

## Cornish Marathon2018

Sunday 4 November 2018. 10:00 am

Results for All Competitors in finish order.

| <u>Place</u> | <u>Time</u> | <u>Name</u>       | <u>Team</u>             | <u>Category</u>  | <u>Pace</u> | <u>No</u> |
|--------------|-------------|-------------------|-------------------------|------------------|-------------|-----------|
| 1            | 2:35:29     | NASH, Dan         | Cardiff AAC             | Male Under 35    | 05:55.9     | 354       |
| 2            | 2:44:59     | ALSOP, Daniel     | St Austell Running Club | Male Vet 35-39   | 06:17.7     | 307       |
| 3            | 2:48:41     | NICHOLAS, Stuart  | St Austell Running Club | Male Under 35    | 06:26.2     | 432       |
| 4            | 2:52:35     | SMERDON, Marc     | East Cornwall Harriers  | Male Under 35    | 06:35.1     | 442       |
| 5            | 2:58:02     | WILLIAMS, Simon S | St Austell Running Club | Male Vet 45-49   | 06:47.6     | 127       |
| 6            | 3:07:22     | MASTERS, Jamie    | St Austell Running Club | Male Under 35    | 07:08.9     | 301       |
| 7            | 3:09:03     | STONE, Dave       | Exeter Harriers         | Male Vet 45-49   | 07:12.8     | 447       |
| 8            | 3:11:55     | BIRD, Jamie       | 100 Marathon Club       | Male Vet 50-54   | 07:19.4     | 133       |
| 9            | 3:12:42     | BABBS, Steve      | Newquay Road Runners    | Male Vet 50-54   | 07:21.2     | 449       |
| 10           | 3:14:06     | ROBINSON, Hugh    | Okehampton Running Club | Male Vet 40-44   | 07:24.4     | 217       |
| 11           | 3:15:31     | FOX, Danny        | Truro Running Club      | Male Vet 40-44   | 07:27.6     | 72        |
| 12           | 3:15:44     | FULLER, Stephen   | Hayle Runners           | Male Vet 50-54   | 07:28.1     | 422       |
| 13           | 3:17:18     | WISNER, John      | St Austell Running Club | Male Vet 45-49   | 07:31.7     | 94        |
| 14           | 3:17:21     | CARR, James       |                         | Male Vet 35-39   | 07:31.8     | 228       |
| 15           | 3:19:19     | CARTER, Paul      | Okehampton Running Club | Male Vet 50-54   | 07:36.3     | 188       |
| 16           | 3:19:36     | DEACON, Mark      | Looe Pioneers           | Male Under 35    | 07:37.0     | 75        |
| 17           | 3:19:58     | BARNET, James     | Falmouth Road Runners   | Male Under 35    | 07:37.8     | 303       |
| 18           | 3:20:35     | ADAMS, Tim        | St Austell Running Club | Male Vet 45-49   | 07:39.2     | 205       |
| 19           | 3:22:40     | SHEPHERD, David   | Plymouth Musketeers RC  | Male Vet 35-39   | 07:44.0     | 375       |
| 20           | 3:22:43     | TAYLOR, Allen     | Teinbridge Trotters     | Male Vet 45-49   | 07:44.1     | 86        |
| 21           | 3:24:30     | VOADEN, Roger     | Okehampton Running Club | Male Vet 50-54   | 07:48.2     | 233       |
| 22           | 3:24:50     | TEDDER, Dale      | Looe Pioneers           | Male Vet 35-39   | 07:48.9     | 289       |
| 23           | 3:25:10     | WILLIAMS, Gary    | Looe Pioneers           | Male Vet 35-39   | 07:49.7     | 270       |
| 24           | 3:26:41     | MASON, Lance      | Teinbridge Trotters     | Male Vet 55-59   | 07:53.2     | 147       |
| 25           | 3:26:52     | JEFFERY, Alan     |                         | Male Vet 45-49   | 07:53.6     | 413       |
| 26           | 3:26:58     | WATSON, Robin     | Falmouth Road Runners   | Male Vet 50-54   | 07:53.8     | 298       |
| 27           | 3:27:10     | BOUMPHREY, Steve  |                         | Male Vet 45-49   | 07:54.3     | 258       |
| 28           | 3:27:44     | HAM, Richard      | Team H                  | Male Under 35    | 07:55.6     | 276       |
| 29           | 3:27:47     | LAKE, Emma        | Erme Valley Harriers    | Female Vet 40-44 | 07:55.7     | 55        |
| 30           | 3:29:28     | HIRONS, Sarah     | Erme Valley Harriers    | Female Vet 35-39 | 07:59.5     | 378       |
| 31           | 3:30:03     | MUSSON, Stuart    | Truro Running Club      | Male Vet 35-39   | 08:00.9     | 285       |
| 32           | 3:30:25     | POWELL, Simon     | Mud Crew                | Male Vet 35-39   | 08:01.7     | 282       |

|    |         |                        |                              |                  |         |     |
|----|---------|------------------------|------------------------------|------------------|---------|-----|
| 33 | 3:30:31 | NICHOLLS, Daniel       | St Austell Running Club      | Male Under 35    | 08:01.9 | 119 |
| 34 | 3:33:11 | JACKSON, Matthew       |                              | Male Under 35    | 08:08.1 | 77  |
| 35 | 3:33:43 | MONTGOMERY-SMITH, Phil | St Austell Running Club      | Male Vet 45-49   | 08:09.3 | 112 |
| 36 | 3:34:04 | CLARKE, Peter          | Tamar Trotters               | Male Vet 40-44   | 08:10.1 | 229 |
| 37 | 3:34:10 | BAYLY, Marc            | Newquay Road Runners         | Male Vet 40-44   | 08:10.3 | 251 |
| 38 | 3:35:08 | BLEE, Matt             | Running Forever Running Club | Male Under 35    | 08:12.5 | 411 |
| 39 | 3:35:11 | ROBERTS, Adam          | Exeter Harriers              | Male Under 35    | 08:12.6 | 265 |
| 40 | 3:35:13 | HAYWOOD, Nigel         | Purbeck Runners              | Male Vet 60-64   | 08:12.7 | 118 |
| 41 | 3:35:14 | LI, Jordan             | Team H                       | Male Under 35    | 08:12.7 | 53  |
| 42 | 3:35:26 | WHARTON, Samantha      | Running Forever Taunton      | Female Vet 40-44 | 08:13.2 | 396 |
