

## 30TH ANNIVERSARY CUBERT 5 – 5TH JUNE 2018

POSITION	TIME	NAME	TEAM	CATEGORY	PACE	NO
1	0:25:05	CLAY, Jordan	Cornwall AC	Male under 35	05:00.9	131
2	0:25:23	LE GRICE, Peter	Mounts Bay Harriers	Male under 35	05:04.5	121
3	0:26:08	BREWER, Tony	Mile High	Male Vet 35-39	05:13.5	779
4	0:26:22	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:16.3	130
5	0:26:26	ALSOP, Dan	St Austell Running Club	Male Vet 35-39	05:17.1	413
6	0:26:30	GOODCHILD, Sam	Cornwall AC	Male under 20	05:17.9	137
7	0:26:38	ORTON, Rob	Bodmin Road Runners	Male Vet 35-39	05:19.5	547
8	0:26:48	BENNEY, Aaron	Mile High	Male Vet 35-39	05:21.5	778
9	0:27:09	THOMAS, Justin	Cornwall AC	Male Vet 40-44	05:25.7	132
10	0:27:15	MORANT, Jordan	Hayle Runners	Male under 35	05:26.9	251
11	0:27:16	WRIGHT, Tony	Cornwall AC	Male Vet 50-54	05:27.1	129
12	0:27:20	KLIMEK, Kristof	Cornwall AC	Male under 20	05:27.9	149
13	0:27:21	MARTIN, Andrew	Mile High	Male Vet 35-39	05:28.1	777
14	0:27:27	DAVIS, Eleanor	Newquay Road Runners	Female under 35	05:29.3	47
15	0:27:35	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	05:30.9	38
16	0:27:57	RATCLIFFE, Floyd	Mile High	Male under 20	05:35.3	781
17	0:27:58	RAMSDEN, Clive	Bodmin Road Runners	Male Vet 40-44	05:35.5	570
18	0:27:59	WHEAR, Paul	Cornwall AC	Male Vet 50-54	05:35.7	135
19	0:28:03	CUTLAN, James	St Austell Running Club	Male under 35	05:36.5	424
20	0:28:07	SMITH, Paul	Cornwall AC	Male Vet 40-44	05:37.3	133
21	0:28:45	TREGENZA, Heidi	Cornwall AC	Female under 35	05:44.9	183
22	0:28:47	BRYDON, James	Bodmin Road Runners	Male under 35	05:45.3	540
23	0:28:49	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:45.7	162
24	0:28:54	MARPLES, Alex	Truro Running Club	Male Vet 35-39	05:46.7	628
25	0:28:55	WEBSTER, Mark	Cornwall AC	Male under 35	05:46.9	138
26	0:29:03	DANIELS, Alex	Newquay Road Runners	Male Vet 45-49	05:48.5	814
27	0:29:09	WHERRY, Steve	Hayle Runners	Male Vet 50-54	05:49.7	283
28	0:29:17	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	05:51.3	192
29	0:29:23	FULLER, Stephen	Hayle Runners	Male Vet 50-54	05:52.5	222
30	0:29:31	DAWBBER, Phil	Bodmin Road Runners	Male under 35	05:54.1	546
31	0:29:35	GREEVES, Gareth	Newquay Road Runners	Male under 35	05:54.9	75
32	0:29:36	MARTIN, Nick	Mile High	Male Vet 55-59	05:55.1	534
33	0:29:39	STANDING, Rob	Truro Running Club	Male Vet 45-49	05:55.7	645
34	0:29:43	DEACON, Mark	Looe Pioneers	Male under 35	05:56.5	298
35	0:29:43	HALL, Craig	Carn Runners	Male Vet 40-44	05:56.5	584
36	0:29:45	KIRTON, James	Truro Running Club	Male under 35	05:56.9	630

37	0:29:47	PAULL, Emma	Hayle Runners	Female under 35	05:57.3	257
38	0:29:52	KNUCKEY, Craig	Cornwall AC	Male Vet 45-49	05:58.3	142
39	0:29:53	MURRANT, Kieran	Falmouth Road Runners	Male under 35	05:58.5	381
40	0:29:55	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39	05:58.9	194
41	0:29:57	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	05:59.3	271
42	0:29:58	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	05:59.5	236
43	0:30:03	TREGONNING, David	St Austell Running Club	Male under 35	06:00.5	456
44	0:30:04	TRUDGIAN, Andy	St Austell Running Club	Male Vet 45-49	06:00.7	484
45	0:30:12	DANIELL, Jamie		Male under 35	06:02.3	8
46	0:30:20	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39	06:03.9	267
47	0:30:21	SHARP, Tim	Kent AC	Male Vet 40-44	06:04.1	188
48	0:30:21	TRERISE, Connor	Cornwall AC	Male under 20	06:04.1	140
49	0:30:22	O'DWYER, Catherine	Truro Running Club	Female Vet 40-44	06:04.3	632
50	0:30:24	LITTLEWOOD, Ian	East Cornwall Harriers	Male Vet 35-39	06:04.7	754
51	0:30:26	DITTY, Graham	Mile High	Male Vet 35-39	06:05.1	782
52	0:30:27	ATTWOOD, James	Cornwall AC	Male Vet 45-49	06:05.3	157
53	0:30:31	FENNEY, Steve	Cornwall AC	Male Vet 60-64	06:06.1	150
54	0:30:32	WARD, Tristan	Falmouth Road Runners	Male under 35	06:06.3	405
55	0:30:32	COOKSON, Neill	Hayle Runners	Male Vet 50-54	06:06.3	212
56	0:30:33	SWIFT, Nigel	Newquay Road Runners	Male Vet 40-44	06:06.5	58
57	0:30:37	COULSON, Lee	Falmouth Road Runners	Male Vet 50-54	06:07.3	364
58	0:30:37	ORCHARD, Ruby	Cornwall AC	Female Vet 35-39	06:07.3	163
59	0:30:39	EDDISON, Andrew	Cornwall AC	Male Vet 50-54	06:07.7	154
60	0:30:43	COSTELLO, Nick	Hayle Runners	Male under 20	06:08.5	269
61	0:30:50	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:09.9	412
62	0:30:53	SLATEFORD, Neil	St Austell Running Club	Male under 35	06:10.5	455
63	0:30:55	MUTSAERS, Adrian	Mile High	Male Vet 45-49	06:10.9	776
64	0:30:56	ROONEY, Carl	Huntingdonshire AC	Male Vet 40-44	06:11.1	410
65	0:30:56	MILLS-SHUTE, Samuel	East Cornwall Harriers	Male under 20	06:11.1	751
66	0:30:57	KEY, Andrew	Carn Runners	Male under 35	06:11.3	822
67	0:31:06	WISNER, John	St Austell Running Club	Male Vet 45-49	06:13.1	500
68	0:31:18	POWELL, Simon	Mud Crew Trail Runners	Male Vet 35-39	06:15.5	408
69	0:31:22	BAKER, Steve	Tamar Trotters	Male Vet 60-64	06:16.3	520
70	0:31:29	PAYTON, Alexandra	St Austell Running Club	Female under 35	06:17.7	466
71	0:31:31	LUCKHURST, Will	Hayle Runners	Male Vet 50-54	06:18.1	233
72	0:31:32	BUSCOMBE, Jessica	St Austell Running Club	Female under 35	06:18.3	420
73	0:31:34	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49	06:18.7	374
74	0:31:38	WALKER, Chris N	Newquay Road Runners	Male Vet 45-49	06:19.5	68
75	0:31:39	PETERS, Joseph	Cornwall AC	Male under 35	06:19.7	139
76	0:31:45	DOYLE, John	Mounts Bay Harriers	Male Vet 60-64	06:20.9	92

77	0:31:46	WILLS, David	Falmouth Road Runners	Male Vet 35-39	06:21.1	401
78	0:31:47	MANNING, James	Hayle Runners	Male Vet 35-39	06:21.3	243
79	0:31:51	TIMMS, Jake	Falmouth Road Runners	Male under 35	06:22.1	393
80	0:32:00	RENDLE, Steve	Newquay Road Runners	Male Vet 50-54	06:23.9	30
81	0:32:07	SOLE, John	Cornwall AC	Male Vet 35-39	06:25.3	152
82	0:32:08	PETERSEN, Guy	Tamar Trotters	Male Vet 45-49	06:25.5	526
83	0:32:09	MIDGLEY, Phil	Newquay Road Runners	Male Vet 50-54	06:25.7	34
84	0:32:12	TAYLOR, James	Cornwall AC	Male under 35	06:26.3	144
85	0:32:14	ELLISON, Stephen	Mounts Bay Harriers	Male Vet 40-44	06:26.7	116
86	0:32:15	CROWLE, Ben	Bodmin Road Runners	Male Vet 40-44	06:26.9	755
87	0:32:17	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	06:27.3	99
88	0:32:23	BROWN, Steven	Falmouth Road Runners	Male Vet 50-54	06:28.5	358
89	0:32:24	COX, Daniel	Bodmin Road Runners	Male under 35	06:28.7	544
90	0:32:27	HOGG, April	Newquay Road Runners	Female under 35	06:29.3	67
91	0:32:33	LITTLEJOHNS, Mark	Falmouth Road Runners	Male Vet 45-49	06:30.5	378
92	0:32:36	HILL, Jeremy	St Austell Running Club	Male Vet 35-39	06:31.1	445
93	0:32:36	SAVAGE, Christian		Male Vet 35-39	06:31.1	832
94	0:32:41	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	06:32.1	391
95	0:32:42	TAPHOUSE, Joshua	Bodmin Road Runners	Male under 35	06:32.3	538
96	0:32:42	GILBERT, Michael	Launceston Road Runners	Male under 35	06:32.3	738
97	0:32:45	HEWITT, David		Male Vet 45-49	06:32.9	509
98	0:32:47	DEVENEY, Callum	Falmouth Road Runners	Male Vet 50-54	06:33.3	375
99	0:32:48	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	06:33.5	746
100	0:32:50	AXE, Jason	Local	Male under 35	06:33.9	812
101	0:32:53	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:34.5	397
102	0:33:05	JONES, Dan		Male Vet 35-39	06:36.9	272
103	0:33:06	TIMMS, Stuart	East Cornwall Harriers	Male Vet 45-49	06:37.1	750
104	0:33:07	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	06:37.3	281
105	0:33:10	DAVIS, Megan	Newquay Road Runners	Female under 35	06:37.9	13
106	0:33:11	MOORE, David	Cornwall AC	Male Vet 45-49	06:38.1	141
107	0:33:14	GREER, Mike	St Austell Running Club	Male under 35	06:38.7	439
108	0:33:18	ADIE, Gordon	Truro Running Club	Male Vet 55-59	06:39.5	611
109	0:33:23	OLDRIEVE, William	Newquay Road Runners	Male under 35	06:40.5	3
110	0:33:27	REDD, Jon		Male under 35	06:41.3	254
111	0:33:28	GREENSLADE, Michael	Newquay Road Runners	Male Vet 40-44	06:41.5	2
112	0:33:28	POOLEY, Robert	Carn Runners	Male Vet 35-39	06:41.5	602
113	0:33:29	EDWARDS, Glynn	Truro Running Club	Male under 35	06:41.7	623
114	0:33:30	CARDEW, Barrie	Carn Runners	Male Vet 55-59	06:41.9	576
115	0:33:30	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	06:41.9	749
116	0:33:32	KING, Melissa	Newquay Road Runners	Female under 35	06:42.3	61

