotters	Male Vet 35-39	11:04.7	230
526	1:51:17	PAN-HUERTAS-FERGUSON, Ana	Hayle Runners	Female Vet 40-44	11:07.5	402
527	1:51:37	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	11:09.5	314
528	1:51:38	OSBORNE, Simon	Falmouth Road Runners	Male Vet 40-44	11:09.6	315
529	1:51:42	HOLT, Ashley	Carn Runners	Female under 35	11:10.0	620
530	1:51:43	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	11:10.1	198
531	1:51:45	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	11:10.3	487
532	1:52:08	HARVEY, Sally	Bodmin Womens RC	Female Vet 50-54	11:12.6	25
533	1:52:08	LATHAM, Donna	Bodmin Womens RC	Female Vet 40-44	11:12.6	610
534	1:52:43	EWART, Sam	St Austell Running Club	Female Vet 40-44	11:16.1	122
535	1:52:49	CAFF, Jane	Newquay Road Runners	Femal Vet 55-59	11:16.7	155
536	1:52:53	BENNETTS, Sophia		Female Vet 40-44	11:17.1	4
537	1:53:18	RAIKER, Diana	Falmouth Road Runners	Female under 35	11:19.6	321
538	1:53:18	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39	11:19.6	323
539	1:53:22	BOWDEN, Jenny	Newquay Road Runners	Female Vet 50-54	11:20.0	419
540	1:53:27	OLIVER, Rachel		Female Vet 40-44	11:20.5	357
541	1:53:27	SMITHERAM, Jo	Carn Runners	Female Vet 40-44	11:20.5	585
542	1:53:42	KINGTON, Norris	Cornwall AC	Male Vet 75-79	11:22.0	501
543	1:53:48	JOHNSTON, Sally	Tamar Trotters	Femal Vet 55-59	11:22.6	242
544	1:53:49	STONE, Jackie	Mounts Bay Harriers	Femal Vet 55-59	11:22.7	190
545	1:54:24	SQUIRE, Helen	Mounts Bay Harriers	Femal Vet 55-59	11:26.2	193
546	1:54:34	JAY, Nadia	St Austell Running Club	Female Vet 45-49	11:27.2	135
547	1:55:03	WILLIAMS, Darren	Plymouth Musketeers	Male Vet 45-49	11:30.1	255
548	1:55:05	FIRTH, Becky	Tamar Trotters	Female Vet 45-49	11:30.3	223
549	1:55:05	ARMSTRONG, Justine	Tamar Trotters	Female Vet 50-54	11:30.3	226
550	1:55:05	PITMAN, Debbie	Tamar Trotters	Femal Vet 55-59	11:30.3	221
551	1:55:23	OVERD, Lynne	Looe Pioneers	Femal Vet 55-59	11:32.1	573
552	1:56:15	TURNER, Jolene	Falmouth Road Runners	Female Vet 40-44	11:37.3	330
553	1:57:42	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	11:46.0	545
554	1:58:39	JOHNS, Sarah	Mounts Bay Harriers	Female Vet 35-39	11:51.7	181
555	1:58:40	JOHNS, Emma	Mounts Bay Harriers	Female Vet 40-44	11:51.8	182
556	1:58:41	WATKINS, Yvonne	Mounts Bay Harriers	Femal Vet 55-59	11:51.9	191

557	1:58:41	MORSE, Jackie	Mounts Bay Harriers	Femal Vet 55-59	11:51.9	197
558	1:58:57	FRANCIS, Donna	Newquay Road Runners	Female Vet 65-69	11:53.5	162
559	1:59:01	LAKE, Christina	Falmouth Road Runners	Femal Vet 55-59	11:53.9	303
560	1:59:21	BRENNAN, Rachel	St Austell Running Club	Female under 35	11:55.9	109
561	1:59:21	RALLS, Patsy	St Austell Running Club	Female Vet 50-54	11:55.9	440
562	1:59:50	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	11:58.8	305
563	1:59:56	JENKIN, Peter	Falmouth Road Runners	Male Vet 60-64	11:59.4	300
564	2:00:00	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	11:59.8	462
565	2:00:05	BENNETT, Simon		Male Vet 45-49	12:00.3	624
566	2:00:40	HOLLADAY, Michelle	Newquay Road Runners	Female Vet 40-44	12:03.8	559
567	2:00:46	MCCABE, Ashlee	WalkRun NRR	Female under 35	12:04.4	627
568	2:00:46	THOMAS, Louise	Bodmin Womens RC	Female under 35	12:04.4	343
569	2:01:00	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	12:05.8	322
570	2:01:49	BILLINGTON, Tish	Hayle Runners	Female under 35	12:10.7	130
571	2:03:38	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	12:21.6	107
572	2:03:53	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	12:23.1	458
573	2:03:56	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 40-44	12:23.4	205
574	2:05:07	ALCON-MILNER, Sophie		Female Vet 40-44	12:30.5	137
575	2:05:07	DUTCHAK, Hannah	JP Fitness Cornwall	Female under 35	12:30.5	554
576	2:05:07	PETT, Jane	JP Fitness Cornwall	Female Vet 40-44	12:30.5	266
577	2:08:18	DREW, Carole	Carn Runners	Female Vet 70-74	12:49.6	594
578	2:08:28	WYATT, Liz	St Austell Running Club	Female Vet 45-49	12:50.6	460
579	2:08:28	WRIGHT, Mike	Hayle Runners	Male Vet 65-69	12:50.6	418
580	2:17:25	GARBETT, Nisebo		Female Vet 60-64	13:44.3	2