| 43 | 3:35:40 | BROWN, Steve           | Falmouth Road Runners        | Male Vet 50-54   | 08:13.7 | 144 |
| 44 | 3:35:50 | BUSCOMBE, Jessica      | St Austell Running Club      | Female Under 35  | 08:14.1 | 69  |
| 45 | 3:36:04 | ROY, Diane             | East Cornwall Harriers       | Female Vet 55-59 | 08:14.7 | 437 |
| 46 | 3:36:18 | ROBINSON, Joanne       | Looe Pioneers                | Female Vet 40-44 | 08:15.2 | 277 |
| 47 | 3:36:48 | WILLIAMS, Alan         | Tamar Trotters               | Male Vet 35-39   | 08:16.3 | 367 |
| 48 | 3:36:50 | BRYANT, Graham         | Okehampton Running Club      | Male Under 35    | 08:16.4 | 336 |
| 49 | 3:36:55 | COSTELLO, Daniel       | Hayle Runners                | Male Under 35    | 08:16.6 | 95  |
| 50 | 3:38:42 | BRADLEY, Matt          | Team H                       | Male Vet 45-49   | 08:20.7 | 174 |
| 51 | 3:39:18 | GAULD, Matthew         | South West Road Runners      | Male Vet 40-44   | 08:22.1 | 296 |
| 52 | 3:39:45 | WEBB, Martin           | Running Forever Running Club | Male Vet 40-44   | 08:23.1 | 403 |
| 53 | 3:40:07 | TREBILCOCK, Mark       | Cornwall AC                  | Male Vet 55-59   | 08:23.9 | 308 |
| 54 | 3:40:42 | SCHUMANN, Lyal         |                              | Male Vet 40-44   | 08:25.3 | 347 |
| 55 | 3:40:59 | PERCY-HUGHES, Eddie    |                              | Male Vet 35-39   | 08:25.9 | 89  |
| 56 | 3:41:42 | HARVEY, Darren         | East Cornwall Harriers       | Male Vet 40-44   | 08:27.6 | 440 |
| 57 | 3:41:42 | LITTLEWOOD, Ian        | East Cornwall Harriers       | Male Vet 40-44   | 08:27.6 | 22  |
| 58 | 3:42:25 | WHERRY, Alan           | St Austell Running Club      | Male Vet 50-54   | 08:29.2 | 180 |
| 59 | 3:42:41 | MATHEWS, Ross          |                              | Male Vet 40-44   | 08:29.8 | 30  |
| 60 | 3:43:28 | HATELEY, Katie         | Stilton Striders             | Female Vet 40-44 | 08:31.6 | 166 |
| 61 | 3:44:12 | ROWE, Tim              |                              | Male Vet 40-44   | 08:33.3 | 269 |
| 62 | 3:44:38 | BATHE, Colin           | Truro Running Club           | Male Vet 45-49   | 08:34.3 | 220 |
| 63 | 3:45:38 | BALDWIN, Katie         | Plymouth Musketeers RC       | Female Under 35  | 08:36.6 | 381 |
| 64 | 3:45:48 | BREMNER, Jane          | Tamar Trotters               | Female Vet 60-64 | 08:36.9 | 319 |
| 65 | 3:45:52 | TOURELL-HARRIS, Jon    | East Cornwall Harriers       | Male Vet 45-49   | 08:37.1 | 405 |
| 66 | 3:45:57 | LANGSTAFF, Emma        | Looe Pioneers                | Female Vet 40-44 | 08:37.3 | 96  |
| 67 | 3:48:03 | JEWETT, Melanie        | 100 Marathon Club            | Female Vet 45-49 | 08:42.1 | 191 |
| 68 | 3:48:29 | SPENCER, Julian        | Truro Running Club           | Male Vet 50-54   | 08:43.1 | 379 |
| 69 | 3:49:11 | FOSTER, Richard        | Launceston Road Runners      | Male Vet 45-49   | 08:44.7 | 254 |
| 70 | 3:49:24 | BRADBURY, Rosie        | Falmouth Road Runners        | Female Under 35  | 08:45.2 | 318 |
| 71 | 3:49:24 | SOPP, Tom              | Falmouth Road Runners        | Male Vet 40-44   | 08:45.2 | 101 |

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|-----|---------|-------------------|------------------------------|------------------|---------|-----|
| 72  | 3:49:24 | HARGREAVES, Pez   | Falmouth Road Runners        | Male Vet 50-54   | 08:45.2 | 268 |
| 73  | 3:49:34 | PROUSE, Martyn    |                              | Male Vet 40-44   | 08:45.6 | 158 |
| 74  | 3:49:51 | SPEAKE, David     | St Austell Running Club      | Male Vet 45-49   | 08:46.2 | 206 |
| 75  | 3:50:13 | BEARD, Robert     | Bodmin Road Runners          | Male Vet 50-54   | 08:47.1 | 32  |
| 76  | 3:50:18 | JARRAM, Benjamin  | Launceston Road Runners      | Male Under 35    | 08:47.2 | 48  |
| 77  | 3:51:10 | BROWN, Steven     | UK Run Chat                  | Male Vet 35-39   | 08:49.2 | 78  |
| 78  | 3:51:25 | KEY, Bethany      |                              | Female Under 35  | 08:49.8 | 148 |
| 79  | 3:51:31 | KINGSCOTT, Thomas |                              | Male Under 35    | 08:50.0 | 99  |
| 80  | 3:51:43 | JONES, Stephen    | Truro Running Club           | Male Vet 35-39   | 08:50.5 | 363 |
| 81  | 3:51:51 | MORGAN, Martin    | Bodmin Road Runners          | Male Vet 60-64   | 08:50.8 | 361 |
| 82  | 3:52:39 | ANGILLEY, Jayne   | Cornwall AC                  | Female Vet 55-59 | 08:52.6 | 423 |
| 83  | 3:52:40 | SPIVEY, Gary      | Looe Pioneers                | Male Vet 40-44   | 08:52.7 | 50  |
| 84  | 3:53:00 | BLACKBURN, Amy    | Mile High Running Club       | Female Under 35  | 08:53.4 | 297 |
| 85  | 3:53:54 | BURMAN, Debbie    |                              | Female Vet 35-39 | 08:55.5 | 444 |
| 86  | 3:54:07 | KELLY, Nicola     |                              | Female Vet 35-39 | 08:56.0 | 31  |
| 87  | 3:55:00 | BURGESS, Andrew   | Running Forever Running Club | Male Vet 45-49   | 08:58.0 | 402 |
| 88  | 3:55:34 | PICK, Robert      | East Cornwall Harriers       | Male Vet 60-64   | 08:59.3 | 1   |
| 89  | 3:56:05 | CRANE, Jon        | Running for Time             | Male Vet 50-54   | 09:00.5 | 152 |
| 90  | 3:57:09 | QUEEN, Stuart     | Plymouth Musketeers RC       | Male Vet 45-49   | 09:02.9 | 142 |
| 91  | 3:57:43 | HICKEY, James     |                              | Male Under 35    | 09:04.2 | 29  |
| 92  | 3:57:46 | ARROWSMITH, Paul  | East Cornwall Harriers       | Male Vet 40-44   | 09:04.3 | 433 |
| 93  | 3:57:48 | GIBSON, Amanda    | Looe Pioneers                | Female Vet 40-44 | 09:04.4 | 237 |
| 94  | 3:57:55 | DENSON, Simon     | Running Forever Running Club | Male Vet 45-49   | 09:04.7 | 399 |