117	0:33:33	SHIPLEY, Nicola	St Austell Running Club	Female under 35	06:42.5	467
118	0:33:38	WOOD, Bill	Falmouth Road Runners	Male Vet 55-59	06:43.5	403
119	0:33:39	HOWELL, Tom	Mile High	Male under 35	06:43.7	785
120	0:33:39	MAXWELL, Cherish	Mounts Bay Harriers	Female under 35	06:43.7	101
121	0:33:40	BATTY, Jon		Male under 35	06:43.9	29
122	0:33:41	WILLIAMS, Gary	Looe Pioneers	Male under 35	06:44.1	324
123	0:33:42	WILDING, David	Hayle Runners	Male Vet 40-44	06:44.3	284
124	0:33:43	KENDALL, Carly	St Austell Running Club	Female under 35	06:44.5	498
125	0:33:45	JARRAM, Ben	Launceston Road Runners	Male under 35	06:44.9	733
126	0:33:45	JOHNSON, Paul	St Austell Running Club	Male under 35	06:44.9	452
127	0:33:46	STOBART, Rebeca	Cornwall AC	Female under 35	06:45.1	170
128	0:33:47	WILLIAMS, Ryan	Falmouth Road Runners	Male under 35	06:45.3	400
129	0:33:50	FOSTER, Richard	Launceston Road Runners	Male Vet 45-49	06:45.9	726
130	0:33:52	WALKER, Iain	St Austell Running Club	Male Vet 60-64	06:46.3	487
131	0:33:56	MILNE, Abbie	Cornwall AC	Female under 35	06:47.1	171
132	0:33:57	REDDICLIFFE, Nigel	Launceston Road Runners	Male Vet 50-54	06:47.3	739
133	0:33:59	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	06:47.7	328
134	0:34:00	CARTER, Lee	Newquay Road Runners	Male under 35	06:47.9	69
135	0:34:06	MITCHELL, Scott	Newquay Road Runners	Male Vet 40-44	06:49.1	18
136	0:34:10	EASTERBROOK, Joe	Mounts Bay Harriers	Male under 35	06:49.9	109
137	0:34:14	SMITH, Andrew	St Austell Running Club	Male Vet 40-44	06:50.7	443
138	0:34:17	BOOTY, Paul	Newquay Road Runners	Male Vet 45-49	06:51.3	529
139	0:34:18	MORAN, Tim	Carn Runners	Male Vet 35-39	06:51.5	815
140	0:34:19	MANUEL, Simon	St Austell Running Club	Male Vet 35-39	06:51.7	449
141	0:34:21	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	06:52.1	743
142	0:34:25	TREBILCOCK, Mark	Cornwall AC	Male Vet 55-59	06:52.9	143
143	0:34:28	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	06:53.5	468
144	0:34:31	HUGHES, Alan	Bodmin Road Runners	Male under 35	06:54.1	549
145	0:34:33	PULLEY, Sean	Hayle Runners	Male Vet 55-59	06:54.5	263
146	0:34:34	KEARNS, Joe	East Cornwall Harriers	Male Vet 55-59	06:54.7	747
147	0:34:35	PROSSER, Thomas	Mounts Bay Harriers	Male under 20	06:54.9	427
148	0:34:35	PASCOE, Karen	Cornwall AC	Female Vet 50-54	06:54.9	172
149	0:34:36	EVA, Emma	Cornwall AC	Female Vet 35-39	06:55.1	173
150	0:34:37	WALLBANK, Rob	St Austell Running Club	Male Vet 35-39	06:55.3	489
151	0:34:39	MOSSOP, Emma	Falmouth Road Runners	Female Vet 40-44	06:55.7	380
152	0:34:40	REES, Colin		Male under 35	06:55.9	577
153	0:34:43	BATHE, Colin	Truro Running Club	Male Vet 45-49	06:56.5	612
154	0:34:45	HARRISON, Nick	Launceston Road Runners	Male Vet 40-44	06:56.9	736
155	0:34:45	TIER, Naomi	Cornwall AC	Female under 35	06:56.9	164
156	0:34:50	ALLEN, Marc		Male under 35	06:57.9	842

157	0:34:51	PEARCE, Julia	Cornwall AC	Female Vet 40-44	06:58.1	174
158	0:34:52	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	06:58.3	80
159	0:34:52	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	06:58.3	270
160	0:34:53	MACKELLAR, Billy	Bodmin Road Runners	Male Vet 50-54	06:58.5	551
161	0:34:53	BAKER, Sean	Looe Pioneers	Male Vet 40-44	06:58.5	325
162	0:34:56	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39	06:59.1	39
163	0:34:58	DAVIS, Lydia	Newquay Road Runners	Female under 35	06:59.5	12
164	0:35:04	SPENCER, Julian		Male Vet 50-54	07:00.7	506
165	0:35:06	ATKINSON-BEAUMONT, David	Mounts Bay Harriers	Male Vet 35-39	07:01.1	87
166	0:35:09	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	07:01.7	752
167	0:35:09	BATCHELOR, David	Hayle Runners	Male Vet 60-64	07:01.7	198
168	0:35:11	ALLSOP, Steve	Bodmin Road Runners	Male Vet 40-44	07:02.1	536
169	0:35:13	SNOWDON, Jack	Falmouth Road Runners	Male under 20	07:02.4	390
170	0:35:15	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 50-54	07:02.8	372
171	0:35:19	THOMAS, Mark	Truro Running Club	Male Vet 40-44	07:03.6	649
172	0:35:20	PATEMAN, Scott	St Austell Running Club	Male Vet 45-49	07:03.8	464
173	0:35:22	WALKER, Elliot	Newquay Road Runners	Male Vet 45-49	07:04.2	77
174	0:35:24	TRUDGEON, Steve	Mud Crew Trail Runners	Male Vet 35-39	07:04.6	11
175	0:35:28	MCCLAY, Karen	Mounts Bay Harriers	Female Vet 50-54	07:05.4	119
176	0:35:28	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 65-69	07:05.4	117
177	0:35:32	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39	07:06.2	247
178	0:35:32	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	07:06.2	566
179	0:35:35	ROONEY, Michael	Mounts Bay Harriers	Male under 35	07:06.8	115
180	0:35:36	CURTIS, Oisin	Hayle Runners	Male under 35	07:07.0	215
181	0:35:36	DIXON, Eleanor	Newquay Road Runners	Female Vet 40-44	07:07.0	6
182	0:35:42	TREVENA, Nigel	Cornwall AC	Male Vet 50-54	07:08.2	155
183	0:35:45	ROGERS, Laura	Cornwall AC	Female under 35	07:08.8	175
184	0:35:45	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	07:08.8	136
185	0:35:46	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	07:09.0	453
186	0:35:48	BUTT, Kevin	Tiverton Harriers	Male Vet 40-44	07:09.4	826
187	0:35:51	LOVE, John-henry	Launceston Road Runners	Male under 20	07:10.0	722
188	0:35:52	SKEA, Katie	Bodmin Road Runners	Female Vet 35-39	07:10.2	556
189	0:35:52	BENNETT, Charlotte	Hayle Runners	Female Vet 45-49	07:10.2	199
190	0:35:54	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:10.6	103
191	0:35:54	TALLING, Lisa	Newquay Road Runners	Female Vet 50-54	07:10.6	25
192	0:35:57	POLGLASE, Tom	Carn Runners	Male Vet 65-69	07:11.2	605
193	0:35:59	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	07:11.6	220
194	0:36:02	SHUTE, Clive	East Cornwall Harriers	Male Vet 40-44	07:12.2	748
195	0:36:07	SPENCER, Leigh	Newquay Road Runners	Female under 20	07:13.2	5
196	0:36:07	STALLARD, Andrew		Male Vet 50-54	07:13.2	830