| 95  | 3:58:15 | MACAULEY, Alan    | Tamar Trotters               | Male Vet 50-54   | 09:05.4 | 115 |
| 96  | 3:58:18 | WALDRON, Ally     | Vegan Runners UK             | Female Vet 45-49 | 09:05.6 | 164 |
| 97  | 3:58:20 | RICKSON, Leanne   |                              | Female Vet 40-44 | 09:05.6 | 132 |
| 98  | 3:58:32 | TALLING, Glyn     | Newquay Road Runners         | Male Vet 45-49   | 09:06.1 | 346 |
| 99  | 3:58:52 | STEPHENS, Emma    | Bodmin Road Runners          | Female Under 35  | 09:06.9 | 360 |
| 100 | 3:58:53 | FRENCH, Martin    | Plymouth Musketeers RC       | Male Vet 40-44   | 09:06.9 | 159 |
| 101 | 3:59:00 | MARKS, Stacie     | St Austell Running Club      | Female Under 35  | 09:07.2 | 261 |
| 102 | 3:59:07 | SHAPLAND, Harry   | Storm                        | Male Under 35    | 09:07.4 | 426 |
| 103 | 4:00:55 | HOSKEN, Richard   |                              | Male Vet 40-44   | 09:11.6 | 167 |
| 104 | 4:02:07 | KNOWLES, Helen    | Hayle Runners                | Female Vet 40-44 | 09:14.3 | 317 |
| 105 | 4:02:38 | WALLBANK, Rob     |                              | Male Vet 35-39   | 09:15.5 | 111 |
| 106 | 4:03:00 | MCDIARMID, James  |                              | Male Vet 50-54   | 09:16.3 | 292 |
| 107 | 4:03:09 | CULLERTON, Mark   | Plymouth Musketeers RC       | Male Vet 45-49   | 09:16.7 | 177 |
| 108 | 4:03:39 | BANFIELD, Andrew  |                              | Male Vet 35-39   | 09:17.8 | 117 |
| 109 | 4:03:42 | LESTER, David     |                              | Male Vet 50-54   | 09:17.9 | 255 |
| 110 | 4:04:05 | SHARPLES, Paul    | Teinbridge Trotters          | Male Vet 60-64   | 09:18.8 | 190 |

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|-----|---------|------------------------|-------------------------------|------------------|---------|-----|
| 111 | 4:04:09 | CRABB, Sally           | Looe Pioneers                 | Female Vet 40-44 | 09:19.0 | 66  |
| 112 | 4:04:16 | HITCHENS, Wietske      | Carn Runners                  | Female Vet 50-54 | 09:19.2 | 293 |
| 113 | 4:04:31 | HARTILL, Gail          | Bodmin Road Runners           | Female Vet 40-44 | 09:19.8 | 121 |
| 114 | 4:04:37 | ZINN, Simon            |                               | Male Vet 35-39   | 09:20.0 | 353 |
| 115 | 4:04:58 | BUNTING, Colin         | Tamar Trotters                | Male Vet 50-54   | 09:20.8 | 280 |
| 116 | 4:05:14 | STAYNER, Neal          |                               | Male Vet 50-54   | 09:21.4 | 218 |
| 117 | 4:05:42 | TURNER, Kerry          |                               | Female Vet 40-44 | 09:22.5 | 227 |
| 118 | 4:05:44 | COLLINS, Joanna        | St Austell Running Club       | Female Under 35  | 09:22.6 | 208 |
| 119 | 4:06:11 | MARTIN, John           | Running Forever Taunton       | Male Vet 40-44   | 09:23.6 | 401 |
| 120 | 4:06:22 | WHITTAKER, Nicholas    | Newquay Road Runners          | Male Vet 50-54   | 09:24.0 | 201 |
| 121 | 4:07:14 | BROWN, Bob             | East Cornwall Harriers        | Male Vet 45-49   | 09:26.0 | 448 |
| 122 | 4:07:29 | HEWITT, Chris          |                               | Male Under 35    | 09:26.6 | 421 |
| 123 | 4:07:34 | OSBORNE, Barry         | PB Running                    | Male Vet 45-49   | 09:26.8 | 356 |
| 124 | 4:08:12 | JEFFREY-JONES, Monique | Bodmin Women's RC             | Female Vet 45-49 | 09:28.2 | 414 |
| 125 | 4:08:19 | ALLEN, Peter           | Newquay Road Runners          | Male Vet 60-64   | 09:28.5 | 266 |
| 126 | 4:09:24 | CIANO, Phillip         | Newquay Road Runners          | Male Vet 50-54   | 09:31.0 | 185 |
| 127 | 4:09:37 | SPENCER, Christopher   |                               | Male Vet 55-59   | 09:31.5 | 259 |
| 128 | 4:09:43 | BULLOCK, Katie         | Newquay Road Runners          | Female Under 35  | 09:31.7 | 23  |
| 129 | 4:10:04 | SPURRELL, Adrain       |                               | Male Vet 55-59   | 09:32.5 | 214 |
| 130 | 4:10:09 | JAMESON, David         |                               | Male Vet 60-64   | 09:32.7 | 138 |
| 131 | 4:11:35 | THOMAS, Mark           | Truro Running Club            | Male Vet 45-49   | 09:36.0 | 283 |
| 132 | 4:11:45 | PULLEN, Marsh          |                               | Male Vet 35-39   | 09:36.4 | 445 |
| 133 | 4:12:34 | GERRARD, Corrine       | Hayle Runners                 | Female Vet 45-49 | 09:38.2 | 135 |
| 134 | 4:12:34 | BARRETT, Chris         | Hayle Runners                 | Male Vet 45-49   | 09:38.2 | 136 |
| 135 | 4:12:38 | HYNES, Jane            | Launceston Road Runners       | Female Vet 50-54 | 09:38.4 | 13  |
| 136 | 4:13:01 | DOBSON, Mark           |                               | Male Vet 35-39   | 09:39.3 | 102 |
| 137 | 4:14:04 | PANAGIOTIS, Mystridis  |                               | Male Under 35    | 09:41.7 | 17  |
| 138 | 4:14:26 | HILL, Jeremy           | St Austell Running Club       | Male Vet 35-39   | 09:42.5 | 369 |
| 139 | 4:14:56 | BAKER, Sean            | Looe Pioneers                 | Male Vet 40-44   | 09:43.6 | 373 |
| 140 | 4:14:58 | WILLIAMS, Guy          | Yeovil Town Road Running Club | Male Vet 50-54   | 09:43.7 | 193 |
| 141 | 4:15:08 | WATTS, Shaun           | North Devon Road Runners      | Male Vet 45-49   | 09:44.1 | 162 |
| 142 | 4:15:20 | HEAD, Martin           | Beer Alston Trekkers          | Male Vet 50-54   | 09:44.6 | 243 |
| 143 | 4:15:30 | IRWIN, Mike            |                               | Male Vet 50-54   | 09:44.9 | 271 |
| 144 | 4:15:58 | GUNN, Chris            | Running Forever Running Club  | Male Vet 45-49   | 09:46.0 | 410 |