197	0:36:09	WILSON, Michael	Truro Running Club	Male Vet 60-64	07:13.6	706
198	0:36:12	LEE, Steven	Hayle Runners	Male Vet 55-59	07:14.2	239
199	0:36:16	FOX, Matthew	St Austell Running Club	Male under 35	07:15.0	431
200	0:36:17	SHAW, Louisa	Launceston Road Runners	Female Vet 35-39	07:15.2	718
201	0:36:18	WILLS, Marcus	East Cornwall Harriers	Male Vet 35-39	07:15.4	505
202	0:36:19	JENKIN, David		Male under 35	07:15.6	134
203	0:36:19	TALLING, Sophie	Newquay Road Runners	Female under 35	07:15.6	24
204	0:36:21	KING, Kevin	Hayle Runners	Male Vet 55-59	07:16.0	209
205	0:36:21	BLACKBURN, Amy	Mile High	Female under 35	07:16.0	361
206	0:36:26	WALE, Mathew	Newquay Road Runners	Male under 35	07:17.0	21
207	0:36:30	HALES, Gary	Local	Male Vet 35-39	07:17.8	796
208	0:36:32	WOOD, Jules	Falmouth Road Runners	Female Vet 45-49	07:18.2	404
209	0:36:32	ALLEN, Gary		Male under 35	07:18.2	156
210	0:36:35	CLITHEROW, Hana	Truro Running Club	Female Vet 55-59	07:18.8	619
211	0:36:36	FOY, David	Falmouth Road Runners	Male Vet 45-49	07:19.0	369
212	0:36:37	CHASE, Andy	St Austell Running Club	Male under 35	07:19.2	421
213	0:36:37	FINDLAY, James	Carn Runners	Male under 35	07:19.2	610
214	0:36:38	JONES, Stephen CR	Carn Runners	Male Vet 45-49	07:19.4	592
215	0:36:39	ATKINSON-BEAUMONT, Ross	Mounts Bay Harriers	Male Vet 35-39	07:19.6	88
216	0:36:41	ANGILLEY, Jayne	Cornwall AC	Female Vet 55-59	07:20.0	166
217	0:36:43	MURT, Martin	Local	Male Vet 40-44	07:20.4	797
218	0:36:43	EARNSHAW, Trinity	Cornwall AC	Female under 20	07:20.4	167
219	0:36:43	GIBSON, Amanda	Looe Pioneers	Female Vet 40-44	07:20.4	340
220	0:36:43	KNAB, Tim	Bodmin Road Runners	Male Vet 50-54	07:20.4	550
221	0:36:44	KEOGH, Kelly	Local	Female Vet 35-39	07:20.6	803
222	0:36:45	NEWCOMBE, Giles	Hayle Runners	Male Vet 60-64	07:20.8	252
223	0:36:46	GAY, Jennifer	Truro Running Club	Female under 35	07:21.0	624
224	0:36:46	SPARKES, Vicki	Bodmin Road Runners	Female under 35	07:21.0	557
225	0:36:49	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	07:21.6	564
226	0:36:50	LITTLEWOOD, Louise	East Cornwall Harriers	Female Vet 45-49	07:21.8	745
227	0:36:53	BRADBURY, Rosie	Falmouth Road Runners	Female under 35	07:22.4	357
228	0:36:54	SYRETT, Paul	Falmouth Road Runners	Male Vet 45-49	07:22.6	392
229	0:36:55	BLIZZARD, Andrew	Truro Running Club	Male under 35	07:22.8	616
230	0:36:55	WALKER, Karl	St Austell Running Club	Male Vet 55-59	07:22.8	488
231	0:36:56	CRABB, Sally	Looe Pioneers	Female Vet 40-44	07:23.0	305
232	0:36:57	MASTERS, Nick	Hayle Runners	Male Vet 50-54	07:23.2	244
233	0:36:59	MOORE, Thomas	Truro Running Club	Male Vet 35-39	07:23.6	629
234	0:36:59	BURFORD, Lee	Hayle Runners	Male Vet 35-39	07:23.6	205
235	0:37:01	BREMNER, Jane	Tamar Trotters	Female Vet 60-64	07:24.0	512
236	0:37:01	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 55-59	07:24.0	86

237	0:37:03	RUSSELL, Barry	St Austell Running Club	Male Vet 40-44	07:24.4	472
238	0:37:07	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	07:25.2	223
239	0:37:09	BARRETT, Chris	Hayle Runners	Male Vet 45-49	07:25.6	197
240	0:37:13	SMITHERAM, Mark	Carn Runners	Male Vet 45-49	07:26.4	574
241	0:37:21	GOWER, Lisa	St Austell Running Club	Female Vet 35-39	07:28.0	478
242	0:37:26	HEWITT, Amanda	Cornwall AC	Female Vet 40-44	07:29.0	182
243	0:37:28	BRYDON, Jackie	Bodmin Road Runners	Female Vet 50-54	07:29.4	539
244	0:37:29	POTTER, Alison	Newquay Road Runners	Female Vet 40-44	07:29.6	37
245	0:37:31	ELSTONE, Meryl	Carn Runners	Female Vet 50-54	07:30.0	578
246	0:37:31	GARDINER, Steven	St Austell Running Club	Male under 35	07:30.0	434
247	0:37:34	TIPPETTS, Hannah	Falmouth Road Runners	Female under 35	07:30.6	394
248	0:37:35	BLACKBURN, Simon	Mounts Bay Harriers	Male Vet 55-59	07:30.8	125
249	0:37:38	STEPHENS, Emma	Bodmin Road Runners	Female under 35	07:31.4	558
250	0:37:39	SKINNER, Steve	Looe Pioneers	Male Vet 35-39	07:31.6	299
251	0:37:42	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	07:32.2	94
252	0:37:45	JAY, Andrew	St Austell Running Club	Male Vet 40-44	07:32.8	450
253	0:37:50	LEGGO, Sarah	Mounts Bay Harriers	Female Vet 40-44	07:33.8	93
254	0:37:52	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 50-54	07:34.2	96
255	0:37:55	LOZYNSKI, Stacey	Looe Pioneers	Male under 35	07:34.8	316
256	0:37:56	BURNS, Julia	Hayle Runners	Female Vet 50-54	07:35.0	207
257	0:38:00	SAVAGE, Emma	Newquay Road Runners	Female Vet 35-39	07:35.8	76
258	0:38:02	MORTON, Richard	Tamar Trotters	Male Vet 65-69	07:36.2	525
259	0:38:03	SMITH, Derek	Hayle Runners	Male Vet 55-59	07:36.4	274
260	0:38:04	HOCKING, Matt	St Austell Running Club	Male Vet 45-49	07:36.6	446
261	0:38:06	GRIFFITHS, Ira	St Austell Running Club	Male Vet 50-54	07:37.0	441
262	0:38:06	JULIAN, Rory		Male Vet 45-49	07:37.0	798
263	0:38:08	MYFORD, Sarah	Newquay Road Runners	Female Vet 50-54	07:37.4	20
264	0:38:11	FURLONGER, Neill	Local	Male under 35	07:38.0	702
265	0:38:19	TOSELL, Rebecca	Hayle Runners	Female Vet 35-39	07:39.6	279
266	0:38:22	SOLOMON, Andrew	Bodmin Road Runners	Male Vet 55-59	07:40.2	563
267	0:38:22	BROBIN, Cody	Newquay Road Runners	Male under 20	07:40.2	845
268	0:38:23	PORTER, Anna	Newquay Road Runners	Female Vet 35-39	07:40.4	79
269	0:38:24	WILSON, Matthew	Cornwall AC	Male Vet 40-44	07:40.6	153
270	0:38:24	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	07:40.6	124
271	0:38:27	POPE, Nick	Looe Pioneers	Male Vet 55-59	07:41.2	766
272	0:38:34	STEELE, Michelle	Newquay Road Runners	Female under 35	07:42.6	17
273	0:38:36	REDD, Hazel	Local	Female under 35	07:43.0	818
274	0:38:36	ASTILL, Naomi	Hayle Runners	Female under 35	07:43.0	196
275	0:38:37	OLLIVIER, Louise	Hayle Runners	Female Vet 50-54	07:43.2	256
276	0:38:37	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49	07:43.2	26

277	0:38:38	JONES, Mark	Launceston Road Runners	Male Vet 35-39	07:43.4	709
278	0:38:41	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 40-44	07:44.0	461
279	0:38:45	RINGWOOD, Michael	Mounts Bay Harriers	Male Vet 50-54	07:44.8	176
280	0:38:46	HITCHENS, Wietske	Carn Runners	Female Vet 50-54	07:45.0	606
281	0:38:47	SHEPLEY, Phil	Looe Pioneers	Male Vet 40-44	07:45.2	297
282	0:38:47	BEARD, Sharon	Bodmin Road Runners	Female Vet 45-49	07:45.2	565
283	0:38:48	MOORE, Andy	Hayle Runners	Male Vet 55-59	07:45.4	250
284	0:38:49	TREGENZA, Elizabeth	Cornwall AC	Female Vet 55-59	07:45.6	184
285	0:38:49	GORTON, John	Mounts Bay Harriers	Male Vet 65-69	07:45.6	102
286	0:38:50	SARGENT, Pete	South West Vets AC	Male Vet 70-74	07:45.8	823
287	0:38:51	COX, Clive		Male Vet 55-59	07:46.0	761
288	0:39:01	RUNDLE, Wayne	Launceston Road Runners	Male Vet 45-49	07:48.0	735
289	0:39:08	THOMAS, Steven	Carn Runners	Male Vet 40-44	07:49.4	603
290	0:39:10	WHITE, Andrew	Local	Male Vet 55-59	07:49.8	795
291	0:39:15	MORGAN, Martin	Bodmin Road Runners	Male Vet 60-64	07:50.8	542
292	0:39:19	WHETTON, Grace	Mounts Bay Harriers	Female under 35	07:51.6	105
293	0:39:21	MITCHELL, Jon	Cornwall AC	Male Vet 45-49	07:52.0	148
294	0:39:28	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	07:53.4	715
295	0:39:33	BOYCE, Christian	Looe Pioneers	Male Vet 45-49	07:54.4	302
296	0:39:35	ROWE, Gareth	Newquay Road Runners	Male Vet 60-64	07:54.8	10
297	0:39:37	JENKIN, Steve	Cornwall AC	Male Vet 45-49	07:55.2	127
298	0:39:39	LOCK, Zoe	Hayle Runners	Female Vet 35-39	07:55.6	240
299	0:39:40	MARSLAND, Louise	Plymouth Musketeers	Female Vet 35-39	07:55.8	515
300	0:39:43	WEBB, Helen	Mounts Bay Harriers	Female Vet 40-44	07:56.4	106
301	0:39:44	CROSS, Nick	Bodmin Road Runners	Male Vet 45-49	07:56.6	545
302	0:39:46	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	07:57.0	307
303	0:39:50	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	07:57.8	32
304	0:39:52	LONGHORN, Monica	Mile High	Female Vet 45-49	07:58.2	784
305	0:39:52	BURROWS, Mellisa	Hayle Runners	Female Vet 45-49	07:58.2	208
306	0:39:53	GREGORY, Amy	Newquay Road Runners	Female under 35	07:58.4	849
307	0:39:54	MCKEE, Clare	Bodmin Road Runners	Female Vet 40-44	07:58.6	552
308	0:39:56	MANSFIELD, Sue	Truro Running Club	Female Vet 55-59	07:59.0	627
309	0:40:02	FLEET, Vicky	Falmouth Road Runners	Female Vet 40-44	08:00.2	368
310	0:40:05	BENNETT, Emily	Hayle Runners	Female under 20	08:00.8	200
311	0:40:10	BARNFIELD, Marty		Male Vet 40-44	08:01.8	232
312	0:40:11	STEWART, Juliet	Truro Running Club	Female Vet 50-54	08:02.0	646
313	0:40:12	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54	08:02.2	482
314	0:40:13	GOSSAN, John	Looe Pioneers	Male Vet 65-69	08:02.4	336
315	0:40:14	DREW, Peter	Carn Runners	Male Vet 65-69	08:02.6	582
316	0:40:15	CAFF, Tristan	Newquay Road Runners	Male under 20	08:02.8	28



317	0:40:17	BANBURY, David		Male Vet 50-54	08:03.2	840
318	0:40:19	AINSWORTH, John	Tamar Trotters	Male Vet 50-54	08:03.6	524
319	0:40:20	ELLEN, Emily	Hayle Runners	Female Vet 35-39	08:03.8	219
320	0:40:23	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:04.4	282
321	0:40:25	RAYMENT, Claire	Truro Running Club	Female under 35	08:04.8	634
322	0:40:26	ROWETT, Gareth	St Austell Running Club	Male under 35	08:05.0	470
323	0:40:28	COLLINS, Joanna	St Austell Running Club	Female under 35	08:05.4	423
324	0:40:30	MARSHALL, Nigel	St Austell Running Club	Male Vet 45-49	08:05.8	458
325	0:40:31	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 40-44	08:06.0	531
326	0:40:35	GRAY, David	St Austell Running Club	Male Vet 40-44	08:06.8	438
327	0:40:35	MILES, Becky	Newquay Road Runners	Female Vet 35-39	08:06.8	54
328	0:40:35	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 40-44	08:06.8	4
329	0:40:38	PIERCE, Ruth	Hayle Runners	Female Vet 50-54	08:07.4	260
330	0:40:44	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:08.6	848
331	0:40:46	CARTER, Anna	Newquay Road Runners	Female under 35	08:09.0	70
332	0:40:49	COAD, Rewan	Newquay Road Runners	Male under 35	08:09.6	15
333	0:40:51	GIBBS, Clive	St Austell Running Club	Male Vet 50-54	08:10.0	436
334	0:41:00	GILLESPIE, Ayesha	Bodmin Womens RC	Female under 35	08:11.8	660
335	0:41:03	COOK, Emma	Bodmin Road Runners	Female Vet 35-39	08:12.4	543
336	0:41:09	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59	08:13.6	104
337	0:41:14	LOCKETT, Pat	Newquay Road Runners	Male Vet 70-74	08:14.6	14
338	0:41:16	COCQUYT, Claire	Bodmin Road Runners	Female Vet 40-44	08:15.0	569
339	0:41:18	HOWARD, Tiffany	Bodmin Womens RC	Female under 35	08:15.4	699
340	0:41:20	WILDING, Rebecca	Mounts Bay Harriers	Female under 35	08:15.8	98
341	0:41:22	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74	08:16.2	555
342	0:41:22	CATTERALL, Diane	Carn Runners	Female under 35	08:16.2	589
343	0:41:24	BROWN, Adrian	Launceston Road Runners	Male Vet 40-44	08:16.6	740
344	0:41:26	STEPHENS, Jane	Bodmin Road Runners	Female Vet 50-54	08:17.0	559
345	0:41:26	ADAMS, Elaine	Hayle Runners	Female Vet 40-44	08:17.0	193
346	0:41:30	FOSTER, Graham	Looe Pioneers	Male Vet 50-54	08:17.8	306
347	0:41:30	WEBB, Kirsty	Looe Pioneers	Female under 35	08:17.8	320
348	0:41:30	PAYNE, Holly	St Austell Running Club	Female under 35	08:17.8	465
349	0:41:35	PICKARD, Linda	Launceston Road Runners	Female Vet 55-59	08:18.8	731
350	0:41:39	ELLIOTT, Tania	Looe Pioneers	Female Vet 45-49	08:19.6	348
351	0:41:39	LAWES, Helen	Looe Pioneers	Female Vet 45-49	08:19.6	313
352	0:41:39	PELLOWE, Olivia	Carn Runners	Female Vet 40-44	08:19.6	587
353	0:41:41	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	08:20.0	588
354	0:41:41	BLACKBEARD, Marie	St Austell Running Club	Female Vet 50-54	08:20.0	469
355	0:41:44	BENDE, Cassi	Truro Running Club	Female under 35	08:20.6	613
356	0:41:44	ORCHARD, John	Cornwall AC	Male Vet 55-59	08:20.6	145

357	0:41:46	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:21.0	268
358	0:41:47	O'GORMAN, Anthony	Newquay Road Runners	Male Vet 40-44	08:21.2	72
359	0:41:49	THOMAS, Alison	Hayle Runners	Female Vet 40-44	08:21.6	277
360	0:41:50	TURNER, Jim	Newquay Road Runners	Male Vet 60-64	08:21.8	36
361	0:41:51	BUNTING, Maggie	Tamar Trotters	Female Vet 50-54	08:22.0	511
362	0:41:53	GRAY, Neil		Male Vet 45-49	08:22.4	191
363	0:41:53	GREGORY, Martin	Looe Pioneers	Male Vet 50-54	08:22.4	322
364	0:41:54	BROWN, Tia	Newquay Par AC	Female under 20	08:22.6	828
365	0:41:55	LIVONEN-GRAY, Katri	Hayle Runners	Female Vet 35-39	08:22.8	229
366	0:41:57	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	08:23.2	178
367	0:42:02	ELLISON, Eleanor	Newquay Road Runners	Female Vet 60-64	08:24.2	850
368	0:42:03	PECKHAM, Keith		Male Vet 60-64	08:24.4	837
369	0:42:06	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	08:25.0	418
370	0:42:07	BERTHO, Nicola	St Austell Running Club	Female Vet 40-44	08:25.2	415
371	0:42:11	BROWN, David	St Petrocs Dragons Tri Club	Male Vet 50-54	08:26.0	829
372	0:42:15	POPE, Robert	Truro Running Club	Male Vet 55-59	08:26.8	625
373	0:42:16	WALKER, Daniella	St Austell Running Club	Female Vet 45-49	08:27.0	486
374	0:42:18	GOATMAN, Charlotte	Bodmin Womens RC	Female under 35	08:27.4	669
375	0:42:20	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	08:27.8	433
376	0:42:21	LYDALL, Denise	Falmouth Road Runners	Female Vet 50-54	08:28.0	379
377	0:42:22	STEPTO, Brett	Cornwall AC	Male Vet 40-44	08:28.2	147
378	0:42:23	HORTON, Catherine	Falmouth Road Runners	Female Vet 45-49	08:28.4	389
379	0:42:23	BULLEN, Debbie		Female Vet 55-59	08:28.4	66
380	0:42:25	BONAR, David	Hayle Runners	Male Vet 55-59	08:28.8	204
381	0:42:26	EMMETT, Lucy	Newquay Road Runners	Female Vet 40-44	08:29.0	45
382	0:42:31	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:30.0	363
383	0:42:32	ASHWORTH, Niamh	WalkRun NRR	Female Vet 35-39	08:30.2	9
384	0:42:33	JONES, Jon	Looe Pioneers	Male Vet 45-49	08:30.4	319
385	0:42:36	RICHARDSON, Louise	Bodmin Womens RC	Female Vet 40-44	08:31.0	678
386	0:42:36	PARSONS, Alison	Bodmin Womens RC	Female Vet 45-49	08:31.0	657
387	0:42:37	CORNFORD, Katie	Bodmin Womens RC	Female under 35	08:31.2	674
388	0:42:38	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	08:31.4	670
389	0:42:39	SMITH, Hannah	Hayle Runners	Female under 35	08:31.6	275
390	0:42:45	APPLETON, Jane	St Austell Running Club	Female Vet 35-39	08:32.8	414
391	0:42:46	POWELL, Tom	Falmouth Road Runners	Male under 35	08:33.0	383
392	0:42:48	LAWES, Simon	Looe Pioneers	Male Vet 55-59	08:33.4	641
393	0:42:49	HOLDING, Ruth	Mile High	Female Vet 50-54	08:33.6	783
394	0:42:53	WELLS, Wes	Tamar Trotters	Male Vet 35-39	08:34.4	522
395	0:42:54	SCALLAN, Dawn	Carn Runners	Female Vet 45-49	08:34.6	591
396	0:42:55	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	08:34.8	399