| 145 | 4:16:07 | MCAUGHEY, Peter        | Launceston Road Runners       | Male Vet 45-49   | 09:46.4 | 6   |
| 146 | 4:16:20 | HARRISON, Nick         | Launceston Road Runners       | Male Vet 40-44   | 09:46.8 | 103 |
| 147 | 4:16:21 | YEOMAN, James          |                               | Male Vet 40-44   | 09:46.9 | 4   |
| 148 | 4:16:37 | HUMPHRIES, Andy        |                               | Male Vet 50-54   | 09:47.5 | 249 |
| 149 | 4:16:57 | POLLARD, Tim           |                               | Male Vet 50-54   | 09:48.3 | 15  |

|     |         |                    |                              |                  |         |     |
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| 150 | 4:17:02 | SMILES, Sam        | Tamar Trotters               | Male Under 35    | 09:48.5 | 351 |
| 151 | 4:17:04 | DAW, Sharon        | East Cornwall Harriers       | Female Vet 50-54 | 09:48.5 | 100 |
| 152 | 4:17:19 | MILLS, Jenny       | Launceston Road Runners      | Female Vet 65-69 | 09:49.1 | 323 |
| 153 | 4:17:30 | JAY, Andrew        | St Austell Running Club      | Male Vet 40-44   | 09:49.5 | 334 |
| 154 | 4:17:47 | PECK, Crispin      | Tamar Trotters               | Male Vet 50-54   | 09:50.2 | 350 |
| 155 | 4:18:14 | STEPHENS, Jane     | Bodmin Road Runners          | Female Vet 50-54 | 09:51.2 | 328 |
| 156 | 4:18:22 | GREER, Michael     | St Austell Running Club      | Male Vet 35-39   | 09:51.5 | 338 |
| 157 | 4:18:24 | MCLEAN, Luke       | Mounts Bay Harriers          | Male Vet 35-39   | 09:51.6 | 257 |
| 158 | 4:18:27 | COLLINS, Beverley  | Running Forever Running Club | Female Vet 55-59 | 09:51.7 | 391 |
| 159 | 4:18:28 | CATNACH, Alison    | Looe Pioneers                | Female Vet 40-44 | 09:51.7 | 241 |
| 160 | 4:18:49 | JEFFERY, Jason     | Launceston Road Runners      | Male Vet 45-49   | 09:52.5 | 163 |
| 161 | 4:18:59 | MOORE, Jane        | St Austell Running Club      | Female Vet 55-59 | 09:52.9 | 122 |
| 162 | 4:19:07 | MILLWARD, Laura    | Carn Runners                 | Female Vet 55-59 | 09:53.2 | 210 |
| 163 | 4:19:44 | ALSOP, Doug        | St Austell Running Club      | Male Vet 70+     | 09:54.6 | 253 |
| 164 | 4:19:55 | HOUGHTON, John     | Stilton Striders             | Male Vet 50-54   | 09:55.1 | 165 |
| 165 | 4:20:57 | EVENDEN, Paul      | Tamar Trail Runners          | Male Vet 50-54   | 09:57.4 | 245 |
| 166 | 4:21:17 | TALLING, Lisa      | Newquay Road Runners         | Female Vet 50-54 | 09:58.2 | 412 |
| 167 | 4:21:21 | WHITLEY, Helen     | Tamar Trotters               | Female Vet 40-44 | 09:58.3 | 326 |
| 168 | 4:21:21 | JONES, Mike        | Tamar Trotters               | Male Vet 45-49   | 09:58.3 | 263 |
| 169 | 4:21:22 | YOUNG, Stephen     | 100 Marathon Club            | Male Vet 45-49   | 09:58.4 | 90  |
| 170 | 4:21:24 | GARAGHON, Jordan   |                              | Male Under 35    | 09:58.5 | 267 |
| 171 | 4:21:24 | BARBER, Simon      |                              | Male Vet 40-44   | 09:58.5 | 371 |
| 172 | 4:21:56 | HALL, Peter        | Running Forever Running Club | Male Vet 60-64   | 09:59.7 | 387 |
| 173 | 4:22:15 | FLEVAS, Costas     | 100 Marathon Club            | Male Vet 35-39   | 10:00.4 | 203 |
| 174 | 4:22:16 | NICHOLLS, Meeta    | East Cornwall Harriers       | Female Vet 40-44 | 10:00.4 | 439 |
| 175 | 4:22:23 | PEDRICK, Richard   | South West Road Runners      | Male Under 35    | 10:00.7 | 114 |
| 176 | 4:22:38 | HENDERSON, Matthew | St Austell Running Club      | Male Under 35    | 10:01.3 | 284 |
| 177 | 4:22:45 | PATEMAN, Scott     | St Austell Running Club      | Male Vet 45-49   | 10:01.5 | 215 |
| 178 | 4:23:20 | CHALLIS, Emma      | Cats Protection              | Female Vet 45-49 | 10:02.9 | 186 |
| 179 | 4:23:21 | ROBINSON, Sarah    | Plymouth Musketeers RC       | Female Vet 40-44 | 10:02.9 | 407 |
| 180 | 4:23:21 | HOATSON, Chloe     | Plymouth Musketeers RC       | Female Vet 35-39 | 10:02.9 | 420 |
| 181 | 4:23:46 | GILES, Alan        | St Austell Running Club      | Male Under 35    | 10:03.9 | 40  |
| 182 | 4:23:49 | WARNER, Mandy      |                              | Female Vet 45-49 | 10:04.0 | 316 |
| 183 | 4:24:09 | BEARD, Sharon      | Bodmin Road Runners          | Female Vet 45-49 | 10:04.7 | 33  |
| 184 | 4:24:12 | ARGUE, Tanya       | Beer Alston Trekkers         | Female Vet 45-49 | 10:04.9 | 236 |
| 185 | 4:24:12 | BIRCH, Lisa        | Beer Alston Trekkers         | Female Vet 50-54 | 10:04.9 | 244 |
| 186 | 4:24:31 | GOY, Lucy          | JP Fitness Cornwall          | Female Vet 40-44 | 10:05.6 | 409 |
| 187 | 4:24:32 | WALLIS, Rachel     | JP Fitness Cornwall          | Female Vet 40-44 | 10:05.6 | 97  |
| 188 | 4:24:45 | SPEAKE, Adam       | Tamar Trotters               | Male Vet 50-54   | 10:06.1 | 230 |

|     |         |                   |                              |                  |         |     |
|-----|---------|-------------------|------------------------------|------------------|---------|-----|
| 189 | 4:25:09 | BUTLER, Damon     | Running Forever Running Club | Male Vet 50-54   | 10:07.0 | 393 |
| 190 | 4:25:13 | BICKLE, Andrew    | Tamar Trail Runners          | Male Vet 60-64   | 10:07.2 | 108 |
| 191 | 4:25:43 | LOCKYER, James    | East Cornwall Harriers       | Male Vet 60-64   | 10:08.3 | 441 |
| 192 | 4:26:06 | MORAN, Tim        | Carn Runners                 | Male Vet 35-39   | 10:09.2 | 344 |
| 193 | 4:26:06 | MOORE, Jake       |                              | Male Under 35    | 10:09.2 | 345 |
| 194 | 4:26:06 | MALONEY, Matt     | Carn Runners                 | Male Under 35    | 10:09.2 | 310 |