397	0:42:59	WALTERS, Karen	Newquay Road Runners	Female Vet 45-49	08:35.6	78
398	0:43:01	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	08:36.0	653
399	0:43:03	HADEN, Heidi	Cornwall AC	Female Vet 35-39	08:36.4	179
400	0:43:04	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:36.6	457
401	0:43:06	MASTERS, Karen	Newquay Road Runners	Female Vet 45-49	08:37.0	19
402	0:43:13	KERSWELL, Richard		Male Vet 35-39	08:38.4	708
403	0:43:15	WHITE, Amanda	Newquay Road Runners	Female under 35	08:38.8	43
404	0:43:22	PICKARD, David	Launceston Road Runners	Male Vet 55-59	08:40.2	732
405	0:43:22	MORRIS, Tony	St Austell Running Club	Male Vet 50-54	08:40.2	462
406	0:43:24	NORRIS, Chris	Launceston Road Runners	Male Vet 40-44	08:40.6	721
407	0:43:31	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44	08:42.0	189
408	0:43:32	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	08:42.2	714
409	0:43:35	THOMAS, Hannah	Truro Running Club	Female Vet 40-44	08:42.8	648
410	0:43:39	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	08:43.6	203
411	0:43:41	BUSE, Zoe	Bodmin Road Runners	Female Vet 45-49	08:44.0	541
412	0:43:46	EVANS, Daniel		Male Vet 40-44	08:45.0	475
413	0:43:47	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	08:45.2	567
414	0:43:48	HAM, Neil	Cornwall AC	Male Vet 50-54	08:45.4	128
415	0:43:48	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44	08:45.4	481
416	0:43:49	YOUNGMAN, Paul	Plymouth Musketeers	Male Vet 55-59	08:45.6	843
417	0:43:51	LEE, Becky	Hayle Runners	Female Vet 50-54	08:46.0	238
418	0:43:52	STEVENSON, Helen	Bodmin Road Runners	Female Vet 35-39	08:46.2	560
419	0:43:54	MANKEE, Emma	Carn Runners	Female Vet 45-49	08:46.6	590
420	0:43:56	RICHARDS, Clair	Carn Runners	Female Vet 40-44	08:47.0	593
421	0:43:57	BREAKSPEAR, Hannah	Cornwall AC	Female under 35	08:47.2	158
422	0:44:00	WISNER, Kath	St Austell Running Club	Female Vet 45-49	08:47.8	494
423	0:44:04	EVANS, Alun	Hayle Runners	Male Vet 50-54	08:48.6	221
424	0:44:05	ELLIOTT, Andrew	Looe Pioneers	Male Vet 50-54	08:48.8	347
425	0:44:06	BURTON, Deborah	St Austell Running Club	Female Vet 35-39	08:49.0	419
426	0:44:09	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	08:49.6	652
427	0:44:12	HARFOOT, Megan	Launceston Road Runners	Female under 35	08:50.2	737
428	0:44:13	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	08:50.4	617
429	0:44:13	WILKINSON, Sarah	Local	Female Vet 55-59	08:50.4	290
430	0:44:18	FOSTER, Amelia	Looe Pioneers	Female under 20	08:51.4	640
431	0:44:19	FOSTER, Diane	Looe Pioneers	Female Vet 45-49	08:51.6	314
432	0:44:20	MARSH, Kathryn	Carn Runners	Female Vet 40-44	08:51.8	604
433	0:44:20	HOLT, Ashley	Carn Runners	Female under 35	08:51.8	821
434	0:44:21	WOLLETT, Mandy	Looe Pioneers	Female Vet 45-49	08:52.0	791
435	0:44:22	SWIFT, Sarah	Launceston Road Runners	Female under 35	08:52.2	716
436	0:44:23	JONES, Susan	Looe Pioneers	Female Vet 45-49	08:52.4	326

437	0:44:25	MAYWOOD, Kirstie	Looe Pioneers	Female Vet 50-54	08:52.8	343
438	0:44:26	WRIGHT, David	Local	Male Vet 50-54	08:53.0	804
439	0:44:28	LEAN, David	East Cornwall Harriers	Male Vet 55-59	08:53.4	741
440	0:44:29	LILLIS, John	Newquay Road Runners	Male Vet 70-74	08:53.6	1
441	0:44:29	MACK, Mike	Carn Runners	Male Vet 65-69	08:53.6	599
442	0:44:31	WILTON, David	Falmouth Road Runners	Male Vet 60-64	08:54.0	402
443	0:44:33	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44	08:54.4	537
444	0:44:33	PALMER, Stefan	Bodmin Road Runners	Male Vet 45-49	08:54.4	553
445	0:44:33	ROWE, Jane		Female Vet 55-59	08:54.4	169
446	0:44:34	BUSCOMBE, Lisa	Truro Running Club	Female Vet 45-49	08:54.6	618
447	0:44:37	DE ROZARIEUX, Nathan	Hayle Runners	Male Vet 45-49	08:55.2	218
448	0:44:39	ABRAHAM, Amy	Hayle Runners	Female under 35	08:55.6	230
449	0:44:40	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	08:55.8	342
450	0:44:41	ETHERIDGE, Annie		Female Vet 50-54	08:56.0	838
451	0:44:43	CUNNINGHAM, Michelle		Female Vet 45-49	08:56.4	187
452	0:44:43	BRADLEY, Caroline		Female Vet 45-49	08:56.4	473
453	0:44:45	TOWNEND, Stewart	Hayle Runners	Male Vet 75-79	08:56.8	280
454	0:44:45	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	08:56.8	177
455	0:44:55	FISHER, Jennine	Looe Pioneers	Female Vet 35-39	08:58.8	334
456	0:44:56	HOLT, Claire	Newquay Road Runners	Female under 35	08:59.0	71
457	0:44:58	HAISMAN, Matt	Launceston Road Runners	Male Vet 50-54	08:59.4	728
458	0:44:59	HOTCHKISS, Dave	Looe Pioneers	Male Vet 60-64	08:59.6	355
459	0:44:59	CASSIDY, Lisa	Bodmin Womens RC	Female Vet 40-44	08:59.6	677
460	0:45:00	HALL, Becky	Newquay Road Runners	Female Vet 35-39	08:59.8	41
461	0:45:00	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	08:59.8	700
462	0:45:00	HARVEY, Lynn	Newquay Road Runners	Female Vet 65-69	08:59.8	50
463	0:45:00	WOOLDRIDGE, Eve		Female Vet 40-44	08:59.8	813
464	0:45:01	VISICK, Michael	Looe Pioneers	Male Vet 45-49	09:00.0	335
465	0:45:03	KNOWLES, Tamsin	Hayle Runners	Male under 20	09:00.4	195
466	0:45:03	KNOWLES, Helen	Hayle Runners	Female Vet 40-44	09:00.4	235
467	0:45:06	SCHOLES, Claire	Truro Running Club	Female Vet 35-39	09:01.0	638
468	0:45:08	COCQUYT, Peter	Bodmin Road Runners	Male Vet 50-54	09:01.4	568
469	0:45:11	WYATT, Jordan	St Austell Running Club	Male under 35	09:02.0	501
470	0:45:13	WALTERS, Danielle	Newquay Road Runners	Female under 35	09:02.4	85
471	0:45:14	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	09:02.6	258
472	0:45:16	EARNSHAW, James		Male Vet 40-44	09:03.0	44
473	0:45:21	WHEELER, Mark		Male Vet 45-49	09:04.0	757
474	0:45:22	BURGESS, Mel	Hayle Runners	Female Vet 50-54	09:04.2	206
475	0:45:22	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	09:04.2	234
476	0:45:29	CUTLAN, Jean	St Austell Running Club	Female Vet 50-54	09:05.6	425

477	0:45:34	PARKIN, Eleanor	Truro Running Club	Female under 35	09:06.6	631
478	0:45:35	CLEMENTS, John	Carn Runners	Male Vet 55-59	09:06.8	594
479	0:45:36	TONKINS, Richard	St Austell Running Club	Male Vet 45-49	09:07.0	460
480	0:45:38	POCHEE, Amanda	Hayle Runners	Female Vet 40-44	09:07.4	261
481	0:45:40	VIERA, Paula	St Austell Running Club	Female Vet 40-44	09:07.8	422
482	0:45:41	WATTS, Hannah	St Austell Running Club	Female under 35	09:08.0	491
483	0:45:41	DAVIES, Steve	Mounts Bay Harriers	Male Vet 60-64	09:08.0	111
484	0:45:42	JAYNE, Samantha	Newquay Road Runners	Female Vet 45-49	09:08.2	64
485	0:45:45	CHELL, Nina	Falmouth Road Runners	Female Vet 40-44	09:08.8	362
486	0:45:46	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 50-54	09:09.0	479
487	0:45:48	VENNING, Martin	Launceston Road Runners	Male Vet 65-69	09:09.4	712
488	0:45:48	HIGGINS, Lucy	Newquay Road Runners	Female under 35	09:09.4	74
489	0:45:52	HAMACHER, Norbert	Truro Running Club	Male Vet 55-59	09:10.2	626
490	0:45:53	DILLEIGH, Katherine	Carn Runners	Female Vet 45-49	09:10.4	595
491	0:45:53	BUSCOMBE, Ross		Male under 35	09:10.4	151
492	0:45:57	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 60-64	09:11.2	122
493	0:45:59	CUTLAN, Tim	St Austell Running Club	Male Vet 50-54	09:11.6	426
494	0:46:00	NEWTON, Roy	Falmouth Road Runners	Male Vet 70-74	09:11.8	382
495	0:46:02	WILLIAMS, Tatiana	Local	Female Vet 40-44	09:12.2	809
496	0:46:02	LEEDS, Brendon	Looe Pioneers	Male Vet 40-44	09:12.2	790
497	0:46:05	GREER, Miranda	St Austell Running Club	Female under 35	09:12.8	440
498	0:46:05	HARRISON, Victoria	Launceston Road Runners	Female Vet 40-44	09:12.8	724
499	0:46:05	WATERS, Rachel	St Austell Running Club	Female Vet 50-54	09:12.8	490
500	0:46:08	JAMES, Jennie	St Austell Running Club	Female Vet 35-39	09:13.4	448
501	0:46:11	SMITH, Kate	St Austell Running Club	Female under 35	09:14.0	416
502	0:46:12	BARNES, John	Launceston Road Runners	Male Vet 55-59	09:14.2	723
503	0:46:12	BULLOCK, Rachel	Tamar Trotters	Female Vet 40-44	09:14.2	519
504	0:46:13	ALLEN, Sarah		Female Vet 45-49	09:14.4	63
505	0:46:14	HOPE, Daniel	St Austell Running Club	Male Vet 35-39	09:14.6	485
506	0:46:15	BILLS, Kelly	Carn Runners	Female Vet 40-44	09:14.8	573
507	0:46:16	WRIGHT, Natasha	Hayle Runners	Female Vet 45-49	09:15.0	289
508	0:46:18	RUNDLE, Sharon	Launceston Road Runners	Female Vet 50-54	09:15.4	734
509	0:46:21	GRANT-COOKSON, Sophie	Local	Female Vet 35-39	09:16.0	801
510	0:46:22	PIERCE, Kat		Female under 35	09:16.2	704
511	0:46:23	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	09:16.4	744
512	0:46:27	TRELEVEN, Sandra	Mounts Bay Harriers	Female Vet 45-49	09:17.2	113
513	0:46:30	IVESON, Sarah	Looe Pioneers	Female under 35	09:17.8	339
514	0:46:34	LATHOM, Janet	Launceston Road Runners	Female Vet 60-64	09:18.6	717
515	0:46:35	WILDING, Sarah	Hayle Runners	Female Vet 40-44	09:18.8	285
516	0:46:42	PASCOE, Peter	Carn Runners	Male Vet 50-54	09:20.2	580

517	0:46:43	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74	09:20.4	180
518	0:46:43	JENKIN, Richard	Cornwall AC	Male Vet 70-74	09:20.4	146
519	0:46:47	THOMAS, Dickie	Local	Male Vet 50-54	09:21.2	808
520	0:46:48	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39	09:21.4	388
521	0:46:56	HACKMAN, Tom	Newquay Road Runners	Male Vet 65-69	09:23.0	23
522	0:46:58	PIKE, Debbie	Looe Pioneers	Female Vet 40-44	09:23.4	311
523	0:46:58	BERRY, Tony	Truro Running Club	Male Vet 80+	09:23.4	614
524	0:46:58	COLLINS, Emma	Looe Pioneers	Female Vet 40-44	09:23.4	789
525	0:47:00	BENNETT, Shirley	Bodmin Womens RC	Female Vet 40-44	09:23.8	654
526	0:47:02	FLOYD-NORRIS, Amy	St Austell Running Club	Female under 35	09:24.2	432
527	0:47:06	JAMESON, Judy	Carn Runners	Female Vet 55-59	09:25.0	579
528	0:47:08	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 55-59	09:25.4	123
529	0:47:11	CREHAN, Kate	Hayle Runners	Female Vet 35-39	09:26.0	213
530	0:47:13	WILLIAMS, Laura	Hayle Runners	Female under 35	09:26.4	286
531	0:47:14	STONE, Jackie	Mounts Bay Harriers	Female Vet 55-59	09:26.6	110
532	0:47:17	WEEKS, Teresa	Looe Pioneers	Female Vet 55-59	09:27.2	352
533	0:47:19	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	09:27.6	459
534	0:47:31	CARD, Christine	Tamar Trotters	Female Vet 60-64	09:30.0	517
535	0:47:33	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	09:30.4	454
536	0:47:34	GARSIDE, Jane	Newquay Road Runners	Female Vet 50-54	09:30.6	7
537	0:47:34	IACONIANNI, Gennara	St Austell Running Club	Female under 35	09:30.6	447
538	0:47:36	ROSS, Sarah	Launceston Road Runners	Female Vet 55-59	09:31.0	56
539	0:47:38	RAVEN, Sarah	WalkRun NRR	Female Vet 40-44	09:31.4	82
540	0:47:38	WADE, Margaret	Carn Runners	Female Vet 65-69	09:31.4	572
541	0:47:39	CROWE, Sharon	Bodmin Womens RC	Female Vet 45-49	09:31.6	696
542	0:47:44	ANDREWS, Sarah	JP Fitness Cornwall	Female Vet 35-39	09:32.6	771
543	0:47:45	MINERS, Jo	JP Fitness Cornwall	Female Vet 40-44	09:32.8	528
544	0:47:46	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 65-69	09:33.0	719
545	0:47:51	PAYNE, Claire	Carn Runners	Female Vet 45-49	09:34.0	819
546	0:47:53	TULLY, Claire	Bodmin Womens RC	Female Vet 45-49	09:34.4	664
547	0:47:55	BISCOMBE, Susan	Bodmin Womens RC	Female under 35	09:34.8	695
548	0:47:57	EVANS, Mollie	Carn Runners	Female Vet 40-44	09:35.2	609
549	0:48:01	RESCORL, Susan	Bodmin Womens RC	Female Vet 55-59	09:36.0	698
550	0:48:02	COX, Alison	Bodmin Womens RC	Female Vet 50-54	09:36.2	656
551	0:48:03	NICHOLSON, Diane	Tamar Trotters	Female Vet 55-59	09:36.4	514
552	0:48:14	BOWDEN, Sally	Newquay Road Runners	Female Vet 55-59	09:38.6	31
553	0:48:17	POWELL, Arlene		Female under 35	09:39.2	52
554	0:48:19	GAZUR, Jayne		Female Vet 55-59	09:39.6	701
555	0:48:25	REES, Kathryn	Local	Female Vet 40-44	09:40.8	535
556	0:48:28	OSBORNE, Simon	Falmouth Road Runners	Male Vet 40-44	09:41.4	395

557	0:48:29	DONNITHORNE, Nicola	Bodmin Womens RC	Female Vet 45-49	09:41.6	683
558	0:48:32	HAMPTON, David	St Austell Running Club	Male Vet 40-44	09:42.2	442
559	0:48:33	WEBB, Sarah	Falmouth Road Runners	Female Vet 40-44	09:42.4	371
560	0:48:33	DEERE, Louise	Hayle Runners	Female Vet 50-54	09:42.4	217
561	0:48:34	COSTELLO, Susan	Hayle Runners	Female Vet 45-49	09:42.6	211
562	0:48:34	CAWLEY, Anita	Tamar Trotters	Female Vet 45-49	09:42.6	513
563	0:48:36	SIMMONS, Ruth	St Austell Running Club	Female Vet 45-49	09:43.0	474
564	0:48:37	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54	09:43.2	429
565	0:48:38	GOWER, Emma	Bodmin Womens RC	Female under 35	09:43.4	667
566	0:48:38	WHITING, Graham	Looe Pioneers	Male Vet 55-59	09:43.4	768
567	0:48:40	BROUGHTON, Sharon	Falmouth Road Runners	Female Vet 50-54	09:43.8	377
568	0:48:41	HARVEY, Sally	Launceston Road Runners	Female Vet 50-54	09:44.0	727
569	0:48:42	CUNDY-COOPER, Emma	Bodmin Womens RC	Female under 35	09:44.2	666
570	0:48:42	DENNIS, Pauline	Bodmin Womens RC	Female Vet 55-59	09:44.2	684
571	0:48:45	EVA, Amanda	Truro Running Club	Female Vet 55-59	09:44.8	621
572	0:48:47	SHELTON, Julianne	Truro Running Club	Female Vet 40-44	09:45.2	636
573	0:48:47	HOUGHTON, Jade	Newquay Road Runners	Female Vet 35-39	09:45.2	168
574	0:48:53	RICHARDS, Sara	Hayle Runners	Female under 35	09:46.4	264
575	0:48:54	HENVEST, Hannah		Female Vet 35-39	09:46.6	294
576	0:48:55	RICHARDS, Donna		Female Vet 35-39	09:46.8	295
577	0:48:57	JOSE, Lucy Jane	Carn Runners	Female Vet 35-39	09:47.2	596
578	0:48:59	RUSSELL, Fiona	Truro Running Club	Female Vet 50-54	09:47.6	635
579	0:49:00	CARTER, Andrea		Female Vet 50-54	09:47.8	760
580	0:49:04	BOLT, Adrian	Truro Running Club	Male Vet 50-54	09:48.6	615
581	0:49:06	MOORE, Marie	JP Fitness Cornwall	Female Vet 45-49	09:49.0	533
582	0:49:06	WILLIAMS, Wendy	JP Fitness Cornwall	Female Vet 55-59	09:49.0	532
583	0:49:08	BIRD, Louise	Looe Pioneers	Female Vet 40-44	09:49.4	333
584	0:49:08	PAYNE, Mikey	Local	Male Vet 50-54	09:49.4	810
585	0:49:13	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	09:50.4	356
586	0:49:17	JAY, Nadia	St Austell Running Club	Female Vet 45-49	09:51.2	451
587	0:49:19	SWALLOW, Di	Tamar Trotters	Female Vet 50-54	09:51.6	516
588	0:49:27	BUTLER, Jenna	Looe Pioneers	Female under 35	09:53.2	315
589	0:49:27	LOZYNSKI, Kirska	Looe Pioneers	Female under 35	09:53.2	317
590	0:49:29	BOND, Nina	Looe Pioneers	Female under 35	09:53.6	304
591	0:49:29	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 55-59	09:53.6	95
592	0:49:31	ROWELL, Tony	Tri Logic Cornwall	Male Vet 55-59	09:54.0	794
593	0:49:36	BAILEY, Joshua	Local	Male Vet 45-49	09:55.0	185
594	0:49:38	DORMER, Kathran	Falmouth Road Runners	Female Vet 65-69	09:55.4	396
595	0:49:41	HOCKING, Stacey	Hayle Runners	Female under 35	09:56.0	227
596	0:49:41	RAIKER, Diana	Falmouth Road Runners	Female under 35	09:56.0	386