| 195 | 4:26:06 | JOHNSON, Paul     | St Austell Running Club      | Male Under 35    | 10:09.2 | 343 |
| 196 | 4:26:11 | LOCKETT, Patrick  | Newquay Road Runners         | Male Vet 70+     | 10:09.4 | 357 |
| 197 | 4:26:12 | MILES, Carl       |                              | Male Vet 40-44   | 10:09.4 | 76  |
| 198 | 4:26:46 | HUGHES, Alan      | Bodmin Road Runners          | Male Under 35    | 10:10.7 | 306 |
| 199 | 4:27:19 | HIGHAM, Andy      | Running Forever Running Club | Male Vet 50-54   | 10:12.0 | 418 |
| 200 | 4:27:23 | HUNT, John        | Running Forever Running Club | Male Vet 55-59   | 10:12.1 | 398 |
| 201 | 4:27:38 | RENNELLS, Keith   |                              | Male Vet 55-59   | 10:12.7 | 129 |
| 202 | 4:28:06 | CLARKE, Ben       |                              | Male Under 35    | 10:13.8 | 70  |
| 203 | 4:28:31 | PROWSE, Kirsty    | DSFRS Running Club           | Female Under 35  | 10:14.7 | 240 |
| 204 | 4:28:31 | TAPP, Sara        | Team H                       | Female Vet 45-49 | 10:14.7 | 146 |
| 205 | 4:28:33 | BARRIBALL, Julie  | Launceston Road Runners      | Female Vet 50-54 | 10:14.8 | 302 |
| 206 | 4:28:35 | SHIPTON, Jason    | Launceston Road Runners      | Male Vet 45-49   | 10:14.9 | 337 |
| 207 | 4:28:39 | BUDGE, Claire     | St Austell Running Club      | Female Vet 40-44 | 10:15.0 | 105 |
| 208 | 4:29:01 | JONES, Stephen    | Carn Runners                 | Male Vet 45-49   | 10:15.9 | 104 |
| 209 | 4:29:15 | LEACH, Ben        |                              | Male Vet 40-44   | 10:16.4 | 332 |
| 210 | 4:29:30 | REAH, Christopher | Running Forever Running Club | Male Vet 40-44   | 10:17.0 | 406 |
| 211 | 4:29:56 | WEBB, Jane        |                              | Female Vet 50-54 | 10:18.0 | 434 |
| 212 | 4:29:58 | ROWETT, Gareth    | St Austell Running Club      | Male Under 35    | 10:18.1 | 246 |
| 213 | 4:30:02 | WALKER, Karl      | St Austell Running Club      | Male Vet 55-59   | 10:18.2 | 47  |
| 214 | 4:30:16 | BAWLER, Ian       | Running Forever Running Club | Male Vet 40-44   | 10:18.8 | 394 |
| 215 | 4:30:33 | CROCK, Amy        | Newquay Road Runners         | Female Under 35  | 10:19.4 | 60  |
| 216 | 4:30:33 | CROCK, Andy       | Dawlish Coasters             | Male Vet 60-64   | 10:19.4 | 67  |
| 217 | 4:30:57 | YOUNG, Rachael    | East Cornwall Harriers       | Female Vet 45-49 | 10:20.3 | 12  |
| 218 | 4:31:03 | GIBSON, Philip    | Looe Pioneers                | Male Vet 40-44   | 10:20.5 | 238 |
| 219 | 4:31:17 | MARTIN, Samantha  | Plymouth Musketeers RC       | Female Vet 45-49 | 10:21.1 | 169 |
| 220 | 4:32:01 | BOWERS, Karina    | St Austell Running Club      | Female Vet 35-39 | 10:22.8 | 36  |
| 221 | 4:32:45 | JONES, Joshua     |                              | Male Under 35    | 10:24.4 | 71  |
| 222 | 4:32:51 | GEARING, Nicola   | Tri Logic Cornwall           | Female Vet 35-39 | 10:24.7 | 368 |
| 223 | 4:32:58 | LAWRY, Ross       | St Austell Running Club      | Male Vet 40-44   | 10:24.9 | 38  |
| 224 | 4:33:23 | LOCK, Zoe         | Hayle Runners                | Female Vet 35-39 | 10:25.9 | 273 |
| 225 | 4:33:31 | LAWES, Helen      | Looe Pioneers                | Female Vet 45-49 | 10:26.2 | 279 |
| 226 | 4:33:56 | POULTNEY, Melissa | Mud Crew                     | Female Vet 35-39 | 10:27.1 | 380 |
| 227 | 4:33:56 | SULLIVAN, Sharon  | Carn Runners                 | Female Vet 45-49 | 10:27.1 | 288 |

|     |         |                         |                              |                  |         |     |
|-----|---------|-------------------------|------------------------------|------------------|---------|-----|
| 228 | 4:34:15 | TUER, Sally             | Running Forever Running Club | Female Vet 60-64 | 10:27.9 | 395 |
| 229 | 4:34:20 | DURSLEY, Paul           | Lliswerfy Runners            | Male Vet 65-69   | 10:28.1 | 194 |
| 230 | 4:34:24 | BANDYSZEWSKI, Brian     | Running Forever Running Club | Male Vet 55-59   | 10:28.2 | 428 |
| 231 | 4:35:19 | BRAYBROOK, Holly        |                              | Female Vet 35-39 | 10:30.3 | 82  |
| 232 | 4:35:20 | QUELCH, Jonathan        | East Cornwall Harriers       | Male Vet 45-49   | 10:30.4 | 355 |
| 233 | 4:35:23 | JONES, Richard          | 100 Marathon Club            | Male Vet 45-49   | 10:30.5 | 286 |
| 234 | 4:35:25 | MARSHALL, Dave          | Running Forever Running Club | Male Vet 35-39   | 10:30.5 | 416 |
| 235 | 4:36:43 | MARSHALL, Debbie        | St Austell Running Club      | Female Vet 40-44 | 10:33.5 | 79  |
| 236 | 4:37:24 | TOLLADAY, Claire        |                              | Female Vet 40-44 | 10:35.1 | 187 |
| 237 | 4:37:25 | MARTIN, Gary            | Plymouth Musketeers RC       | Male Vet 45-49   | 10:35.1 | 168 |
| 238 | 4:37:25 | LAMERTON, Maggie        | Plymouth Musketeers RC       | Female Vet 45-49 | 10:35.1 | 173 |
| 239 | 4:38:00 | STEDMAN, Jane           | 100 Marathon Club            | Female Vet 55-59 | 10:36.5 | 80  |
| 240 | 4:38:40 | BAZELEY, Sarah          | St Austell Running Club      | Female Vet 50-54 | 10:38.0 | 43  |
| 241 | 4:38:50 | MORGADO, Chole          | Cornwall AC                  | Female Vet 40-44 | 10:38.4 | 384 |
| 242 | 4:38:51 | BALL, Lisa              |                              | Female Under 35  | 10:38.4 | 125 |
| 243 | 4:39:30 | TREMELT, Sue            | Teinbridge Trotters          | Female Vet 55-59 | 10:39.9 | 359 |
| 244 | 4:39:55 | MONTGOMERY-SMITH, Taryn | St Austell Running Club      | Female Vet 40-44 | 10:40.8 | 113 |