597	0:49:50	JONES, Huw	Hayle Runners	Male Vet 65-69	09:57.8	231
598	0:49:55	BULLEN, Mark		Male Vet 50-54	09:58.8	60
599	0:49:56	PRIDEAUX, Rachel	Bodmin Womens RC	Female Vet 40-44	09:59.0	686
600	0:49:59	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	09:59.6	366
601	0:50:01	HARRIS, Olivia		Female under 35	10:00.0	705
602	0:50:04	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:00.6	585
603	0:50:05	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	10:00.8	181
604	0:50:06	FARRAR, Julie	Bodmin Womens RC	Female Vet 55-59	10:01.0	672
605	0:50:07	EDLIN, David	Local	Male Vet 45-49	10:01.2	799
606	0:50:08	SOWERBY, Nicky	Truro Running Club	Female Vet 50-54	10:01.4	647
607	0:50:08	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	10:01.4	161
608	0:50:08	SYDNEY, Jo	Carn Runners	Female under 35	10:01.4	816
609	0:50:10	OATES, Harriet	Carn Runners	Female Vet 35-39	10:01.8	600
610	0:50:10	ATHERTON, Julie	Bodmin Road Runners	Female Vet 50-54	10:01.8	651
611	0:50:21	GIBSON, Tiede	Looe Pioneers	Female under 20	10:04.0	769
612	0:50:30	COOPER, Kirsty	Looe Pioneers	Female under 35	10:05.8	312
613	0:50:32	PROWSE, Luka	Looe Pioneers	Female under 35	10:06.2	303
614	0:50:33	FITZPATRICK, Anne	St Austell Running Club	Female Vet 55-59	10:06.4	502
615	0:50:34	DUTCHAK, Hannah	JP Fitness Cornwall	Female under 35	10:06.6	774
616	0:50:36	HARDING, Karen	WalkRun NRR	Female Vet 40-44	10:07.0	84
617	0:50:36	CHRISTMAN, Kate	WalkRun NRR	Female Vet 40-44	10:07.0	83
618	0:50:37	KEAST, Tony	WalkRun NRR	Male Vet 35-39	10:07.2	81
619	0:50:41	KEMP, Mandy	Looe Pioneers	Female Vet 60-64	10:08.0	338
620	0:50:43	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	10:08.4	650
621	0:50:55	GREGORY, Julie	Looe Pioneers	Female Vet 45-49	10:10.8	321
622	0:50:59	BOSTON, Samantha		Female Vet 45-49	10:11.6	835
623	0:51:01	LEDDER, Tracey	Local	Female Vet 45-49	10:12.0	806
624	0:51:01	NETHERTON, Chris	Local	Male Vet 40-44	10:12.0	811
625	0:51:06	MCKINLEY, Glennie	JP Fitness Cornwall	Female Vet 50-54	10:13.0	775
626	0:51:09	BOND, Joanna	Looe Pioneers	Female Vet 35-39	10:13.6	793
627	0:51:13	RAPIER, Jacquie	Falmouth Road Runners	Female Vet 55-59	10:14.4	385
628	0:51:14	LAKE, Christina	Falmouth Road Runners	Female Vet 60-64	10:14.6	376
629	0:51:17	HAISMAN, Maria	Launceston Road Runners	Female Vet 50-54	10:15.2	729
630	0:51:17	BASSETT, Abby	Launceston Road Runners	Female under 35	10:15.2	730
631	0:51:21	NEWCOMBE, Jo	Hayle Runners	Female Vet 60-64	10:16.0	253
632	0:51:22	ADAMS, Hannah	St Austell Running Club	Female Vet 40-44	10:16.2	411
633	0:51:25	WILLIAMS, Darren	Plymouth Musketeers	Male Vet 45-49	10:16.8	287
634	0:51:29	CHUDLEIGH, Paula	Looe Pioneers	Female Vet 45-49	10:17.6	331
635	0:51:31	CURNOW, Margaret	Hayle Runners	Female Vet 50-54	10:18.0	259
636	0:51:38	ROYCROFT, Jodie	St Austell Running Club	Female under 35	10:19.4	471



637	0:51:41	TAYLOR, Sean		Male Vet 50-54	10:20.0	249
638	0:51:44	OSBORNE, Kelly	St Austell Running Club	Female Vet 40-44	10:20.6	499
639	0:51:47	BEELEY, Sarah	Newquay Road Runners	Female under 35	10:21.2	22
640	0:51:49	COLLINGS, Sally Ann	Newquay Road Runners	Female Vet 40-44	10:21.6	16
641	0:51:54	COOPER, Guy	Looe Pioneers	Male Vet 45-49	10:22.6	309
642	0:51:56	RICHARDS, Chantelle		Female Vet 40-44	10:23.0	292
643	0:51:59	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	10:23.6	367
644	0:52:00	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	10:23.8	27
645	0:52:01	GIBBS, Debbie	St Austell Running Club	Female Vet 50-54	10:24.0	435
646	0:52:01	HOUGHTON, Melanie		Female Vet 35-39	10:24.0	824
647	0:52:01	MORTLOCK, Jo	Local	Female Vet 55-59	10:24.0	291
648	0:52:01	SMITH, Katy	Looe Pioneers	Female Vet 35-39	10:24.0	353
649	0:52:01	TIMMS, Carolyn	Hayle Runners	Female Vet 55-59	10:24.0	278
650	0:52:05	BATEMAN, Collette	Mounts Bay Harriers	Female Vet 35-39	10:24.8	120
651	0:52:07	MARKS, Victoria	Hayle Runners	Female Vet 45-49	10:25.2	210
652	0:52:11	BLIZZARD, Mary	Falmouth Road Runners	Female Vet 55-59	10:26.0	359
653	0:52:15	LATHAM, Donna	Bodmin Womens RC	Female Vet 45-49	10:26.8	685
654	0:52:17	STENT, Claire		Female Vet 40-44	10:27.2	834
655	0:52:17	COKER, Lisa		Female Vet 40-44	10:27.2	833
656	0:52:20	OLIVER, Lucy	Looe Pioneers	Female under 35	10:27.8	310
657	0:52:21	HOGG, Gemma	Local	Female Vet 40-44	10:28.0	802
658	0:52:22	WOLSTENCROFT, Zoe	Carn Runners	Female Vet 40-44	10:28.2	820
659	0:52:37	RICHARDS, April		Female under 35	10:31.2	841
660	0:52:38	EDDY, Hannah		Female under 35	10:31.4	836
661	0:52:38	JOHNS, Sarah	Mounts Bay Harriers	Female Vet 35-39	10:31.4	89
662	0:52:48	SYCAMORE, Grace	Hayle Runners	Female under 35	10:33.4	276
663	0:52:57	HACKETT, Jeenna	Looe Pioneers	Female under 35	10:35.2	344
664	0:53:13	TALBOT, Bev	St Austell Running Club	Female Vet 50-54	10:38.4	437
665	0:53:13	STAFF, Rachael	St Austell Running Club	Female Vet 40-44	10:38.4	477
666	0:53:22	YOUNG, Cheryl		Female under 35	10:40.2	46
667	0:53:27	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	10:41.2	561
668	0:53:32	MACKINTOSH, Susie	Hayle Runners	Female Vet 50-54	10:42.2	241
669	0:53:37	SULLIVAN, Paul		Male Vet 50-54	10:43.2	246
670	0:53:38	SMITH, Mike	Local	Male Vet 45-49	10:43.4	807
671	0:53:38	EWART, Sam	St Austell Running Club	Female Vet 40-44	10:43.4	430
672	0:53:38	VERCESI, Gemma	Mounts Bay Harriers	Female Vet 35-39	10:43.4	107
673	0:53:43	LODER, Kat	Mounts Bay Harriers	Female Vet 40-44	10:44.4	118
674	0:53:47	OVERD, Lynne	Looe Pioneers	Female Vet 55-59	10:45.2	301
675	0:53:48	ALLEN, Lynn	Bodmin Womens RC	Female Vet 40-44	10:45.4	680
676	0:53:51	GORDON, Emma		Female Vet 35-39	10:46.0	507