| 245 | 4:40:38 | EVANS, Mark             | Tamar Trotters               | Male Vet 55-59   | 10:42.5 | 377 |
| 246 | 4:40:38 | MORRIS, Sean            | Storm                        | Male Vet 45-49   | 10:42.5 | 424 |
| 247 | 4:41:05 | KNELL, Stephen          | Egdon Heath                  | Male Vet 40-44   | 10:43.5 | 124 |
| 248 | 4:41:52 | TRUSCOTT, Neil          | St Austell Running Club      | Male Vet 40-44   | 10:45.3 | 340 |
| 249 | 4:43:23 | HASKINS, Jackie         |                              | Female Vet 40-44 | 10:48.8 | 358 |
| 250 | 4:43:26 | KELLY, Joanne           | Canicross Cornwall           | Female Vet 40-44 | 10:48.9 | 333 |
| 251 | 4:43:58 | GROSE, Amy              |                              | Female Under 35  | 10:50.1 | 341 |
| 252 | 4:44:04 | CAREY, Nicholas         | Bodmin Road Runners          | Male Vet 40-44   | 10:50.3 | 212 |
| 253 | 4:44:33 | BISHOP, Gary            | Plymouth Harriers            | Male Vet 45-49   | 10:51.5 | 382 |
| 254 | 4:44:46 | CHASE, Andy             | St Austell Running Club      | Male Under 35    | 10:52.0 | 61  |
| 255 | 4:45:00 | FORSTER, Emma           | Plymouth Musketeers RC       | Female Vet 45-49 | 10:52.5 | 374 |
| 256 | 4:45:00 | WHIPP, Chris            | Plymouth Musketeers RC       | Male Vet 50-54   | 10:52.5 | 161 |
| 257 | 4:45:40 | SUDELL, John            | East Cornwall Harriers       | Male Vet 60-64   | 10:54.0 | 189 |
| 258 | 4:45:56 | VARE, Gemma             | Bodmin Road Runners          | Female Under 35  | 10:54.6 | 204 |
| 259 | 4:46:08 | GILBERT, Cara           |                              | Female Vet 40-44 | 10:55.1 | 5   |
| 260 | 4:46:56 | KINVER, Karenza         | Looe Pioneers                | Female Under 35  | 10:56.9 | 198 |
| 261 | 4:46:56 | KINVER, Tamsyn          | Looe Pioneers                | Female Under 35  | 10:56.9 | 202 |
| 262 | 4:47:15 | PATEMAN, Gemma          | St Austell Running Club      | Female Vet 40-44 | 10:57.6 | 213 |
| 263 | 4:47:43 | HARTILL, Taylor         | Bodmin Road Runners          | Male Under 35    | 10:58.7 | 430 |
| 264 | 4:47:44 | HICKS, Derek            | Beer Alston Trekkers         | Male Vet 65-69   | 10:58.7 | 312 |
| 265 | 4:48:22 | CULLERTON, Tracey       | Plymouth Musketeers RC       | Female Vet 45-49 | 11:00.2 | 176 |
| 266 | 4:48:45 | DALES, Emma             | East Cornwall Harriers       | Female Vet 55-59 | 11:01.1 | 281 |

|     |         |                   |                              |                  |         |     |
|-----|---------|-------------------|------------------------------|------------------|---------|-----|
| 267 | 4:49:25 | GIBBONS, Rebekah  |                              | Female Under 35  | 11:02.6 | 137 |
| 268 | 4:49:55 | LOWE, Wendy       | St Austell Running Club      | Female Vet 60-64 | 11:03.7 | 19  |
| 269 | 4:49:55 | EVANS, Lucy       |                              | Female Vet 40-44 | 11:03.7 | 25  |
| 270 | 4:50:18 | ROWE, Melissa     | St Austell Running Club      | Female Vet 45-49 | 11:04.6 | 62  |
| 271 | 4:50:33 | BENNETT, David    | Plymouth Musketeers RC       | Male Vet 45-49   | 11:05.2 | 417 |
| 272 | 4:50:33 | POWELL, Cherry    | Plymouth Musketeers RC       | Female Vet 50-54 | 11:05.2 | 376 |
| 273 | 4:50:41 | GOODRIGHT, Ray    | East Cornwall Harriers       | Male Vet 70+     | 11:05.5 | 274 |
| 274 | 4:50:54 | WILLIAMS, Sandra  | Running Forever Running Club | Female Vet 45-49 | 11:06.0 | 392 |
| 275 | 4:51:21 | ARDEN, Graham     | East Cornwall Harriers       | Male Vet 50-54   | 11:07.0 | 331 |
| 276 | 4:51:42 | JELLINGS, Clara   |                              | Male Vet 40-44   | 11:07.8 | 49  |
| 277 | 4:51:42 | GOUGH, Anna       |                              | Female Vet 40-44 | 11:07.8 | 39  |
| 278 | 4:51:58 | MURR, Rob         | Running Forever Running Club | Male Vet 60-64   | 11:08.4 | 390 |
| 279 | 4:52:00 | BATEMAN, Rebecca  | Bodmin Road Runners          | Female Vet 40-44 | 11:08.5 | 299 |
| 280 | 4:52:11 | RINGER, Ian       | Bodmin Road Runners          | Male Vet 70+     | 11:08.9 | 207 |
| 281 | 4:52:45 | CARTER, Anna      | Newquay Road Runners         | Female Under 35  | 11:10.2 | 309 |
| 282 | 4:52:49 | MASKELL, Melanie  | St Austell Running Club      | Female Vet 50-54 | 11:10.4 | 126 |
| 283 | 4:53:55 | SALTER, TJ        | Storm                        | Female Vet 35-39 | 11:12.9 | 145 |
| 284 | 4:53:55 | VAISEY, Simon     |                              | Male Under 35    | 11:12.9 | 446 |
| 285 | 4:54:07 | MAYWOOD, Bryan    | Looe Pioneers                | Male Vet 50-54   | 11:13.4 | 239 |
| 286 | 4:54:13 | WATSON, Janet     | Falmouth Road Runners        | Female Vet 65-69 | 11:13.6 | 226 |
| 287 | 4:54:21 | CLIFFORD, Sam     | Tamar Trail Runners          | Female Vet 45-49 | 11:13.9 | 252 |
| 288 | 4:54:25 | SAUNDERS, Lyndsey | East Cornwall Harriers       | Female Vet 35-39 | 11:14.0 | 195 |
| 289 | 4:54:32 | TIPPETT, Sarah    | Mud Crew                     | Female Vet 45-49 | 11:14.3 | 109 |
| 290 | 4:54:52 | HAWCROFT, Garath  | Plymouth Musketeers RC       | Male Vet 40-44   | 11:15.1 | 400 |
| 291 | 4:56:32 | BRADY, John       |                              | Male Vet 55-59   | 11:18.9 | 427 |
| 292 | 4:56:37 | ENGLAND, Emma     | Bodmin Women's RC            | Female Vet 50-54 | 11:19.1 | 335 |
| 293 | 4:56:51 | PARSONS, Alison   | Bodmin Women's RC            | Female Vet 45-49 | 11:19.6 | 386 |
| 294 | 4:57:08 | SPEAKE, Georgina  | St Austell Running Club      | Female Vet 40-44 | 11:20.3 | 141 |
| 295 | 4:57:27 | DUTCHAK, Hannah   | JP Fitness Cornwall          | Female Under 35  | 11:21.0 | 120 |
| 296 | 4:57:27 | PETT, Jane        | JP Fitness Cornwall          | Female Vet 40-44 | 11:21.0 | 10  |
| 297 | 4:58:13 | GREEN, Mell       | Tamar Trail Runners          | Female Vet 45-49 | 11:22.7 | 232 |
| 298 | 4:58:13 | POWELL, Andy      | Tamar Trail Runners          | Male Vet 45-49   | 11:22.7 | 231 |
| 299 | 4:58:15 | OSWALD, Gary      | Looe Pioneers                | Male Vet 65-69   | 11:22.8 | 321 |
| 300 | 4:59:20 | TRETHEWEY, Martin | St Austell Running Club      | Male Vet 50-54   | 11:25.3 | 56  |
| 301 | 4:59:28 | ASHTON, Debbie    | Beer Alston Trekkers         | Female Vet 45-49 | 11:25.6 | 149 |
| 302 | 4:59:28 | ASHTON, Paul      | Beer Alston Trekkers         | Male Vet 50-54   | 11:25.6 | 150 |
| 303 | 5:00:02 | WILCOX, David     | Truro Running Club           | Male Vet 40-44   | 11:26.9 | 41  |
| 304 | 5:00:23 | BULLOCK, Rachel   | Tamar Trotters               | Female Vet 40-44 | 11:27.7 | 322 |
| 305 | 5:00:23 | POWELL, Arlene    |                              | Female Under 35  | 11:27.7 | 431 |



|     |         |                              |                               |                  |         |     |
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| 306 | 5:00:23 | MARSLAND, Louise             | Plymouth Musketeers RC        | Female Vet 35-39 | 11:27.7 | 35  |
| 307 | 5:01:16 | CARTER, Nikki                | Carn Runners                  | Female Vet 45-49 | 11:29.7 | 87  |
| 308 | 5:01:26 | JONES, Oliver                | East Cornwall Harriers        | Male Vet 45-49   | 11:30.1 | 110 |
| 309 | 5:01:26 | VAUGHNLEY, Craig             | East Cornwall Harriers        | Male Vet 45-49   | 11:30.1 | 2   |
| 310 | 5:01:27 | SAUNDERS, Nick               |                               | Male Vet 35-39   | 11:30.1 | 408 |
| 311 | 5:02:05 | MULVIHILL, Lorna             | Plymouth Striders             | Female Under 35  | 11:31.6 | 221 |
| 312 | 5:02:24 | TRETHEWEY, Charlie           | St Austell Running Club       | Female Vet 40-44 | 11:32.3 | 151 |
| 313 | 5:03:02 | BARLOW, Claire               | Bodmin Road Runners           | Female Vet 40-44 | 11:33.8 | 184 |
| 314 | 5:03:12 | WALKER, Daniela              | St Austell Running Club       | Female Vet 45-49 | 11:34.2 | 45  |
| 315 | 5:03:18 | LEWY, Lisa                   | Tamar Trotters                | Female Vet 45-49 | 11:34.4 | 20  |
| 316 | 5:05:59 | GOATMAN, Charlotte           | Bodmin Women's RC             | Female Under 35  | 11:40.5 | 325 |
| 317 | 5:07:28 | BROWN, Adrian                | Launceston Road Runners       | Male Vet 40-44   | 11:43.9 | 9   |
| 318 | 5:07:30 | NORRIS, Chris                | Launceston Road Runners       | Male Vet 40-44   | 11:44.0 | 128 |
| 319 | 5:08:10 | MACKLIN, Lee                 | Running Forever Running Club  | Male Vet 35-39   | 11:45.5 | 388 |
| 320 | 5:08:55 | DAVIS, Steven                | Beer Alston Trekkers          | Male Vet 60-64   | 11:47.2 | 330 |
| 321 | 5:09:01 | DE SILVA, Selina             | Maverick Runners              | Female Vet 60-64 | 11:47.5 | 116 |
| 322 | 5:09:12 | YOUNG, Scott                 |                               | Male Vet 50-54   | 11:47.9 | 153 |
| 323 | 5:09:58 | PICKARD, Linda               | Launceston Road Runners       | Female Vet 55-59 | 11:49.6 | 155 |
| 324 | 5:10:06 | WARDLE, Carly                |                               | Female Under 35  | 11:50.0 | 389 |
| 325 | 5:10:06 | PAWLEY, Lisa                 |                               | Female Vet 35-39 | 11:50.0 | 52  |
| 326 | 5:10:06 | SAUNDERS, Mike               | Plymouth Musketeers RC        | Male Under 35    | 11:50.0 | 130 |
| 327 | 5:11:05 | PIPER, Katharine             |                               | Female Vet 35-39 | 11:52.2 | 364 |
| 328 | 5:11:10 | ROBERTS, Mary                | Launceston Road Runners       | Female Vet 45-49 | 11:52.4 | 73  |
| 329 | 5:11:12 | NEWBERRY, Suzy               |                               | Female Vet 40-44 | 11:52.5 | 42  |
| 330 | 5:11:12 | NEWBERRY, Graham             |                               | Male Vet 40-44   | 11:52.5 | 134 |
| 331 | 5:13:51 | GAY, Jackie                  | Launceston Road Runners       | Female Vet 50-54 | 11:58.5 | 3   |
| 332 | 5:14:06 | BEARE, Alison                |                               | Female Vet 55-59 | 11:59.1 | 372 |
| 333 | 5:15:40 | FOOTE, Terry                 |                               | Male Vet 40-44   | 12:02.7 | 156 |
| 334 | 5:17:15 | COPE, Jackie                 | Falmouth Road Runners         | Female Vet 60-64 | 12:06.3 | 140 |
| 335 | 5:17:16 | WILLCOCKS, Robert            | Falmouth Road Runners         | Male Vet 55-59   | 12:06.4 | 46  |
| 336 | 5:18:49 | MILLS, Suzie                 | Teinbridge Trotters           | Female Vet 35-39 | 12:09.9 | 8   |
| 337 | 5:19:29 | GREAVES, Melanie             | Beer Alston Trekkers          | Female Vet 45-49 | 12:11.4 | 315 |
| 338 | 5:19:29 | HARTE-LATREMOUILLE, Samantha | Beer Alston Trekkers          | Female Vet 40-44 | 12:11.4 | 235 |
| 339 | 5:20:13 | ROWLANDS, Kate               | Falmouth Road Runners         | Female Vet 35-39 | 12:13.1 | 27  |
| 340 | 5:20:53 | BAXTER, Helen                | Chard Road Runners            | Male Vet 50-54   | 12:14.6 | 196 |
| 341 | 5:21:45 | ALSWORTH, Michael            | 100 Marathon Club             | Male Vet 65-69   | 12:16.6 | 262 |
| 342 | 5:22:31 | HIRST, Rachel                | Bungay Black Dog Running Club | Female Vet 50-54 | 12:18.4 | 314 |
| 343 | 5:23:08 | ROBERTSON, Jen               | Bodmin Road Runners           | Female Vet 40-44 | 12:19.8 | 342 |