677	0:53:53	TODD, Christine	St Austell Running Club	Female Vet 55-59	10:46.4	480
678	0:53:55	DAY, Samantha	Looe Pioneers	Female Vet 35-39	10:46.8	327
679	0:53:59	DOBSON, Claire		Female under 35	10:47.6	508
680	0:54:04	COOKE-DAVIES, Louise	Newquay Road Runners	Female Vet 50-54	10:48.6	35
681	0:54:19	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	10:51.6	387
682	0:54:23	PASCOE, Mark	Tamar Trotters	Male Vet 50-54	10:52.4	190
683	0:54:32	HOWARD, Sarah	Bodmin Womens RC	Female Vet 45-49	10:54.2	694
684	0:54:36	TOWNSEND, Mark	Moorhaven RC	Male Vet 40-44	10:55.0	787
685	0:54:49	DREW, Carole	Carn Runners	Female Vet 70-74	10:57.6	598
686	0:54:49	DREW, Barry	Carn Runners	Male Vet 70-74	10:57.6	597
687	0:54:51	BULLOCK, Matthew	Tamar Trotters	Male Vet 40-44	10:58.0	527
688	0:54:52	KINGTON, Norris	Cornwall AC	Male Vet 75-79	10:58.2	126
689	0:55:05	ASHFOLD, Simon	Moorhaven RC	Male Vet 45-49	11:00.8	788
690	0:55:13	WELCH, Craig	Bodmin Road Runners	Male Vet 35-39	11:02.4	510
691	0:55:15	FLOWER, Julie	Newquay Road Runners	Female Vet 50-54	11:02.8	805
692	0:55:16	PITMAN, Debbie	Tamar Trotters	Female Vet 55-59	11:03.0	518
693	0:56:02	GARRARD, David	Falmouth Road Runners	Male Vet 70-74	11:12.2	370
694	0:56:06	HOWARD, Abigail	Bodmin Womens RC	Male under 35	11:13.0	655
695	0:56:08	FRANCIS, Donna	Newquay Road Runners	Female Vet 65-69	11:13.4	49
696	0:56:21	JOHNS, Emma	Mounts Bay Harriers	Female Vet 40-44	11:16.0	114
697	0:56:26	CORRENTI, Sarah	Hayle Runners	Female Vet 35-39	11:17.0	228
698	0:56:38	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	11:19.4	492
699	0:56:58	BILLINGTON, Tish	Hayle Runners	Female under 35	11:23.4	202
700	0:56:59	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	11:23.6	91
701	0:57:07	BEARNE, Denise		Female under 35	11:25.2	53
702	0:57:20	SENIOR, Vicky	Looe Pioneers	Female Vet 35-39	11:27.8	354
703	0:57:22	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	11:28.2	90
704	0:57:25	COLLINGS, Fiona	Bodmin Womens RC	Female Vet 50-54	11:28.8	668
705	0:57:26	TOY, Jeanette	Carn Runners	Female Vet 45-49	11:29.0	586
706	0:57:26	ANDREWS, Emma	Bodmin Womens RC	Female under 35	11:29.0	665
707	0:57:31	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 45-49	11:30.0	112
708	0:57:37	BAINES, Tracie		Female Vet 50-54	11:31.2	839
709	0:58:04	OLIVER, Rachel		Female Vet 40-44	11:36.6	293
710	0:58:04	SMITHERAM, Jo	Carn Runners	Female Vet 40-44	11:36.6	575
711	0:58:10	STEVENS, Angela	Looe Pioneers	Female Vet 55-59	11:37.8	323
712	0:58:11	WILKINSON, Hannah	Hayle Runners	Female under 35	11:38.0	201
713	0:58:14	CORNWELL, Sarah-jane	Bodmin Womens RC	Female under 35	11:38.6	692
714	0:58:29	DALTON, Beverley	Falmouth Road Runners	Female Vet 60-64	11:41.6	365
715	0:58:39	EVANS, Julie		Female Vet 55-59	11:43.6	756
716	0:58:40	REGAN, Victoria	St Austell Running Club	Female Vet 40-44	11:43.8	483

717	0:58:41	CULLEN, Geri	East Cornwall Harriers	Female Vet 55-59	11:44.0	742
718	0:58:43	WYATT, Liz	St Austell Running Club	Female Vet 45-49	11:44.4	495
719	0:58:46	RICHARDS, Charlotte		Female Vet 40-44	11:45.0	62
720	0:58:51	FURLONGER, Gemma	Local	Female under 35	11:46.0	703
721	0:58:57	LAY, Jo	Hayle Runners	Female Vet 50-54	11:47.2	237
722	0:59:00	WHEELER, Carly		Female Vet 35-39	11:47.8	759
723	0:59:00	DAVIES, Diane		Female Vet 45-49	11:47.8	758
724	0:59:06	KING, Lucy	Looe Pioneers	Female Vet 35-39	11:49.0	296
725	0:59:11	CANFIELD, Gemma	Newquay Road Runners	Female under 35	11:50.0	57
726	0:59:20	JEFFERY, Amanda	Carn Runners	Female Vet 45-49	11:51.8	583
727	0:59:23	BURTON, Lorna	Carn Runners	Female Vet 40-44	11:52.4	608
728	0:59:40	FORD, Rosie	Bodmin Womens RC	Female under 35	11:55.8	688
729	1:00:03	HAYNES, Howard	Hayle Runners	Male Vet 80+	12:00.4	242
730	1:00:08	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	12:01.4	108
731	1:00:11	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54	12:02.0	97
732	1:00:13	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	12:02.4	160
733	1:00:43	WRIGHT, Mike	Hayle Runners	Male Vet 65-69	12:08.4	288
734	1:01:17	ROBERTS, Samantha	Bodmin Womens RC	Female Vet 40-44	12:15.2	690
735	1:01:23	RIX, Richard	Looe Pioneers	Male Vet 65-69	12:16.4	764
736	1:01:28	MUNLEY, Jodie		Female Vet 35-39	12:17.4	831
737	1:01:54	CARTHEW, Samantha	Bodmin Womens RC	Female Vet 45-49	12:22.6	689
738	1:02:00	WAY, Alison	Looe Pioneers	Female Vet 40-44	12:23.8	765
739	1:02:01	STEVENS, Kate	Looe Pioneers	Female under 35	12:24.0	346
740	1:02:06	STANDEN, Sharon	Bodmin Womens RC	Female Vet 45-49	12:25.0	697
741	1:02:20	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49	12:27.8	691
742	1:02:27	SOUTHALL, Lynne	Plymouth Musketeers	Female Vet 55-59	12:29.2	844
743	1:02:42	MERCHANT, Caroline	Bodmin Womens RC	Female Vet 35-39	12:32.2	662
744	1:02:49	YATES, Angela	St Austell Running Club	Female Vet 60-64	12:33.6	496
745	1:03:18	WOODWARD, Christine	Bodmin Womens RC	Female Vet 65-69	12:39.4	663
746	1:04:09	SALLOWS, Lorraine	Looe Pioneers	Female Vet 45-49	12:49.6	792
747	1:04:15	SALLOWS, Anna	Looe Pioneers	Female under 35	12:50.8	318
748	1:04:16	GIBBS, Kathleen	Looe Pioneers	Female Vet 55-59	12:51.0	330
749	1:04:16	MILLS, Tina	Hayle Runners	Female Vet 35-39	12:51.0	226
750	1:04:18	MCNAUGHTON-JAMES, Sarah	Hayle Runners	Female Vet 35-39	12:51.4	245
751	1:04:18	O'KEEFFE, Jackie	Hayle Runners	Female Vet 55-59	12:51.4	255
752	1:07:22	ROWE, Tracey	Carn Runners	Female Vet 50-54	13:28.2	581
753	1:07:22	HONEYCHURCH, Susan	Carn Runners	Female Vet 60-64	13:28.2	817
754	1:08:03	WILLCOCK, Louise	Mud Crew Trail Runners	Female Vet 45-49	13:36.4	406
755	1:08:17	ROBINSON, Michelle	Looe Pioneers	Female Vet 45-49	13:39.2	644
756	1:09:20	BAKER-CATON, Michele	Bodmin Womens RC	Female Vet 55-59	13:51.7	681

757	1:09:20	VOSPER, Lisa	Bodmin Womens RC	Female Vet 45-49	13:51.7	676
758	1:09:23	DEAR, Anne	Bodmin Womens RC	Female Vet 50-54	13:52.3	659
759	1:09:50	NORTHCOTT, Sandra	Looe Pioneers	Female Vet 40-44	13:57.7	763
760	1:09:50	GEACH, Georgie	Looe Pioneers	Female under 35	13:57.7	329
761	1:09:50	SIMPSON, Laura	Looe Pioneers	Female under 35	13:57.7	345
762	1:10:00	JAGO, Lisa	Looe Pioneers	Female Vet 45-49	13:59.7	762
763	1:10:18	VENNING, Ann	Launceston Road Runners	Female Vet 65-69	14:03.3	711
764	1:11:58	COATES, Sue	Mounts Bay Harriers	Female Vet 40-44	14:23.3	100
765	1:12:53	HULCOOP, Jason	Moorhaven RC	Male Vet 40-44	14:34.3	786
766	1:13:51	DAY, Philippa	Looe Pioneers	Female Vet 50-54	14:45.9	349
767	1:16:41	BUSCOMBE, Kayleigh	St Austell Running Club	Female under 35	15:19.9	497
768	1:16:42	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	15:20.1	417
769	1:21:05	POWELL, Sarah	Looe Pioneers	Female Vet 50-54	16:12.7	351
770	1:29:10	BIDGWAY, Julie	Bodmin Womens RC	Female Vet 40-44	17:49.7	671
771	1:29:11	KITNEY-BAKER, Michelle	Newquay Road Runners	Female Vet 45-49	17:49.9	852
772	1:29:11	OSBORNE, Paula	Newquay Road Runners	Female Vet 40-44	17:49.9	851