| 344 | 5:25:09 | BIGNELL, Daniel              | Storm                         | Male Under 35    | 12:24.4 | 216 |

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| 345 | 5:29:53 | SMITH, Katy                  | St Austell Running Club | Male Under 35    | 12:35.2 | 83  |
| 346 | 5:29:54 | HOPE, Daniel                 | St Austell Running Club | Male Vet 35-39   | 12:35.3 | 84  |
| 347 | 5:30:55 | BOYCE, Christian             | Looe Pioneers           | Male Vet 45-49   | 12:37.6 | 64  |
| 348 | 5:33:45 | JACKSON, Steven              | 100 Marathon Club       | Male Vet 55-59   | 12:44.1 | 91  |
| 349 | 5:33:45 | DRAPER, Martin               | Quantock Harriers       | Male Vet 60-64   | 12:44.1 | 85  |
| 350 | 5:34:22 | JONES, Jon                   | Looe Pioneers           | Male Vet 45-49   | 12:45.5 | 65  |
| 351 | 5:38:17 | SANFORD, Angela              | Trent Park Trotters     | Female Vet 55-59 | 12:54.5 | 81  |
| 352 | 5:40:15 | HINGSTON, Natasha            | Beer Alston Trekkers    | Female Vet 45-49 | 12:59.0 | 305 |
| 353 | 5:40:16 | HINGSTON, Shaun              | Beer Alston Trekkers    | Male Vet 40-44   | 12:59.0 | 304 |
| 354 | 5:40:44 | CUTLAND, Jean                | St Austell Running Club | Female Vet 50-54 | 13:00.1 | 311 |
| 355 | 5:40:44 | JARVIS, Jodie                | St Austell Running Club | Female Vet 40-44 | 13:00.1 | 425 |
| 356 | 5:40:51 | MARTIN, Hayley Marie         | Carn Runners            | Male Vet 35-39   | 13:00.4 | 88  |
| 357 | 5:41:12 | HICKS, Sabrina               | Bodmin Road Runners     | Female Vet 40-44 | 13:01.2 | 300 |
| 358 | 5:41:12 | TAPHOUSE, Lesley             | Bodmin Road Runners     | Female Vet 55-59 | 13:01.2 | 18  |
| 359 | 5:41:14 | PRITCHARD, Nikki             |                         | Female Vet 35-39 | 13:01.2 | 92  |
| 360 | 5:44:35 | KITNEY-BAKER, Michelle-Sarah | Newquay Road Runners    | Female Vet 45-49 | 13:08.9 | 278 |
| 361 | 5:44:38 | WARREN, Raylisha             | Plymouth Musketeers RC  | Female Vet 35-39 | 13:09.0 | 383 |
| 362 | 5:44:38 | REEVE, Paul                  | Carn Runners            | Male Vet 50-54   | 13:09.0 | 327 |
| 363 | 5:44:47 | LYNN, Rachel                 | Plymouth Musketeers RC  | Female Under 35  | 13:09.4 | 175 |
| 364 | 5:44:47 | YOUNGMAN, Paul               | Plymouth Musketeers RC  | Male Vet 55-59   | 13:09.4 | 21  |
| 365 | 5:45:53 | DENNIS, Pauline              | Bodmin Women's RC       | Female Vet 55-59 | 13:11.9 | 26  |
| 366 | 5:45:55 | PLAYER, Shirley              | Bodmin Women's RC       | Female Vet 45-49 | 13:12.0 | 24  |
| 367 | 5:45:57 | BATH, Ann                    | 26.2 Road Runners Club  | Female Vet 70+   | 13:12.0 | 264 |
| 368 | 5:47:46 | JELLEY, Mark                 | South West Road Runners | Male Vet 50-54   | 13:16.2 | 171 |
| 369 | 5:50:30 | TREWEEK, Paul                | Truro Running Club      | Male Vet 55-59   | 13:22.5 | 98  |
| 370 | 5:51:16 | BRUMHEAD, Kelly              | Plymouth Musketeers RC  | Female Vet 40-44 | 13:24.2 | 182 |
| 371 | 5:51:16 | KING, Louise                 | Plymouth Musketeers RC  | Female Vet 50-54 | 13:24.2 | 247 |
| 372 | 5:51:32 | KING, Bryan                  | Plymouth Musketeers RC  | Male Vet 65-69   | 13:24.8 | 248 |
| 373 | 5:51:35 | DUNN, Vicki                  | Plymouth Musketeers RC  | Female Vet 35-39 | 13:24.9 | 179 |
| 374 | 5:52:05 | SHADDICK, Michelle           | Plymouth Musketeers RC  | Female Vet 45-49 | 13:26.1 | 438 |
| 375 | 5:52:05 | KINGDOM-ANDREWS, Melanie     | Plymouth Musketeers RC  | Female Vet 40-44 | 13:26.1 | 14  |
| 376 | 5:53:43 | EWART, Samantha              | St Austell Running Club | Female Vet 40-44 | 13:29.8 | 170 |
| 377 | 5:53:43 | HADFIELD, Dawn               | St Austell Running Club | Female Vet 50-54 | 13:29.8 | 197 |
| 378 | 6:00:29 | IVINS, Jane                  | Tamar Trotters          | Female Vet 45-49 | 13:45.3 | 224 |
| 379 | 6:00:29 | MEDDELTON, Melissa           | Tamar Trotters          | Female Vet 40-44 | 13:45.3 | 223 |
| 380 | 6:00:29 | DEMOSTHENOU, Nikki           | Tamar Trotters          | Female Vet 45-49 | 13:45.3 | 225 |
| 381 | 6:00:29 | MCKINLEY, Hilda              | Tamar Trotters          | Female Vet 60-64 | 13:45.3 | 222 |
| 382 | 6:01:06 | HAMBLEY, Sharon              | Bodmin Women's RC       | Female Vet 50-54 | 13:46.7 | 74  |
| 383 | 6:02:12 | HEMENS, Claire               | Falmouth Road Runners   | Female Vet 55-59 | 13:49.2 | 339 |

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| 384 | 6:02:54 | DUDLEY, Michelle | St Austell Running Club | Female Vet 50-54 | 13:50.8 | 160 |
| 385 | 6:04:48 | LIZUT, Bianca    | Storm                   | Female Vet 35-39 | 13:55.2 | 234 |
| 386 | 6:04:52 | HOWARD, Sarah    | Bodmin Road Runners     | Female Vet 45-49 | 13:55.3 | 131 |
| 387 | 6:06:15 | OVERD, Lynne     | Looe Pioneers           | Female Vet 55-59 | 13:58.5 | 183 |
| 388 | 6:12:37 | BOLITHO, Julie   | Mounts Bay Harriers     | Female Vet 50-54 | 14:13.1 | 290 |
| 389 | 6:12:48 | BOXALL, Melanie  | Falmouth Road Runners   | Female Vet 55-59 | 14:13.5 | 28  |
| 390 | 6:15:58 | POWELL, Jennifer | Vegan Runners           | Female Vet 35-39 | 14:20.8 | 365 |
| 391 | 6:18:12 | ANDREWS, Emma    | Bodmin Women's RC       | Female Under 35  | 14:25.9 | 44  |
| 392 | 6:18:12 | LATHAM, Donna    | Bodmin Women's RC       | Female Vet 45-49 | 14:25.9 | 34  |
| 393 | 6:18:47 | HEAD, Hilary     | Beer Alston Trekkers    | Female Vet 55-59 | 14:27.2 | 242 |
| 394 | 6:20:11 | WYATT, Elizabeth | St Austell Running Club | Female Vet 50-54 | 14:30.4 | 37  |